

August 14, 2026

Dear Regional School District #10 Families,
I hope this letter finds you well and enjoying your summer. There have been some changes in the School Nutrition Program since the end of School Year 2025/2026. **We are transitioning back to a Free Breakfast for all student's program. Students who qualify for reduced meals will also receive Free Lunch.** Students who do not qualify for Free or Reduced Meals must pay for lunch. It is very important that students either have funds on account or pay for their lunch at the time of purchase to avoid negative debt.

	BREAKFAST	LUNCH	PREMIUM MEAL
Harwinton Consolidated	Free	\$4.00	
Lake Garda School	Free	\$4.00	
Har-Bur Middle School	Free	\$4.25	\$4.50
Lewis Mills High School	Free	\$4.25	\$4.50
Reduced Price Meals	Free	Free	Free

Healthy snacks and beverages will be available for purchase at secondary schools with limited choices at the elementary level. Students will be able to purchase these items if their accounts are in good standing without a negative balance.

***It is very important that families who are eligible based on household income for free and reduced meals apply annually. We have implemented a new online program to streamline the application process. Families can now apply online by clicking this link:**

<https://www.myschoolapps.com/>

Families who may qualify for Free or Reduced benefits **must apply annually.**

- Families who are receiving assistance through the SNAP or TFA programs **do not need to apply. You will receive a confirmation letter by the end of August.**
- Families who feel their income would not qualify for assistance **do not need to apply.**

Regional School District #10 offers MySchoolBucks, a convenient online service that allows you to securely pay for your student's meals and set up optional automatic payments online using your credit/debit card or electronic check. Additional information can be found by clicking this link; This will be available 8/20/2026

<https://www.region10ct.org/for-parents/nutrition-services>

Region #10 also accepts cash and personal checks made out to Region #10 Nutrition Services.

If you have any questions or concerns, please contact Nutrition Services at 860 673-2538 X8

Sincerely,
Margaret Dreher
Director of Nutrition Services