Calgary French & International School

Volunteer Guide At A Glance:

CFIS Volunteer Opportunities

2026-2027

Welcome to the CFIS school community - learn how to get involved!

Volunteering at our school is a great way to connect with other parents, contribute to our community, and make an impact in the school. Whether you're a new family or exploring new ways to get involved, there's a place for everyone, no matter your interests or availability.

Our EDIA Statement

CFIS is a respectful community, dedicated to fostering diversity, equity, inclusion, and accessibility. We deeply value the unique identities and well-being of every community member, striving to ensure everyone feels accepted, supported, and has a true sense of belonging. We embrace and share a variety of perspectives, experiences, and cultures. With kindness and empathy, we learn and grow together.

Why Volunteer at CFIS?

Your involvement contributes to a vibrant, supportive, and fun environment for our kids to thrive, and helps to create a welcoming space for other parents and community members.

What are the different ways to volunteer?

We have a wide range of volunteer opportunities, both big and small commitments, one-time or ongoing - there is something for everyone!

- Looking to have a greater impact on CFIS direction, student experience, and parent community? Join one of our Parent Commitees.
- Enjoy planning events? Help make our community celebrations shine.
- Love to read? Support our library by keeping it organized and inviting.
- Want to support our food services team? Join the fun on Pizza Days.
- Interested in sports? Lend a hand with athletic events as an organizer or coach.
- Creative soul? Share your talents with the Musical team.
- Skilled communicator or volunteer coordinator? Team up with your homeroom teacher as a Classroom Rep.

What is the time commitment?

You can give as much time as you like! Some roles are only an hour here or there, others are spread out over the year, and a few require more commitment during busy periods.

Curious about where to start?

Explore our list of opportunities, chat with fellow parents, reach out to our Volunteer Coorindator, Andrea Mele at **amele@cfis.com** or check out our **Volunteering Page**.

We look forward to hearing from you!

High Commitment Opportunities

Volunteer Position	Description	Role and Commitment
Parent Committees	**Lead. Collaborate. Make a real impact!** Join our team of key parent volunteers, working alongside our Board and CFIS leadership to strengthen community, foster belonging, and enhance the student and family experience at CFIS.	• Join one of our new and evolved Parent Committees: **BUILD:** Help cultivate a vibrant parent community that embraces shared responsibility for sustaining, strengthening, and supporting the future of CFIS through engagement and philanthropy. **BELONG**: Help connect families with learning and values-aligned service opportunities that promote diversity, inclusion, Indigenous perspectives, and social responsibility. This committee fosters understanding and a strong sense of belonging within the CFIS community. **CONNECT**: Partner with faculty and school leadership to strengthen the well-being and everyday experience of CFIS students and families. This committee advances initiatives that support student success and school spirit.
School Ambassadors	**Build Connections. Create Community!** We are looking for warm and enthusiastic parents to serve as ambassadors to welcome, support, and connect with prospective families.	• Engage with prospective parents during our Open Houses and Tour & Information sessions. • Join us in sharing what makes the CFIS community so special.
Classroom Representatives	**Be the teacher's right-hand helper!** Work alongside teachers to coordinate parent volunteers for field trips, photo days, and special occasions.	• Attend committee meetings, assist teachers with parent communication, and coordinate parent volunteers. • Help with field trips, photo days, and special occasions. • Welcome new families and organize gestures that recognize and celebrate staff.
Musical Theater Production	**Passionate about musicals?** Join our amazing musical production team for this year's **Frozen** and share your skills and talents to help create an unforgettable show.	There are many roles - choose one or more and be part of this amazing musical team! • Meal Coordinator: Organize meals for the cast and crew during show week. Perfect for organized, independent helpers. • Front-of-House: Usher, sell tickets, or run concessions—see the show while volunteering! • Costume Volunteers: Sew, organize, and help backstage. Start early to join a creative, friendly team. • Backstage Supervision: Help supervise Grade 5 participants during show week. Short, focused commitment. • Set Construction: Build and assemble sets with full guidance, usually the week before the show.
Athletics Program	**Do you have coaching experience or a passion for a particular sport?** Volunteer to coach or assist with sports teams and events for students in Grade 7 and up.	• Coach or assist with sports teams (basketball, soccer or volleyball). • Provide training and guidance to students. • Support team events by helping organize logistics, and assist at tournaments or races.

