

Weekday	MON	TUE	WED	THU	FRI
Date	31.8.2026	1.9.2026	2.9.2026	3.9.2026	4.9.2026
Morning Snack	STRAWBERRY LAVA 	PANDAN CUSTARD 	CHOCOLATE CROISSANT 	BANANA CAKE 	CINNAMON SNAIL 
Salad Bar	GREEK SALAD romaine coss , iceberg lettuce , cucumber , cherry tomatoes , red bell pepper , green bell pepper , red onion , feta cheese , kalamata olives , chickpeas , lemon oregano dressing 	LEMON DRESSING SALAD romain coss , red coral lettuce , cucumber , yellow bell pepper , red cabbage , roasted pumpkin , edamame , green apple , boiled egg , sunflower seeds , lemon dressing 	APPLE GARDEN SALAD butterhead lettuce , iceberg lettuce , apple , japanese cucumber , cherry tomatoes , carrot , sweet corn , red beans , red onion , croutons , apple mayonnaise dressing 	CAESAR SALAD romaine coss , iceberg lettuce , cherry tomatoes , carrot , sweet corn , boiled egg , grilled chicken , ham , croutons , parmesan cheese , caesar dressing 	MEXICAN MADNESS marinated tempeh , mixed salad leaves , sweet corn , red bean , cherry tomatoes , cucumber , mixed bell peppers , red onion , mild jalapeno salsa , tortilla chips , avocado dressing 
Fruits	SELECTED SEASONAL FRUITS 	SELECTED SEASONAL FRUITS 	SELECTED SEASONAL FRUITS 	SELECTED SEASONAL FRUITS 	SELECTED SEASONAL FRUITS 
International	PORK ZURICH 	FRIED FISH & TARTAR SAUCE 	PORK CHILI CON CARNE 	PORK IN ROSÉ SAUCE 	BEEF LASAGNA 
	PARMESAN CHICKEN 	CHICKEN PICCATA & LEMON BUTTER SAUCE 	CHICKEN FRICASSEE 	CHICKEN SCHNITZEL 	CHICKEN & GARLIC HERB SAUCE 
Side Dish	VEGETABLE LASAGNA 	FOUR CHEESE PASTA 	BAKED CREAMY VEGETABLES 	VEGETABLE RATATOUILLE	BROCCOLI GRATIN 
Asian	CHICKEN RED CURRY 	STIR-FRIED PORK & RED CURRY 	CHICKEN ADOBO 	PORK MASSAMAN 	FRIED FISH & FISH SAUCE 
	STIR-FRIED PORK & MUSHROOM SAUCE 	CHICKEN CHINESE STEW 	CHICKEN PANANG CURRY 	STIR-FRIED CHICKEN & ASPARAGUS 	PORK GREEN CURRY 
Side Dish	STIR-FRIED GLASS NOODLES & EGG 	THAI SPICY MUSHROOM SALAD 	PAD MEE BORAN 	THAI SPICY PAPAYA SALAD 	YAKISOBA 
Vegetarian	ROASTED MIXED VEGETABLES	ROASTED EGGPLANT & BELL PEPPER	SAUTÉED BROCCOLI & CARROTS	ROASTED BELL PEPPER & ZUCCIHINI	SAUTÉED VEGETABLES
	STIR-FRIED MIXED MUSHROOMS 	CRISPY CORN CAKE 	LARB TOFU 	STIR-FRIED KALE WITH TOFU 	TOFU PALO 
Noodles	EGG NOODLES WITH ROASTED RED PORK 	BEEF & BOAT NOODLES 	CHICKEN SUKIYAKI 	BRAISED CHICKEN NOODLES 	CHICKEN KAO SOI 
Side Dish Potatoes	SAUTÉED POTATOES & GARLIC	ROASTED POTATOES	MASHED POTATOES 	FRENCH FRIES	POTATO WEDGES
Side Dish Rice	VEGETABLE FRIED RICE 	JASMINE RICEBERRY	QUINOA RICE	ORGANIC BROWN RICE	EGG FRIED RICE 
Afternoon Snack	JAM SANDWICH 	CUSTARD BUN 	MIXED FRUIT YOGURT 	PORK GYOZA 	VEGETABLE SAMOSA 

