



1320 Mill Dam Road, Virginia Beach, Virginia 23454-2306

757.963.8223 | Fax (757) 963-8278

CapeHenryCollegiate.org

SAT/ACT CODE: 472-286

ADMINISTRATION

DR. CHRISTOPHER S. GARRAN
Head of School

MR. WILLIAM TRAGERT
Head of Upper School

COLLEGE COUNSELORS

MRS. LIZ STELLO
Director of College Counseling
lizstello@capehenry.org – (757) 963-8210

MRS. KATIE ALPIGINI
Associate Director of College Counseling
katiealpigini@capehenry.org – (757) 963-8229

MR. WILL HAILEY
Associate Director of College Counseling
willhailey@capehenry.org – (757) 481-2446 ext. 1300

APPOINTMENTS

MRS. JESSICA BLANKENSHIP
Administrative Assistant
jessicablankenship@capehenry.org – (757) 963-8223

ENROLLMENT

PK-12: 1105
Upper School: 374
Seniors: 95
Middle School: 253
Lower School: 477

UPPER SCHOOL STATS

Faculty with Advanced Degrees: 48%
Student-Faculty Ratio: 10:1
Average Class Size: 18
Retention Rate for Upper School: 93%
International Students: 4% from 7 countries
Students Receiving Financial Aid: 26%
Students with Military Connected Families: 23%

ACCREDITATION

Southern Association of Independent Schools
Members of NACAC, ACCIS, and PCACAC

MEMBERSHIPS

Cape Henry Collegiate is one of the founding members of the Global Education Benchmark Group, a leading organization of K-12 schools that researches and establishes best practices in the field of global education.

Cum Laude is an academic honor society. Cape Henry names the top 20% of the class in the fall of the senior year and was granted a chapter in 2013.

2026-2027 ACADEMIC PROFILE

community | opportunity | scholarship | integrity

MISSION STATEMENT

We know, value, and challenge each student.
We commit to building a diverse and inclusive community.
We graduate independent thinkers and globally aware citizens.

THE SCHOOL COMMUNITY

Cape Henry Collegiate is an independent, coeducational, PK-12 college-preparatory school located on a 30-acre campus just a few miles from the Atlantic Ocean in Virginia Beach. Founded as the Everett School in 1924 for students in K-6, the upper school was added in 1970 and the first senior class graduated in 1975.

THE CLASS OF 2026



63

Students in the Class



101

Colleges and Universities
Offered Acceptances



7.32

Average Number of
Colleges Applied To



Attending **41** Colleges in
18 States



25%
Matriculated at a College
Where No Other
Cape Henry Student Is
Enrolled

ACADEMIC SNAPSHOT



95

Courses in 6 Disciplines



20

AP Offerings



40%

Participate in a
Signature Program



100%

Students Accepted to
Four-Year Colleges



3.83-4.24

Mid-50% GPA Range for
Class of 2026

ACADEMIC CALENDAR

Cape Henry Collegiate utilizes a semester system and is not on a block schedule. **MID-YEAR** grades are available in January. Mid-semester grades are available upon request and are not considered part of the students' official records.

ALL full-year classes for all years are reflected as one credit each.

WEIGHTING

The GPA for an academic year increases .1 for each AP or dual credit class taken that year and .05 for each honors class taken. Starting in 2024-2025, courses taken outside Cape Henry for any reason are not factored into a student's GPA and do not appear on their upper school transcript.

CLASS RANK

We recognize a valedictorian and a salutatorian, but do not rank.

COURSE REPEAT

Courses repeated a second time provide no additional credit. The grade earned on the initial attempt of the class remains on the transcript, but only the new grade receives credit and is calculated into the GPA.

DISCIPLINE DISCLOSURE

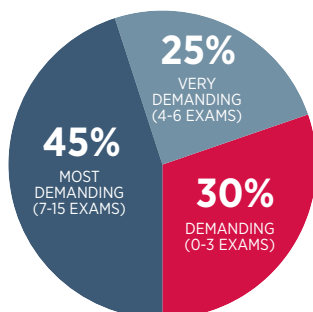
Students applying to college must answer any question they encounter about their current discipline record honestly. Cape Henry will report fully and accurately any infractions on a student's permanent record if asked directly. In every case, if a student was not asked to leave the School, they have earned our full and unwavering support.

AP SNAPSHOT

89% 2026 Pass Rate

423 Exams Taken in May 2026.

Total AP Courses and Course Rigor for the Class of 2027



GRADUATION REQUIREMENTS

All students must be enrolled in a minimum of six courses each year at Cape Henry Collegiate.

