

Community Resource Guide

Mental Health Assessment & Treatment

Resource & Contact Info	Area of Focus	Eligibility Requirements	How to access services
Mt. Lakes Behavioral Healthcare 2409 Homer Clayton Dr. Guntersville, AL 35976 (256) 582-3203 (office) (866) 223-2076 (24-hour crisis line) https://www.mlbcwebpage.com/	*Mental health & substance abuse assessment & treatment *Psychiatry & mental health counseling *School-based mental health counseling *Case management *In-home services	*Ages 5 – adult *Accepts Medicare, Medicaid, PEEHIP, and some BCBS plans; *Sliding fee scale available for those who qualify *Eligibility confirmed at intake appointment	Call the office to schedule an intake appointment; for school-based services, contact school counselor for referral
Shifting Perspectives Counseling Services 285 US Hwy 431, Ste B Boaz, AL 35957 (256) 281-1260 https://www.shiftingperspectivesllc.com/	*Mental health & substance abuse counseling *Individual counseling *Family Counseling *School-based mental health counseling *Play therapy	*Ages 7 – adult *Accepts youth Medicaid, BCBS, and United Healthcare *Private pay available	Contact via phone or online; for school-based services, contact school counselor for referral
Healing Path Counseling Services 100 South Broad Street Albertville, AL 35950 (256) 960-6436 grace@healingpathcounselingllc.com	*Individual counseling *Couples counseling *Family counseling *School-based mental health counseling	*Ages child-adult *Accepts	Call or email for appointment; for school-based services, contact school counselor for referral
Valley Pediatrics & Psychiatry 1436 Gunter Avenue Guntersville, AL 35976 (256) 202-1111 (office) Email: info@valley-pediatrics.com https://www.valley-pediatrics.com/	*Medical care *Mental health counseling & medication	*Ages birth – 19 *Accepts Medicaid, BCBS, and most major insurance plans	Call the office or complete the contact form on the website
Dayspring Center for Christian Counseling 123 Sand Mountain Dr NW Albertville, AL 35950 (256) 878-3809 (office) https://www.dayspringcc.us/	*Mental health counseling for children-adults *Christian faith-based counseling	*Ages child – adult *Accepts most insurance plans (NOT Medicaid) *Private pay & sliding fee scale available	Call the office or complete the contact form on the website
Garrett Counseling 3460 Alabama Hwy 431 Suite C Albertville, AL 35950 (256) 239-5662 (office) https://garrettcounseling.com/garrett-counseling-albertville-alabama/scheduling@garrettcounseling.com	*Mental health counseling *Family & couples counseling *Play therapy	*Ages child – adult *Accepts many insurance plans (see website for info), including Medicaid	Call the office or email

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Twindom Counseling 319 AL-75 Suite B Albertville, AL 35951 (256) 660-0796 twindomcounselinginfo@gmail.com https://twindomcounseling.com/	*Anxiety & trauma *Couples counseling *Family counseling *Telehealth counseling	*Ages child-adult *Accepts BCBS, AllKids, & Medicaid (children only)	Call or email for appointment; for school-based services, contact school counselor for referral
North Alabama Counseling Center 1612 Railroad Avenue Guntersville, AL 35976 (256) 582-8880 (office) https://www.noalcounseling.com/	*Mental health & substance abuse counseling *Couples & family counseling	*Ages child – adults *Most insurance accepted (NO Medicaid)	Call the office or use “send an email” button on website
Horizons Healthcare 601-B Corley Ave Boaz, AL 35957 (256) 593-3404	*Medical care (pediatrics) *Mental health counseling & medication for children & adults	*Ages child – adult for mental health services	Call the office for an appointment

