

**Menus for
September
2026**

**High
School
Specials**



**Our meals are convenient,
economical, and healthy.
Please join us often!**

All of our complete meals are always

NO CHARGE

**for all students with no need
to submit an application!**



**Every complete meal
we serve comes with
your choice of milk!**



**We're
SO GLAD
to see you!
It's going
to be a
GREAT YEAR
and we can't
wait to serve
your meals!**

Tuesday, September 1

Line A: Buffalo chicken wrap, mac & cheese, peas

Line B: Chicken tenders or fish sandwich with pierogis and carrots

Line C: K-12 Menu

Line D: Salads and cold sandwich selection

Wednesday, September 2

Line A: Meatball hoagie, baked chips, green beans

Line B: Chicken nuggets or BBQ beef rib sandwich with tater tots and green beans

Line C: K-12 Menu

Line D: Salads and cold sandwich selection

Thursday, September 3

Line A: Soft shell tacos, rice, corn, salsa, sour cream

Line B: Chicken tenders or fish sandwich with rice and corn

Line C: K-12 Menu

Line D: Salads and cold sandwich selection

Friday, September 4

**HAPPY
LABOR DAY!**

**No School
Today!**

**Enjoy the long
weekend!**

Monday, September 7



**HAPPY
★ LABOR DAY! ★
NO SCHOOL**

Tuesday, September 8

Line A: Stromboli, tomato sauce, side salad, dressing

Line B: Chicken patty sandwich or chicken bites with pierogis and green beans

Line C: K-12 Menu

Line D: Salads and cold sandwich selection

Wednesday, September 9

Line A: Chicken parm, spaghetti, salad, breadstick

Line B: Max cheese filled sticks, or beef and cheese burrito with potato smiles

Line C: K-12 Menu

Line D: Salads and cold sandwich selection

Thursday, September 10

Line A: Cold sandwich bar, baked chips, pickles, lettuce

Line B: Chicken patty sandwich or chicken bites with rice and broccoli

Line C: K-12 Menu

Line D: Salads and cold sandwich selection

Friday, September 11

Line A: Pizza slice, chickpea salad

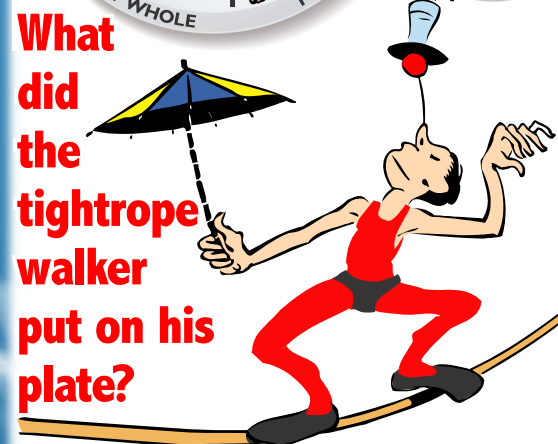
Line B: Max cheese filled sticks or beef and cheese burrito with fries and veg.

Line C: K-12 Menu

Line D: Salads and cold sandwich selection



**What's on
YOUR
plate?**



**What
did the
tightrope
walker
put on his
plate?**

A WELL-BALANCED MEAL! And you should, too!

Eating lots of different kinds of food is one of the best ways to stay healthy. Just follow the advice on the My Plate graphic and you'll never lose your balance!

**Learn more at www.MYPLATE.gov or
<https://kidshealth.org/en/kids/nutrition/food/>**

Monday, September 14

Line A: Homemade pizza, side salad, dressing

Line B: Chicken fingers or buffalo chicken sub with pasta and green beans

Line C: K-12 Menu

Line D: Salads and cold sandwich selection

Tuesday, September 15

Line A: Cheesesteak sandwich, fries, hummus

Line B: Chicken nuggets or Sloppy Joe sandwich with pierogis and carrots

Line C: K-12 Menu

Line D: Salads and cold sandwich selection

Wednesday, September 16

Line A: Baked chicken, mashed potatoes, gravy, corn

Line B: Chicken fingers or buffalo chicken sub with tater tots and corn

Line C: K-12 Menu

Line D: Salads and cold sandwich selection

Thursday, September 17

Line A: Beef or chicken taco salad, chips, salsa

Line B: Chicken nuggets or Sloppy Joe sandwich with rice and mixed veggies

Line C: K-12 Menu

Line D: Salads and cold sandwich selection

Friday, September 18

Line A: Cheeseburger, fries, fresh veggies, ranch

Line B: Chicken fingers or buffalo chicken sub with mac and cheese and broccoli

Line C: K-12 Menu

Line D: Salads and cold sandwich selection

★ OUR NATION'S HISTORY ★

Before Benedict Arnold betrayed his young country and became the most infamous traitor in our history, he was among the greatest American soldiers of the Revolutionary War. But by the time he was named commander of the key fort at West Point, New York in the summer of 1780, he had already been secretly collaborating with the British enemy for over a year.



★ WITH LIBERTY & JUSTICE FOR ALL ★

Monday, September 21

No School Today!

Tuesday, September 22

Line A: Stromboli, tomato sauce, side salad

Line B: Corn dogs or meatball hoagie with pierogis and carrots

Line C: K-12 Menu

Line D: Salads and cold sandwich selection

Wednesday, September 23

Line A: Cheeseburger sub, spiral fries, lettuce, pickles

Line B: Popcorn chicken or chili in a bread bowl with sour cream and green beans

Line C: K-12 Menu

Line D: Salads and cold sandwich selection

Thursday, September 24

Line A: Tacos, salsa, rice, corn

Line B: Corn dogs or meatball hoagie with rice and corn

Line C: K-12 Menu

Line D: Salads and cold sandwich selection

Friday, September 25

Line A: Pizza slice, onion rings, hummus, veggie sticks

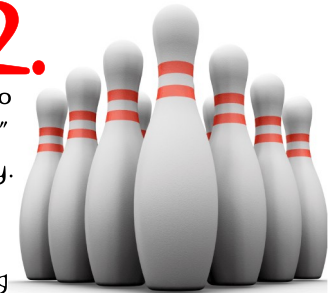
Line B: Popcorn chicken or chili in a bread bowl with fries and broccoli

Line C: K-12 Menu

Line D: Salads and cold sandwich selection

10 x 2.

Here's a simple way to roll a wellness "strike" twice a day, every day. Add just 10 minutes of daily exercise to whatever you're doing now. And get to bed just 10 minutes earlier than usual. Easy formula for improved wellness, right? Might even improve your bowling game!



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Monday, September 28

Line A: Orange chicken, rice, broccoli

Line B: Grilled chicken sandwich or Max cheese filled sticks with pasta and veggies

Line C: K-12 Menu

Line D: Salads and cold sandwich selection

Tuesday, September 29

Line A: Pasta, meatballs, tomato sauce, side salad

Line B: Beef and cheese burrito or spicy popcorn chicken with pierogis

Line C: K-12 Menu

Line D: Salads and cold sandwich selection

Wednesday, September 30

Line A: Cold turkey bacon wraps, lettuce, baked chips

Line B: Grilled chicken sandwich or Max cheese filled sticks with mac & cheese

Line C: K-12 Menu

Line D: Salads and cold sandwich selection

Only an Illusion

Which line is longer, A or B? Most of us would say that line B is obviously longer than A, but that's actually not the case -- they are exactly the same length. The perspective of the railroad tracks creates the illusion that the line between the tracks must be shorter! And, by the way, the "B" is also exactly centered on the "A"! If you're interested, you can learn more by searching on line for "Ponzo Illusion".

