View results

Respondent

2 Tonya Hawkins

02:09
Time to complete

School Meals

ACS is committed to serving healthy meals to children. ACS will be consistent with the meal pattern requirements and nutrition standards for competitive foods developed by the USDA Smart Snacks in School National Standards. For other, non-sold foods and beverages made available on the school campus during the school day each principal shall monitor all such foods and beverages to ensure that they comply as much as possible with the USDA Smart Snacks in School National Standards. ACS school principals will ensure that non-sold food and beverages that do not comply with the Smart Snacks guidelines are kept to a minimum.

1. Students will be allowed at least ten (10) minutes to eat breakfast and at least twenty minutes (20) minutes to eat lunch. *

- (●) Compliant
- ( ) In the process of becoming compliant
- ( ) Not compliant

2. Will be consistent with the meal pattern requirements and nutrition standards for competitive foods developed by the USDA Smart Snacks in School National Standards. *

- (●) Compliant
- ( ) In the process of being compliant
- ( ) Not compliant

3. Meals meet or exceed current nutrition requirements established by local, state, and Federal statutes and regulations and offers reimbursable school meals that meet USDA nutrition standards. *

- (●) Compliant
- ( ) In the process of being compliant
- ( ) Not compliant

4. Meals are served in clean and pleasant settings. *

- (●) Compliant
- ( ) In the process of being compliant
- ( ) Not compliant

Physical Education and Physical Activity

ACS recognizes that physical activity is extremely important to the overall health of a child. Schools shall support and promote physical activity. Physical activity may be integrated into any areas of the school program. ACS is committed to providing a school environment that enhances learning, the development of life-long wellness practices and safe playground equipment for students.

5. Physical activity shall be provided to elementary school students with a minimum of 40 minutes of physical activity per full school day.

- (●) Compliant
- ( ) In the process of becoming compliant
- ( ) Not compliant
- ( ) Not applicable

6. Physical activity shall be provided to middle and high school students with a minimum of 90 minutes of physical activity per full school week.

- ( ) Compliant
- ( ) In the process of becoming compliant
- ( ) Not compliant
- (•) Not applicable

7. All students will be provided equal opportunities to participate in physical education classes. Schools will make appropriate accommodations to allow for equitable participation for all students and will adapt physical education classes and equipment as necessary. *

- (•) Compliant
- ( ) In the process of becoming compliant
- ( ) Not compliant

8. The physical education program will promote student physical fitness through individualized fitness and activity assessments or other appropriate assessment tools. *

- (•) Compliant
- ( ) In the process of becoming complaint
- ( ) Not compliant

9. A student shall not be withheld from participating in physical activity as a form of punishment. *

- (●) Compliant
- ( ) In the process of becoming compliant
- ( ) Not compliant

Health and Nutrition Education

ACS will teach, encourage, and support healthy eating habits by all students. Schools will provide nutrition education and engage in nutrition promotion that is part of health education.

10. Developmentally appropriate nutrition education that provides the knowledge, skills, and values needed to adopt healthy eating behaviors will be integrated in to all areas of the curriculum when appropriate. *

- (●) Compliant
- ( ) In the process of becoming compliant
- ( ) Not compliant

11. Students will be encouraged to make nutritious food choices and will have an awareness of the benefits of eating a variety of foods including fruits, vegetables, and whole grains as well as foods low in sugar and fat. *

- (●) Compliant
- ( ) In the process of becoming compliant
- ( ) Not compliant

12. Schools investigate ways to incorporate caloric balance between food intake and energy expenditure through physical activity/exercise. *

- (●) Compliant
- ( ) In the process of becoming compliant
- ( ) Not compliant

Nutrition Promotion

Nutrition promotion and education positively influence lifelong eating behaviors by using evidence-based techniques and nutrition messages, and by creating food environments that encourage healthy nutrition choices and encourage participation in school meal programs. The district will promote healthy food and beverage choices for all students throughout the school campus, as well as encourage participation in school meal programs.

13. Schools will not use foods or beverages that do not meet the USDA minimal nutritional value standards as rewards for academic performance or desirable behavior. *

- (●) Compliant
- ( ) In the process of becoming compliant
- ( ) Not compliant

14. All food, including vending machines, fundraising items, and concessions offered/sold during the school day, must follow the guidelines set forth by the Healthy Hunger-free Kids Act 2010, Smart Snacks in schools. *Special fundraiser exemptions are allowed but must not occur more often than twenty (20) days each semester per the state agency of Tennessee. *

- (●) Compliant
- ( ) In the process of becoming compliant
- ( ) Not compliant

15. Only foods and beverages that meet the nutritional standards may be marketed on ACS school campuses. *

- (●) Compliant
- ( ) In the process of becoming compliant
- ( ) Not compliant

16. **School Name** *

- (●) Arlington Elem
- ( ) Donelson Elem
- ( ) Arlington Middle
- ( ) Arlington High

17. Name of principal completing this form. *

TONYA HAWKINS

18. Date completing this form. *

5/3/2026