Substance Abuse Assessment, Treatment, & Support

Resource & Contact Info	Area of Focus	Eligibility Requirements	How to access services
Celebrate Recovery at Lifepoint Church 700 Motley St Albertville, AL 35950 (256) 557-7009 Contact: Michael Baker https://www.celebraterecovery.com/	A Christ-centered, 12-step recovery program for anyone struggling with hurt, hang-ups, and habits of any kind. It is a safe place to find community & freedom from issues that are controlling our life *Group support for substance abuse recovery	Adults with hurt, hang ups, and habits of any kind that are controlling their lives	Meeting time: Sunday 6:00pm
Celebrate Recovery at First Baptist Boaz 225 South Main St Boaz, AL 35957 (256) 593-8580 Contact: Rena Kennedy https://www.celebraterecovery.com/	A Christ-centered, 12-step recovery program for anyone struggling with hurt, hang-ups, and habits of any kind. It is a safe place to find community & freedom from issues that are controlling our life *Group support for substance abuse recovery	Adults with hurt, hang ups, and habits of any kind that are controlling their lives	Meeting Time: Monday 6:30pm
Alcoholics Anonymous (AA) For a list of meetings in the Huntsville area: https://www.aa-meetings.com/directory/alabama/albertville	*12-step group support for recovery from alcoholism *Al-Anon group support for family/friends of someone with alcoholism	*Adults seeking recovery from alcoholism or family members seeking support	Anyone interested in alcoholism recovery
Narcotics Anonymous (NA) For a list of meetings in the Northeast Alabama area: https://www.neaana.com/meetings/	*12-step group support for recovery from substance abuse *Al-Anon group support for family/friends of someone with substance abuse concerns	*Adults seeking recovery from substance abuse or family members seeking support	Anyone interested in substance abuse recovery
R.O.S.S. of Marshall County 1280 US Hwy 431, Suite B Boaz, AL 35957 (256)281-9008 Rossmc4us@gmail.com https://ross4u.org/marshall-county location/	*Safe, supportive environment focused on peer support for individuals seeking to live a sober lifestyle *Chemical dependency support group on Wednesdays 7:00pm	Age 18+ Priority given to adults at or below 100% of federal poverty limit	*Call, email, or walk-in *Open 7 days a week 9am – 9pm
The Bridge Email: info@bridgeinc.org (888) 546-6324	*Substance abuse assessment and treatment recommendations / referrals	*Ages 12 - 18 *Services provided regardless of ability to pay	Call or email for assessment
MLBHC Cedar Lodge 22165 US-431 Guntersville, AL 35976 Phone: 256-582-4465 (866) 223-2076 (24-hour crisis line) https://www.mlhcwebpage.com/substance-use	*High intensity residential program *Opioid treatment program *Substance use prevention program	* Services for adults only *Sliding fee scale available for those who qualify	Call the office to schedule an intake appointment

Grief Counseling & Support

Resource & Contact Info	Area of Focus	Eligibility Requirements	How to access services
Brook Center 201 Glover St Albertville, AL 35950 (256) 891-7724 (office) https://www.shepherdscove.org/community-grief-support/	Grief / bereavement counseling & support	*Ages child – adult	Call the office or complete the contact form on the website

Abuse & Trauma

Resource & Contact Info	Area of Focus	Eligibility Requirements	How to access services
Child Advocacy Center of Marshall County 1620 Railroad Ave Guntersville, AL 35976 (256) 582-8492 (office) www.marshallcac.org	*Victim services for children & teens who have experienced abuse *Forensic interviews *Child/teen therapy *Family advocacy	*Ages child & teen *Services provided at no cost to family *Must be referred by DHR, law enforcement, or District Attorney's office	Referrals made via DHR, law enforcement, or District Attorney's office
Department of Human Resources (DHR) 180 Bluff Road Guntersville, AL 35976 (256) 582-7100 (non-emergency reports) Call 911 for emergency reports	Reports of suspected child or elder abuse and/or neglect	Anyone with knowledge of suspected child or elder abuse/neglect may make an anonymous report	Call and select the option to report suspected abuse or neglect
Domestic Violence Crisis Services PO Box 874 Albertville, AL 35950 (256) 891-1109 (crisis line) (256) 891-9864 (office) https://www.dvcsal.org/	*Crisis line & emergency shelter *Court Advocate *Outreach & referral services *Community education	*Victims of domestic violence & their children	Call the crisis line for victim services. Call the office for information on community education.
Family Services of North Alabama 203 South Emmett St Albertville, AL 35950 (256) 878-9159 (office) (888) 878-9159 (sexual assault crisis line) Email: info@familyservicesna.org https://www.familyservicesna.org/	*Sexual assault victim crisis services, including nurse exams and victim advocacy	*Victims of sexual assault	Call the crisis line or office

