Breakfast Menu

Windsor Locks South Elementary School

WHITSONS FAMILY OF COMPANIES

WWW.WHITSONS.COM

August 2026

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27 Fluffy Whole Grain Waffles With Syrup Or Yogurt and Nutrigrain Bar Fresh Banana Diced Pear Cup	28 Egg and Cheese Sandwich Or Yogurt and Nutrigrain Bar Fresh Apple 100% Juice Fruit Punch
31 Whole Grain French Toast Slices With Syrup Or Sunshine Smoothie With WG Honey Bear Graham Crackers Fresh Apple 100% Orange				

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

Available Daily:

Choice of Cereal Bars:

Cinnamon Toast Crunch or Cocoa Puffs with Whole Grain Belly Bear Grahams

Fresh Assorted Seasonal Fruits or Chilled Fruit Cup

Choice of Milk: Fat Free Chocolate or 1% White

Vegetarian | Made With Natural Ingredients | Pork | Smart Choice | Made With Organic Ingredients

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.