

# Empower Your PARENTING JOURNEY!

Join Our Expert-Led Parenting  
Class for Confident, Safe, &  
Happy Families

**Fall Semester 2026**

- September 14, 21, 28  
October 5, 19, 26  
November 2, 9, 16

- Location: Annex Building across Administration in 400 Lobo Ln  
Little Elm  
Time: 6:00 pm to 7:30 pm
- Child care for 3 years and  
up is provided



## What You Will Get

- Practical parenting techniques ✓
- Stress management for parents ✓
- Building strong family bonds ✓
- Staying safe during emergency ✓

Contact: Yamile Quintero, M.S., CFLE  
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**Attending 7 or more sessions you can be  
eligible to apply for Christmass assistance**