Family Support & Education

Resource & Contact Info	Area of Focus	Eligibility Requirements	How to access services
Family Services of North Alabama 203 South Emmett St Albertville, AL 35950 (256) 878-9159 (office) Email: info@familyservicesna.org https://www.familyservicesna.org/	*Career and job assistance to parents *Parenthood Program helps parents improve their financial & emotional situation to better provide for their children	*Non-custodial parents *Career & job assistance requires SNAP eligibility *Parenthood Project can be voluntary or court-ordered	Call the office or email for more information on available programs
Kids and Kin Program Family Guidance Center of Alabama (800) 499-6597 (statewide number) Larinda Garrett (Marshall Co coordinator) (334) 465-0099 https://www.familyguidancecenter.org/kids-and-kin	*Educational workshops, resources, support activities, and a quarterly newsletter are offered to relatives caring for a child. Kids and Kin includes a Voluntary Certification Program through which care providers earn health and safety items, books, and learning materials for attending free training sessions related to quality child care enhancement. *Program is free.	*Must be at least 19 years old *Must be providing childcare for a grandchild, niece, nephew, or sibling who is not over 12 years of age *Cannot be the child's legal guardian or foster parent *Cannot be a licensed childcare provider	Visit website for a calendar of activities in Marshall Co; typically meets every other Wednesday, 10am, at the Boaz Library
Department of Human Resources (DHR) 180 Bluff Road Guntersville, AL 35976 (256) 582-7100 https://dhr.alabama.gov/	*Food stamps *TANF assistance *WIC	Varies by program & depends on income and household size; will require proof of income	Call for more info
NAMI Huntsville 701 Andrew Jackson Way NE Huntsville, AL 35801 (256) 534-2628 https://namihuntsville.org/	*Education & support for parents / family members *Family support groups currently 1 st & 3 rd Tuesdays of each month (no cost)	*For adult loved ones of people with mental health conditions	Call or visit the website for more information *Walk-ins welcome at support group
Al-Anon/Nar-Anon For information & a list of local meetings, visit: https://al-anon.org/newcomers/ or https://www.nar-anon.org/what-is-nar-anon	Mutual support group for people whose lives have been impacted by someone else's alcohol or drug use	Al-Anon focuses on the impact of another's alcohol use. Nar-Anon focuses on the impact of another's drug use	Visit the websites for local meeting info
Real Life Pregnancy Resource Center 104 W. Alabama Avenue, Suite F Albertville, AL 35950 (256) 878-1300 https://reallifecpc.org/services/	Pregnancy information and resources, maternity & infant supplies, parenting education, support for men	Anyone can access services	Call or visit website to schedule appointment

Developmental & Intellectual Disabilities and Autism Spectrum

Resource & Contact Info	Area of Focus	Eligibility Requirements	How to access services
Silver Linings Neurodevelopment 185 Chateau Drive, #102 Huntsville, AL 35801 (256) 489-1583 www.silverliningsclinic.com	*Comprehensive psychoeducational, including evaluation for Autism Spectrum *Mental health counseling	*All ages *Most major insurance plans *No referral needed (unless required by insurance)	Visit website and complete contact form
Alabama Psychological Services (Comprehensive MedPsych Systems) 4800 Whitesport Drive SE, Ste #2 Huntsville, AL 35801 (256) 533-9393 ext. 9998 https://www.medpsych.net/huntsville/	*Comprehensive psychoeducational evaluations, including evaluation for Autism Spectrum *Psychiatry & mental health counseling	*All ages *Most major insurance plans *No referral needed (unless required by insurance)	Call the number and extension listed or contact via the website
Regional Autism Network Region I – UAH (256) 824-5700 uahran@uah.edu	*Connects people with Autism Spectrum Disorder and their families to information and/or services that best meet their needs *Individual & direct family assistance in the home, school, & community *Public education programs	Serves anyone who has questions, concerns, or resource needs regarding diagnosed or suspected ASD	Call or email
Alabama Dept of Mental Health Autism Services (800) 499-1816 Autism.dmh@mh.alabama.gov www.mh.alabama.gov/autism-services	*Intensive care coordination *Behavior support *Therapeutic mentoring *In-home therapy *Peer support *Psychoeducational services	Medicaid-eligible children & youth with ASD ages birth through 20 that require more intensive supports	Call or email
Alabama Dept of Mental Health Division of Developmental Disabilities Call Center: (800) 361-4491 Region I Community Service Office: 401 Lee Street NE, Suite 150 Decatur, AL 35601 (256) 898-2789 https://mh.alabama.gov/wp-content/uploads/2023/02/Application-for-Waiver-Services-Flyer.pdf	The Medicaid waiver program can provide a variety of services including specialized therapies, skilled nursing, positive behavior supports, independent living skills, personal assistance, employment services, caregiver education & training, respite care, and assistive technology & adaptive aides	Persons in Alabama with intellectual disability	Call the Call Center (800) 361-4491 Monday-Friday 8am-5pm to begin the Medicaid Waiver application process
Vocational Rehabilitation Services 1100 George Wallace Dr. Gadsden, AL 35903 (800) 671-6839 or (256) 547-6974 https://www.rehab.alabama.gov/services/vr/vr	*Employment Services *Counseling and Guidance *Assistive Technology *Transition Services *Educational Services *Job Training *Vocational Assessment	*Be an Alabama resident *Have a physical or mental impairment that is a substantial impediment to employment	Contact the VRS office at the numbers listed