***Click the Position to Sign Up!**

Moderate Commitment Opportunities

Volunteer Position	Description	Role and Commitment
Community Event Support	**Social enthusiast or planner extraordinaire?** Join a team of volunteers that turns events into experiences, creates lasting memories, and brings our community together through social parent nights and seasonal family celebrations.	• Help plan social and cultural events, organize details, and spread the word. • Prepare and decorate the space before events and assist with cleanup afterward. • Order, pick up, and deliver items needed for the event.
Yearbook Support	**Capture the Moments, Create the Memories!** Contribute to creating a keepsake that the whole school community will treasure.	• Collaborate with the volunteer yearbook team and the CFIS Marketing team. • Design fun, engaging pages using photos and school content, with help and support as needed.
Photo Days Support	**Love photography?** Help the Photo day run smoothly and assist the photographer during student portraits.	• Assist with setting up and organizing photo areas and guide students to the photographers. • Support photographers with small tasks as needed throughout the day. • Help sort and deliver printed photos to classes (near Christmas).
Spring Market Support	**Come help make our Jörd Market a success!** Support one of the biggest student-led events of the school year, with proceeds going to school and student initiatives.	• Assist with planning and communication • On the day of the event, help with set up and take down tables, decorations, and stations, assist with sales. • Spring markets typically take place in November/ December and in April/May
Grade 5 Celebration	**Make Their Milestone Magical!** Help create a special evening for our students as they celebrate their achievements and transition to the next stage of their education.	• Assist with planning and organization, spreading the word, and handling supplies (ordering, pickup, and delivery to the school). • Gather and organize photos from parents and teachers to celebrate all students in a memorable slideshow. • Help with preparing, setting up, decorating, and cleaning the hall on the day of the event.
Grade 12 Graduation Banquet 2027	**Making Graduation Unforgettable!** Help create a joyful and seamless celebration for our graduating class, their teachers, and families.	• Assist with planning and organization, helping to coordinate details and spread the word. • Help with planning, setting up, and decorating the banquet hall.

***Click the Position to Sign Up!**

Moderate Commitment Opportunities

Volunteer Position	Description	Role and Commitment
Host Family for a Round Square exchange student	**Open Your Home; Enrich a Student's Life!** Welcome an international student into your home, providing them with a supportive and nurturing environment.	• Ideal for families who are enthusiastic about cultural exchange and making a positive impact on a student's educational journey. • Provide room & board to a student in Grade 8-12 visiting from countries that include South Africa, France, Denmark, Germany, Australia and more. • International students attend CFIS during the day: your family can show them around Calgary and our surrounding areas during evenings and weekends. • Time commitment for approximately 1-6 weeks (depending on your interest and availability).
Used Uniform Sale	**Thrifting is Cool!** Give used uniforms a second life and support our school's commitment to sustainability.	• Support the organization and execution of the CFIS used uniform sale by sorting donations, setting up displays, assisting shoppers, and managing transactions.
Garden Team	**Bring Your Green Thumb!** Join our Garden team in planting, weeding, watering and harvesting.	• Help us maintain our native plant gardens, and our school vegetable garden. • No experience needed - just a love for nature and community.
Primary Clubs	**Share your passion — or lend a hand to our existing club!**	• Share your passion with students by helping to run various clubs ranging from cooking to coding, or outdoor adventure. • You can also support our Primary clubs by lending a helping hand and creating a fun, engaging experience for students. • Approximately once per week, 2:30-3:30pm.
Career Ambassador	**Inspire the next generation!** Share your expertise and give students valuable insight into diverse careers.	• Serve as a guest speaker at DaVinci Days. • Lead a hands-on activity for students that highlights your career. • Provide a job shadowing opportunity. • Participate in an internship program.

***Click the Position to Sign Up!**

Minor/Occassional Commitment Opportunities

Volunteer Positions	Description	Role and Commitment
Classroom Support	**Step In and Make a Difference!** Assist Where You're Needed Most in the Classroom!	• Provide occasional support to classroom teachers. • Assist with tasks such as reading with students, helping with classroom activities, and supporting special projects. • Volunteers will be contacted on an as-needed basis.
Library Support	**Help out our Librarians!** Dive Into Books and the Scholastic Book Fair organization.	• Help us maintain an organized and efficient library by shelving books, managing inventory, and assisting students with finding resources • Help organize the Book Fair by planning and preparing the event, sorting and arranging books, setting up displays, and creating an inviting shopping experience for students and families.
Pizza Day Support	**Who likes pizza?** Come help on Pizza Day - share smiles, fuel our students and cook up connections with new parent friends.	• Support the food service team by helping with preparation, serving, and clean-up during monthly Pizza Days. Volunteer for one or join us for all!
Notarization of Travel Forms	**Calling All Notaries!** Help Us with Travel Form Permissions.	• Volunteer as a notary to help notarize travel permission forms for students participating in CFIS trips or exchange programs abroad.
Flex Volunteer	**Join the team - help when you are able.**	• Perfect for those who like to keep things flexible. • Flex Volunteers are part of a pool we can reach out when new opportunities come up or when an extra set of hands is needed. • A great way to stay connected and help out whenever it works for you!

***Click the Position to Sign Up!**

Calgary French & International School

