

Lower Dauphin High School: Girls Tennis

2026-2027

Head Coach: Derek Margetan
Contact Info: dmargetan@ldsd.org

Sports You Team Page: <https://sportsyou.app>
Code: J24V-ER84 (OR SCAN BELOW)



Introduction

Parents and Athletes,

Welcome to the 2026-2027 Tennis Season! This will be my first year teaching at Lower Dauphin High School and first year coaching the Girls Tennis Team. I have 17 years of prior teaching experience and previously coached tennis for five years at Northern Lebanon High School. As a Lower Dauphin resident, I am beyond excited to be teaching and coaching in the district I call home. Below, you will find some additional information about the upcoming season. If you have any other questions, please reach out through the email listed above. Let's go Falcons!

Physicals

Mandatory physicals must be completed and physical forms must be turned in to the high school office by Thursday, August 16th. Please visit <https://highschool.ldsd.org/athletics/athletic-sport-physical-package> for more information and a copy of the required forms. All athletes must have completed and submitted the required physical in order to participate in our first practice on Monday, August 17th.

Practice/Match Information

Practices will run from 3:30 PM - 5:30 PM for the first week of practice. All remaining practices will run from 3:00 PM - 5:00 PM for the remainder of the season. Our full preliminary schedule can be found on the back of this page. Athletes are expected to wear appropriate athletic wear (skirts or shorts with pockets) for each practice. Each practice will begin with stretching and a dynamic warm up. The remainder of practice will consist of a variety of drills and match simulations. Once per week, we will hold challenge matches to determine the order for lineup spots. Depending on the size of our team this year, we may or may not have a JV squad. If we do not have enough players for a JV squad, I will do my best to take alternates to away matches. All players will attend home matches.

Uniforms

The district will provide each athlete a designated team top to wear to each match. Athletes are responsible for providing their own skirts. For this season, I will be gathering input from athletes regarding preferred colors and styles. More information regarding uniforms will follow.

Live Schedule: [Lower Dauphin Girls Tennis Schedule \(2026-2027\)](#)

		Event	Time	Location
Mon	8/17	Practice	3:30 PM -5:30 PM	LDHS
Tue	8/18	Practice	3:30 PM -5:30 PM	LDHS
Wed	8/19	Practice	3:30 PM -5:30 PM	LDHS
Thu	8/20	Practice	3:30 PM -5:30 PM	LDHS
Fri	8/21	Practice	3:30 PM -5:30 PM	LDHS
Sat	8/22	Scrimmage vs Trinity (Home)	10:00 AM (Arrive @ 9:00 AM)	LDHS
Sun	8/23	OFF	OFF	OFF
Mon	8/24	Match vs State College (Home)	4:00 PM (3:00 PM Arrival)	LDHS
Tue	8/25	Practice	3:00 PM - 5:00 PM	LDHS
Wed	8/26	Practice	3:00 PM - 5:00 PM	LDHS
Thu	8/27	Match @ Central Dauphin East (Away)	4:00 PM (Depart from School TBD)	Central Dauphin East
Fri	8/28	Practice	3:00 PM - 5:00 PM	LDHS
Sat	8/29	OFF	OFF	OFF
Sun	8/30	OFF	OFF	OFF
Mon	8/31	Practice & Picture Day (Bring Uniform)	3:00 PM - 5:00 PM	LDHS
Tue	9/1	Match vs Elizabethtown (Home)	4:00 PM (3:00 PM Arrival)	LDHS
Wed	9/2	Practice	3:00 PM - 5:00 PM	LDHS
Thu	9/3	Match vs. Mechanicsburg (Home)	4:00 PM (3:00 PM Arrival)	LDHS
Fri	9/4	Practice	3:00 PM - 5:00 PM	LDHS
Sat	9/5	OFF	OFF	OFF
Sun	9/6	OFF	OFF	OFF
Mon	9/7	OFF	OFF	OFF
Tue	9/8	Match @ Palmyra (Away)	4:00 PM (Depart from School TBD)	Palmyra Area High School
Wed	9/9	Practice	3:00 PM - 5:00 PM	LDHS
Thu	9/10	Match @ Central Dauphin (Away)	4:00 PM (Depart from School TBD)	Central Dauphin Senior High School
Fri	9/11	Match vs Dallastown (Home)	4:00 PM (3:00 PM Arrival)	LDHS
Sat	9/12	OFF	OFF	OFF
Sun	9/13	OFF	OFF	OFF
Mon	9/14	Match @ CV (Away)	4:00 PM (Depart from School TBD)	Cumberland Valley High School
Tue	9/15	Practice	3:00 PM - 5:00 PM	LDHS
Wed	9/16	Match vs Mifflin County (Home)	4:00 PM (3:00 PM Arrival)	LDHS
Thu	9/17	Practice	3:00 PM - 5:00 PM	LDHS
Fri	9/18	Match @ Hershey	4:00 PM (Depart from School TBD)	Hershey High School
Sat	9/19	OFF	OFF	OFF
Sun	9/20	OFF	OFF	OFF
Mon	9/21	Match vs Cedar Cliff (Home)	4:00 PM (3:00 PM Arrival)	LDHS
Tue	9/22	Practice	3:00 PM - 5:00 PM	LDHS
Wed	9/23	Practice	3:00 PM - 5:00 PM	LDHS
Thu	9/24	Match vs Carlisle (Home)	4:00 PM (3:00 PM Arrival)	LDHS
Fri	9/25	Practice	3:00 PM - 5:00 PM	LDHS
Sat	9/26	OFF	OFF	OFF
Sun	9/27	OFF	OFF	OFF
Mon	9/28	Match @ Northern (Away)	4:00 PM (Depart from School TBD)	Northern High School
Tue	9/29	Practice	3:00 PM - 5:00 PM	LDHS
Wed	9/30	Practice	3:00 PM - 5:00 PM	LDHS
Thu	10/1	Match vs Red Land (Home)	4:00 PM (3:00 PM Arrival)	LDHS
Fri	10/2	Practice	3:00 PM - 5:00 PM	LDHS
Sat	10/3	OFF	OFF	OFF
Sun	10/4	OFF	OFF	OFF
Mon	10/5	Match @ Chambersburg (Away)	4:00 PM (Depart from School TBD)	Chambersburg Area High School
Tue	10/6	Practice	3:00 PM - 5:00 PM	LDHS
Wed	10/7	Match vs Harrisburg (Home)	4:00 PM (3:00 PM Arrival)	LDHS