

What's on the Menu?

Middlesex Middle School
September 2026

Monday	Tuesday	Wednesday	Thursday	Friday
31 Chicken Cutlet Sandwich Bar Tater Tots	1 Baja Beef Brown Rice Bowl Mexicali Corn	2 Orange Chicken Roasted Green Beans Lo Mein Noodles	3 BBQ Pulled Pork Sandwich Herbed Cauliflower Sweet Potato Fries	4 Macaroni & Cheese Bar BBQ Shredded Pork Seasoned Peas
7 	8 Beef Nachos Homemade Cheddar Cheese Sauce Mexicali Corn	9 Sweet & Sour Popcorn Chicken Stir-Fried Vegetables Asian Rice	10 Hot Dog Bar Beef Chili Cheddar Cheese Sauce Cilantro Slaw Baked Beans Tater Tots	11 Cheese Tortellini Marinara or Alfredo Roasted Broccoli Garlic Bread
14 BBQ Pulled Chicken Sandwich Seasoned Corn Crinkle Cut Fries	15 Turkey Tacos Rice & Beans	16 Teriyaki Glazed Beef Vegetable Medley Lo Mein Noodles	17 Chicken Tikka Masala Spiced Cauliflower & Sweet Potato Steamed Rice	18 Rotini Pasta Meat Sauce or Marinara Roasted Brussels Sprouts Garlic Bread
21 Yom Kippur No School	22 Cheese Quesadilla Southwest Black Beans & Corn Steamed Rice	23 Ginger Soy Chicken Noodle Bowl	24 Philly Cheesesteak Homemade Cheddar Cheese Sauce Peppers & Onions Onion Rings	25 Cheese Stuffed Shells Roasted Green Beans Garlic Bread
28 Whole Grain Waffles Strawberry Topping Crispy Bacon Tater Tots	29 Beef Tacos Rice & Beans	30 General Tso's Popcorn Chicken Garlic-Ginger Bok Choy Steamed Rice	1 Burger Bar Curly Fries	2 Penne Pasta Meatballs & Marinara Roasted Green Beans Garlic Bread

Daily Offerings

HOT

Cheese Pizza
Pepperoni Pizza
Grilled Classics

COLD

Assorted Deli Sandwiches
SunButter & Jelly
Fresh Salads

September Fun Days

9/9 I Love Food Day



9/10 Hot Dog Day



Vegetarian Option
Available