

September 2026-Fridley Middle School Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Summer Break	1 Brekkie Assorted Cereal Assorted Fruit Milk Choice	2 Snack N Waffle Assorted Cereal Assorted Fruit Milk Choice	3 Mini Pancake Assorted Cereal Assorted Fruit Milk Choice	4 Pull Apart Donuts Assorted Cereal Assorted Fruit Milk Choice
7 No School - LABOR DAY	8 Benefit Bar Assorted Cereal Assorted Fruit Milk Choice	9 Mini Cinni Assorted Cereal Assorted Fruit Milk Choice	10 Nature Valley Rounds Assorted Cereal Assorted Fruit Milk Choice	11 Great Northern Bread Assorted Cereal Assorted Fruit Milk Choice
14 Trix or Cinnamon Toast Muffin Assorted Cereal Assorted Fruit Milk Choice	15 Puffy Pancake French Toast Sticks Assorted Cereal Assorted Fruit Milk Choice	16 Powdered Mini Donuts Small PBJ Assorted Cereal Assorted Fruit Milk Choice	17 Bakery Bread Slices Cheesy Breakfast Bagel Assorted Cereal Assorted Fruit Milk Choice	18 Cooks Choice Assorted Cereal Assorted Fruit Milk Choice
21 Brekkie Assorted Cereal Assorted Fruit Milk Choice	22 Frudel Colby Cheese Omelet Assorted Cereal Assorted Fruit Milk Choice	23 Snack N Waffle Small PBJ Assorted Cereal Assorted Fruit Milk Choice	24 Mini Pancakes Pancake on a Stick Assorted Cereal Assorted Fruit Milk Choice	25 Pull Apart Donuts Assorted Cereal Assorted Fruit Milk Choice
28 Benefit Bar Assorted Cereal Assorted Fruit Milk Choice	29 Mini Cinni Breakfast Pizza Assorted Cereal Assorted Fruit Milk Choice	30 Mini Donuts Small PBJ Assorted Cereal Assorted Fruit Milk Choice	1 Nature Valley Rounds Brkfst Yogurt Parfait Assorted Cereal Assorted Fruit Milk Choice	2 Great Northern Bread Assorted Cereal Assorted Fruit Milk Choice

This institution is an equal opportunity provider. Due to supply chain issues, menu is subject to change based on availability. Please see online interactive menu for most up to date menu information. Limited quantities of alternate options are available.