English <i>(To include English 12 or equivalent AP)</i>	4 Credits
History and Social Science	4 Credits
Science <i>(To include Biology and Chemistry)</i>	4 Credits
Mathematics <i>(Minimum completion through Algebra II)</i>	4 Credits
World Languages <i>(Three years of the same language in upper school, or until a student completes the highest level offered of one language.)</i>	3 Credits
Fine Arts	1 Credit
Additional Courses	3 Credits
Total	23 Credits

GRADING SCALE

Cape Henry Collegiate utilizes a weighted **4.33-point** grading scale. The transcript shows the cumulative scholastic average of all Cape Henry classes taken during upper school enrollment.

Point Range	≥97	93-96	90-92	87-89	83-86	80-82	77-79	73-76	70-72	67-69	65-66	<65
Grade	A+	A	A-	B+	B	B-	C+	C	C-	D+	D	F
G.P.A. Value	4.33	4	3.67	3.33	3	2.67	2.33	2	1.67	1.33	1	0

SAT HISTORY – MIDDLE 50% RANGE

Middle 50% range and mean best test results for the Classes of 2024-2026.

Class	2026	2025	2024
EBRW	520-670 (595)	540-670 (611)	570-660 (616)
Math	490-670 (571)	510-650 (578)	550-660 (608)
% of Class	100%	90%	91%

NEXUS GLOBAL STUDIES

In 2025-2026, **62%** of upper school students participated in a Nexus Global Studies program, **56%** of which were international programs.

Our 2025-2026 international Nexus destinations: Australia, Belize, Canada, Cayman Islands, France, the Galapagos, Greece, Kenya, Laos, the Netherlands, Phillipines, Spain and Vietnam.



UPPER SCHOOL CURRICULUM (GRADES 9-12)

All Cape Henry courses are taught at the college-preparatory level. All science courses are labs. Course descriptions are available on the Cape Henry Collegiate website.

Students must get departmental approval to enroll in an honors or an advanced placement class. **AP students are required to take the examinations.**

Advanced Placement Courses at Cape Henry offered in:

- Art (3D, 2D, Drawing)
- Biology
- Calculus (AB, BC)
- Chemistry (Honors Chemistry prerequisite)
- Computer Science Principles (Alternate years)
- Computer Science A (Alternate years)
- English Language
- English Literature
- Environmental Science
- European History (Alternate years)
- French Language
- Government: Comparative
- Government: United States
- Physics C: Electricity and Magnetism (Honors Physics prerequisite)
- Physics C: Mechanics (Honors Physics prerequisite)
- Spanish Language
- Statistics
- United States History

The history department does not offer an honors track.

The language department does not offer French V.

The Cape Henry language department uses Teaching Proficiency through Reading and Storytelling (TPRS). Exceptional fluency is developed through reading novels, written and verbal storytelling and analyzing cultural touchstones.

Honors Courses are offered in the following core subjects:

- Algebra II/Trigonometry
- Anatomy
- Asian History (Alternate years)
- Biochemistry
- Biology
- Chemistry
- English 9
- English 10
- French III
- French IV
- Global Public Health
- Introduction to Multivariable Calculus (BC Calculus Prerequisite)
- Linear Algebra (BC Calculus Prerequisite)*
- Multivariable Calculus (BC Calculus Prerequisite)
- Physics
- Precalculus with Differential Calculus
- Spanish II
- Spanish III
- Spanish IV
- World History

* Honors Linear Algebra is a semester course that receives dual-credit with Batten University.

SIGNATURE PROGRAMS

GLOBAL SCHOLARS



4

Years of
1 World Language



1

Additional Global
Science Class
Tropical Ecology,
Global Environmental Issues,
AP Environmental Science, or
Honors Global Public Health

2

Required Global
Senior History Classes
AP Comparative Government and
International Relations

25

Page Senior
Thesis
on a unique global topic defended
in front of five faculty members.



Weekly Class Discussion-Based Seminar
reviewing current global issues.

HEALTH AND MEDICAL SCIENCE



3

Required Classes
Introduction to Health Science
Honors Anatomy
- AND -
One of the Following
Advanced-Level Science Courses:
AP Biology, AP Chemistry,
Physics/H Physics/AP Physics or
H Biochemistry

Partnerships

Children's Hospital of
The King's Daughters
Eastern Virginia Medical School
Virginia Beach
Emergency Medical Services



2

Seminars
Per Month with
Speakers in the
Healthcare Field

25

Hours Annually
of Service and
Shadowing with
Healthcare
Professionals

Further information can be found on the Cape Henry Collegiate website.

