

Lunch Menu

Blind Brook Ridge Elementary

September 2026

WHITSONS FAMILY OF COMPANIES

WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday



7
SCHOOL CLOSED TODAY

8 Pasta with Meat Sauce 🍴
Whole Wheat Dinner Roll
Green Beans
Fresh Grapes

9 Taco Chicken
Crispy Taco Shell
Side Garden Salad
Salsa
Sour Cream
Chili Roasted
Garbanzo Beans
Fresh Melon Cup

10 French Toast 🍴
Sausage Patty
Homemade
Caramelized Apples
Baked Sweet Potato

11 Classic Cheese Pizza 🍴
Spinach Salad
Fresh Pear
Unflavored 1% Milk

14 Grilled Cheese Sandwich Meltdown Café 🍴
Mixed Vegetables
Grape Tomatoes
Fresh Grapes

15 Chicken and Waffles
crispy chicken placed on top of fluffy waffles
Snow Peas
Fresh Apple

16 Classic Beef Burger
beef burger on a freshly toasted bun
Cauliflower Popcorn
Sliced Oranges

17 Sabrosos Spicy Turkey Street Tacos 🍴
Brown Rice
Confetti Black Bean Salad
Fresh Banana

18 Classic Cheese Pizza 🍴
Side Salad
Fresh Apple

21
SCHOOL CLOSED TODAY

22 Incredibowls General Tso's Chicken 🍴
Mixed Vegetable Blend
Fresh Apple

23 Homemade Baked Pasta with Cheese 🍴
Roasted Broccoli
Pineapple

24 Nachos Grande 🍴
Nachos with Cheese
Salsa
Sour Cream
Pinto Bean Confetti Salad
Fresh Grapes

25 Classic Cheese Pizza 🍴
Spinach Salad
Watermelon Slices

28 Sweet & Sour Chicken Sauce & Toss 🍴
Vegetable Fried Rice
Roasted Broccoli
Fresh Banana

29 Homemade Mac & Cheese 🍴
Roasted Mixed Veggies
Honeydew and Cantaloupe Cup

30 Homemade Pasta & Meatballs 🍴
Green Beans
Fresh Grapes



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



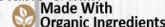
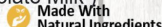
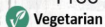
FIRST LUNCH FREE

Second Lunch: \$4.75

Adult Lunch: \$6.80+tax

All meals offered with Fruit,
Vegetable and Milk: (1%
White, Fat-Free White, Fat-

Free Chocolate Milk)



Daily Lunch Selections:

Yogurt Lunch: (4oz Yogurt, Cheese Stick, Graham Crackers),
Salad Lunch, Assorted Sandwiches: Ham & Cheese, Turkey &
Cheese, Cheese

Bagel Lunch: WG Bagel with Butter or Cream Cheese, 2 Cheese
Sticks

ALL meals offered with Fruit, Vegetable & Milk

