

# What's on the Menu?

Darien High School  
September 2026

| Monday                                                                                                           | Tuesday                                                                                             | Wednesday                                                                                                    | Thursday                                                                                                            | Friday                                                                                                  |
|------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|
| <b>31</b><br><b>Chicken Cutlet Sandwich Bar</b><br>Tater Tots                                                    | <b>1</b><br><b>Baja Beef Brown Rice Bowl</b><br>Mexicali Corn                                       | <b>2</b><br><b>Orange Chicken</b><br>Roasted Green Beans<br>Lo Mein Noodles                                  | <b>3</b><br><b>BBQ Pulled Pork Sandwich</b><br>Herbed Cauliflower<br>Sweet Potato Fries                             | <b>4</b><br><b>Macaroni &amp; Cheese Bar</b><br>BBQ Shredded Pork<br>Chopped Bacon<br>Seasoned Peas     |
| <b>7</b><br>                    | <b>8</b><br><b>Beef Nachos</b><br>Homemade Cheddar Cheese Sauce<br>Mexicali Corn                    | <b>9</b><br><b>Sweet &amp; Sour Popcorn Chicken or Chik'n Nuggets</b><br>Stir-Fried Vegetables<br>Asian Rice | <b>10</b><br><b>Hot Dog Bar</b><br>Beef Chili<br>Cheddar Cheese Sauce<br>Cilantro Slaw<br>Baked Beans<br>Tater Tots | <b>11</b><br><b>Cheese Tortellini</b><br>Marinara, Alfredo or Pesto<br>Roasted Broccoli<br>Garlic Bread |
| <b>14</b><br><b>BBQ Pulled Chicken Sandwich</b><br>Seasoned Corn<br>Crinkle Cut Fries                            | <b>15</b><br><b>Beef or Turkey Tacos</b><br>Rice & Beans                                            | <b>16</b><br><b>Teriyaki Glazed Beef or Chicken</b><br>Vegetable Medley<br>Lo Mein Noodles                   | <b>17</b><br><b>Chicken Tikka Masala or Chana Masala</b><br>Spiced Cauliflower &<br>Sweet Potato<br>Steamed Rice    | <b>18</b><br><b>Rotini Pasta</b><br>Meat Sauce or Marinara<br>Roasted Brussels Sprouts<br>Garlic Bread  |
| <b>21</b><br><b>Yom Kippur No School</b>                                                                         | <b>22</b><br><b>Cheese Quesadilla</b><br>Mexican Style Pinto Beans<br>Seasoned Corn<br>Mexican Rice | <b>23</b><br><b>Ginger Soy Chicken Noodle Bowl</b>                                                           | <b>24</b><br><b>Philly Cheesesteak</b><br>Homemade Cheddar Cheese Sauce<br>Peppers & Onions<br>Onion Rings          | <b>25</b><br><b>Cheese Stuffed Shells</b><br>Roasted Green Beans<br>Garlic Bread                        |
| <b>28</b><br><b>Garlic &amp; Herb Roasted Chicken</b><br>Roasted Green Beans<br>Mashed Potatoes<br>Chicken Gravy | <b>29</b><br><b>Walking Beef Tacos</b>                                                              | <b>30</b><br><b>General Tso's Popcorn Chicken or Tofu</b><br>Garlic-Ginger<br>Bok Choy<br>Steamed Rice       | <b>1</b><br><b>Burger Bar</b><br>Beef or Impossible Burger<br>Curry Fries                                           | <b>2</b><br><b>Penne Pasta</b><br>Meatballs & Marinara<br>Roasted Green Beans<br>Garlic Bread           |

## Daily Offerings

HOT  
 Cheese Pizza  
 Pepperoni Pizza  
 Grilled Classics

COLD  
 Deli Bar  
 Salad Bar  
 Parfait Bar

## September Fun Days

9/9 I Love Food Day



9/10 Hot Dog Day



Vegetarian Option  
Available