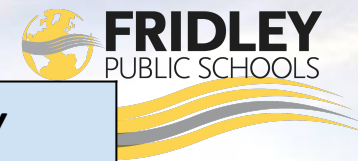


September 2026-Fridley High School Breakfast



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Summer Break	1 Brekkie Assorted Cereal Assorted Fruit Milk Choice	2 Maple or Confetti Snack N Waffles Assorted Cereal Assorted Fruit Milk Choice	3 Mini Confetti or Maple Eggo Pancake Assorted Cereal Assorted Fruit Milk Choice	4 Pull Apart Donuts Assorted Cereal Assorted Fruit Milk Choice
7 No School - LABOR DAY	8 Benefit Bar Breakfast Burrito Assorted Cereal Assorted Fruit Milk Choice	9 Assorted Puffy Pancake Small PBJ Assorted Cereal Assorted Fruit Milk Choice	10 Nature Valley Rounds Breakfast Smoothie w/grain Assorted Cereal Assorted Fruit Milk Choice	11 Great Northern Breads Small PBJ Assorted Cereal Assorted Fruit Milk Choice
14 Trix or Cinnamon Toast Crunch Muffin Breakfast Egg Rolls Assorted Cereal Assorted Fruit Milk Choice	15 French Toast Sticks Breakfast Smoothie w/grain Assorted Cereal Assorted Fruit Milk Choice	16 Powdered Mini donuts Small PBJ Assorted Cereal Assorted Fruit Milk Choice	17 Super Bakery Bread slices Breakfast Smoothie w/grain Assorted Cereal Assorted Fruit Milk Choice	18 Cooks Choice Small PBJ Assorted Cereal Assorted Fruit Milk Choice
21 Brekkie Three Cheese Egg Bites Assorted Cereal Assorted Fruit Milk Choice	22 Frudel Breakfast Smoothie w/grain Assorted Cereal Assorted Fruit Milk Choice	23 Maple or Confetti Snack N waffle Small PBJ Assorted Cereal Assorted Fruit Milk Choice	24 Mini Confetti or Maple Eggo Pancakes Assorted Cereal Assorted Fruit Milk Choice	25 Pull Apart Donuts Small PBJ Assorted Cereal Assorted Fruit Milk Choice
28 Benefit Bar Breakfast Burrito Assorted Cereal Assorted Fruit Milk Choice	29 Mini Cinni Breakfast Smoothie w/grain Assorted Cereal Assorted Fruit Milk Choice	30 Puffy Pancakes Small PBJ Assorted Cereal Assorted Fruit Milk Choice	1 Nature Valley Round Breakfast Smoothie w/grain Assorted Cereal Assorted Fruit Milk Choice	2 Great Northern Breads Small PBJ Assorted Cereal Assorted Fruit Milk Choice

This institution is an equal opportunity provider. Due to supply chain issues, menu is subject to change based on availability. Please see online interactive menu for most up to date menu information. Limited quantities of alternate options are available.