Low-Cost Medical & Dental Care

Resource & Contact Info	Area of Focus	Eligibility Requirements	How to access services
New Life Family Medicine 1015 Horton Road Albertville, AL 35950 (256) 860-0505 https://www.newlifealbertville.com/	Affordable medical care	Accepts most insurances Affordable rates for those with no insurance	Call for appointment
Quality of Life Clinic 1411 Piedmont Cutoff Highway Gadsden, AL 35903 (256) 492-0131 https://qolhs.org/	*Low-cost dental, vision & medical clinic *Lab & x-ray services *Pharmacy program	Cost is determined by income & household size with proof of income	Call for appointment
Gadsden Family & Student Health Solutions 1216 Wilbanks Avenue Gadsden, AL 35903 (256) 439-6384 https://qolhs.org/gadsden-family-student-health-solutions	Low-cost dental & medical clinic	Cost is determined by income & household size with proof of income	Call for appointment
Dekalb Quality Healthcare 12062 AL Hwy 227 Geraldine, AL 35974 (256) 659-2422 https://qolhs.org/dekalb-quality-health-care	Low-cost medical clinic	Cost is determined by income & household size with proof of income	Call for appointment
Douglas Medical Clinic 8225 AL Hwy 75 Horton, AL 35980 (256) 593-3804 https://qolhs.org/douglas-medical-center/	Low-cost medical & mental health care	Cost is determined by income & household size with proof of income	Call for appointment
Marshall County Health Department 150 Judy Smith Drive Guntersville, AL 35976 (256) 582-3174 7:30am-5:00pm https://www.alabamapublichealth.gov/marshall/services.html	*Medicaid *STD testing and treatment, family planning, childhood and other vaccines, and breast and cervical cancer screening. *Certified copies of birth, death, marriage, and divorce certificates	Varies by program & service	Call for more info or appointment

Food & Financial Assistance

Resource & Contact Info	Area of Focus	Eligibility Requirements	How to access services
Albertville City Schools Foundation Ready-to-Learn Program	Clothing, shoes, and personal care items	ACS students in need as determined by free or reduced lunch status, Medicaid eligibility, and/or other special circumstances	*Complete the request form: https://forms.gle/nFZBcof7dCCiUBuV6 OR *Contact the student's school counselor
Second Chance Food Pantry 217 South Cahill Road Albertville, AL 35950 (256) 891-2430	Food pantry & grocery items	Based on income and household size	Walk-ins welcome Wed-Fri 10:30am until food runs out *Date/time subject to change without notice*
TESA Food Pantry 242 S Main Street Arab AL 35016 (256) 931-2466	Food pantry & grocery items	Based on income and household size	Walk-ins welcome Tues & Thurs 10am-2pm *Date/time subject to change without notice*
Hope Center 1912 Gunter Ave Guntersville AL 35976 (256) 486-2120 https://mchopecenter.org/	Food pantry & grocery items	Families in need of food support	1 st & 3 rd Saturdays 10:30-11:30am Arrive at 9:45 & you'll be shown where to line up your car for drive thru service. *Date/time subject to change without notice*
Community Action Agency 5850 US Hwy 431 Albertville, AL 35950 (256) 638-4430 https://www.caaneal.org/	*Heating & water bill assistance *Direct Aid (fuel cards, gift cards, rental assistance, prescription assistance) *GROW program provides credit/budget counseling, career counseling, & other resources to promote self-sufficiency	Eligibility varies by program	Visit website and select "Make an Appointment" or call the number listed
United Way of Marshall County 709 Blount Avenue Guntersville, AL 35976 (256) 582-0506 Dial 211 to learn about resources in Marshall County https://www.unitedwaymarshall.org/2-1-1	Helpline to connect individuals and families to needed local resources including help paying bills, finding food, mental health care, substance abuse care, and healthcare expenses	Anyone can call for help	Dial 211