COLLEGE MATRICULATION (2022-2026)

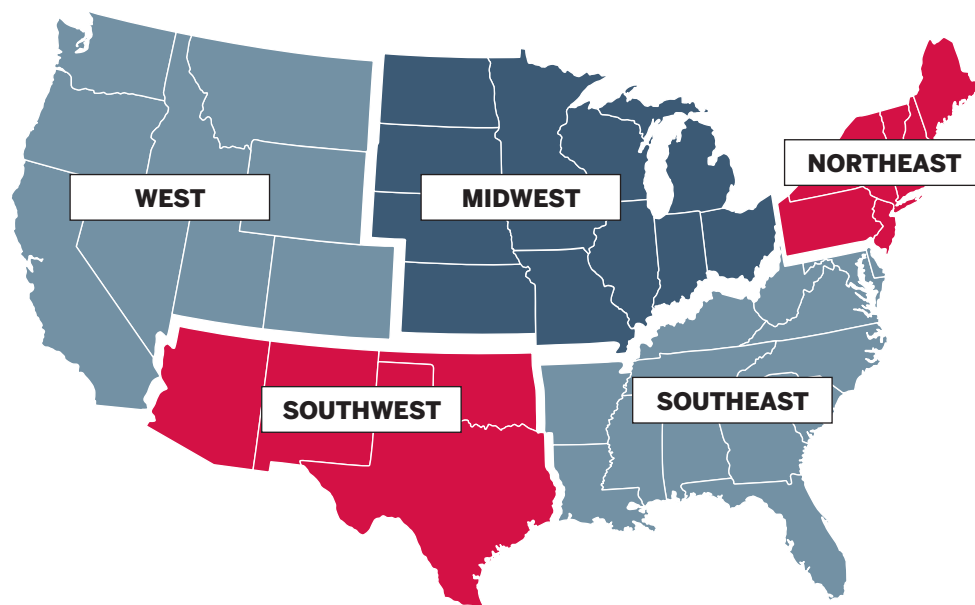
One hundred percent of graduates are accepted at four-year institutions. In 2026, 63 students attended 41 different colleges in 18 different states. College matriculations for the Classes of 2022-2026 include:

■ NORTHEAST

Allegheny College
Amherst College
Berklee College of Music
Boston University
Brown University
Carnegie Mellon University
College of the Atlantic
Dartmouth College
Drexel University
Fisher College
Gettysburg College
Hofstra University
Ithaca College
Juniata College
Maine Maritime Academy
New Jersey Institute of Technology
New York University
Northeastern University
Pratt Institute-Main
Princeton University
Rhode Island School of Design
Smith College
Syracuse University
The Pennsylvania State University-Main Campus
Trinity College
United States Military Academy
University of Delaware
University of Pittsburgh-Pittsburgh Campus
Yale University

■ SOUTHEAST

Appalachian State University
Auburn University
Belmont University
Bridgewater College
Bryant & Stratton College
Christopher Newport University
Clemson University
Coastal Carolina University
College of Charleston
Duke University
East Carolina University
Eckerd College
Elon University
Emory University
Ferrum College
Flagler College
Florida Institute of Technology
Furman University
George Mason University
George Washington University
Georgia Institute of Technology-Main Campus
Hampden-Sydney College
High Point University
Howard University
James Madison University
Longwood University
Loyola University Maryland
Mars Hill University
Marymount University
Methodist University
Middle Tennessee State University
Norfolk State University



North Carolina A & T State University
North Carolina State University at Raleigh
Old Dominion University
Palm Beach Atlantic University
Paul D Camp Community College
Radford University
Randolph-Macon College
Rhodes College
Savannah College of Art and Design
The Catholic University of America
The University of Alabama
The University of Tampa
The University of Tennessee-Knoxville
Tidewater Community College
Tulane University of Louisiana
United States Naval Academy
University of Florida
University of Georgia
University of Kentucky
University of Lynchburg
University of Mary Washington
University of Maryland-Baltimore County
University of Maryland-College Park
University of Miami
University of Mississippi
University of North Carolina at Chapel Hill
University of North Carolina at Greensboro
University of North Carolina Wilmington
University of Richmond
University of South Carolina-Columbia
University of Virginia-Main Campus
Vanderbilt University
Virginia Commonwealth University
Virginia Military Institute
Virginia Polytechnic Institute and State University
Virginia Wesleyan University
Wake Forest University
Washington and Lee University
West Virginia University
William & Mary

■ MIDWEST

Oberlin College
Ohio State University-Main Campus
Purdue University-Main Campus
University of Illinois Urbana-Champaign
University of Michigan-Ann Arbor
University of Wisconsin-Madison
Wabash College
Washington University in St Louis
Winona State University

■ WEST

California Polytechnic State University-San Luis Obispo
Chapman University
Colorado School of Mines
Colorado State University
San Diego State University
The University of British Columbia
University of California-Irvine
University of California-Santa Barbara
University of California-Santa Cruz
University of Colorado Boulder
University of Southern California
University of Washington-Seattle Campus
Whitman College

■ SOUTHWEST

Baylor University
Southern Methodist University
Texas A & M University-College Station
Texas A & M University-Galveston
Texas Christian University
The University of Texas at Austin
University of Arizona

■ FOREIGN COUNTRIES

Brunel University London
Royal Institute of Technology (KTH)
Trinity College Dublin

For a list of 2026 Matriculations, please visit capehenrycollegiate.org/matriculation