Elementary SB 9 Fall 2026
5th Grade – Personal Health and Safety Lesson Preview and Parent Consent Window

In accordance with Texas Education Code 28.004 and Senate Bill 9, elementary students in 5th grade will receive instruction from elementary school counselors on the required health TEKS specific to abuse and violence prevention. All lessons are aligned with the Texas Essential Knowledge and Skills (TEKS) and meet the requirements mandated by the state.

Under Texas statute, parents must choose to "opt-in" their child to participate in the lessons that address abuse prevention and violence prevention. **The opt-in deadline is September 30, 2026.**

Below is the opt-in window and the time frame when lessons will be taught:

Parent Opt-In Window: September 1 - September 30
Instruction Window: November 3 - December 17

Personal Health and Safety Guidance Lesson

If you wish to review the elementary guidance lesson, please visit the Personal Health and Safety Guidance Lessons webpage.

Parents may opt their child in for instruction by logging in to MyKaty and selecting the KISD Option Portal icon. Additional technology help resources have been included for reference.

This content is intended to initiate conversations between you and your child about the physical, emotional, and social changes that occur during adolescence. In addition, awareness and education on abuse and violence are key to prevention and intervention. It is a priority for Katy ISD to partner with our families and community to create a safety net for our students.

KISD Option Portal Icon:

Visit the Katy Option Portal Help Guide for Parents *for assistance in navigating the portal.*

**If you are a Katy ISD Employee and a parent of a student you must login with your parent HAC credentials on a personal device or in an incognito window.*

For steps on how to browse Incognito, visit the Chrome-Incognito Browser Instruction Guide

**Google Chrome is the recommended web browser for optimal performance, particularly on desktop or laptop platforms, rather than mobile devices.*

Find detailed technology support on our Family Technology Resources web page, including how to get support under the section titled, “Further Assistance.”

To enter a support request: Parent Tech Support Guide

Family Technology Support: 281-396-7400

Hours of Operations (excluding district holidays)
6:30 AM – 4:30 PM Monday -Friday

Please email instructionalresources@katyisd.org with any, non-technical related, questions.

Katy ISD