



Hudson High School

Grades 6-12
Spring 2026 Student Survey



Summary

Topic Description	Results	Comparison
Emotion Regulation How well students regulate their emotions.	62% ▼ 1 since last survey	59% Hudson City School District
Learning Strategies How well students deliberately use strategies to manage their own learning processes generally.	66% ▼ 2 since last survey	67% Hudson City School District
Perseverance How well students are able to persevere through setbacks to achieve important goals.	67% ▼ 3 since last survey	67% Hudson City School District
Social Awareness How well students consider the perspectives of others and empathize with them.	69% ▼ 2 since last survey	69% Hudson City School District
Supportive Relationships How supported students feel through their relationships with friends, family, and adults at school.	91% 0 since last survey	91% Hudson City School District
1,048 responses		



Emotion Regulation

Your average

62%

1,048 responses

Change

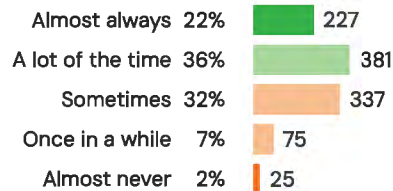
▼ **1**

since last survey

District average: **59%** Hudson City School District

How did people respond?

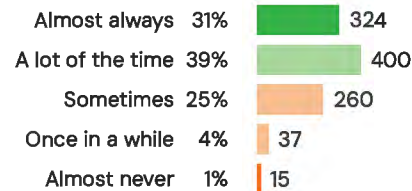
Q.1: How often are you able to pull yourself out of a bad mood?



▲ 0 from last survey

Favorable: **58%**

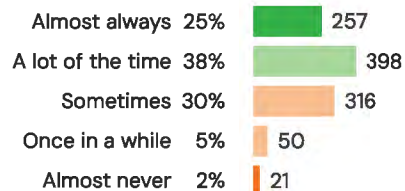
Q.2: How often are you able to control your emotions when you need to?



▼ 2 from last survey

Favorable: **70%**

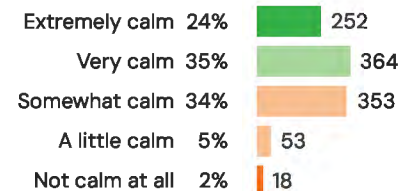
Q.3: When you get upset, how often can you get yourself to relax?



▼ 2 from last survey

Favorable: **63%**

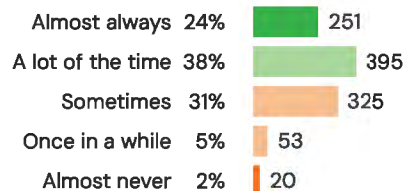
Q.4: When things go wrong for you, how calm are you able to stay?



▲ 0 from last survey

Favorable: **59%**

Q.5: When you get upset, how often do you stop to think before you act?



▲ 0 from last survey

Favorable: **62%**



Learning Strategies

Your average

66%

1,048 responses

Change

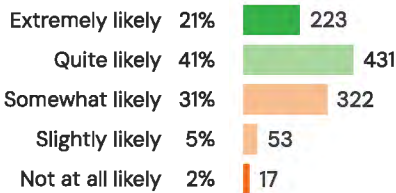
▼ 2

since last survey

District average: **67%** Hudson City School District

How did people respond?

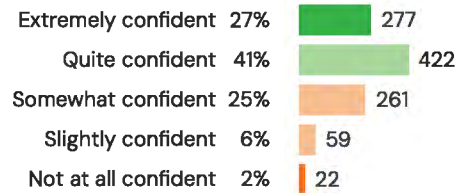
Q.1: When you get stuck while learning something new, how likely are you to try a different strategy?



▼ 2 from last survey

Favorable: **63%**

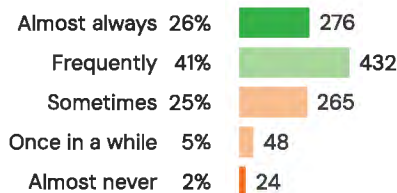
Q.2: How confident are you that you can choose an effective strategy to get your schoolwork done well?



▼ 2 from last survey

Favorable: **67%**

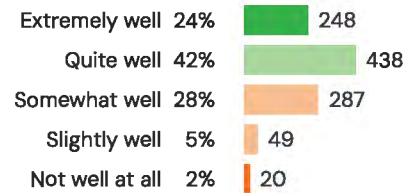
Q.3: Before you start on a challenging project, how often do you think about the best way to approach the project?



▲ 0 from last survey

Favorable: **68%**

Q.4: Overall, how well do your learning strategies help you learn more effectively?

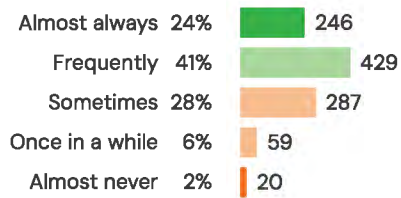


▼ 3 from last survey

Favorable: **66%**



How often do you use strategies to learn more effectively?



▼ 4 from last survey

Favorable: **65%**



Perseverance

Your average

67%

1,048 responses

Change

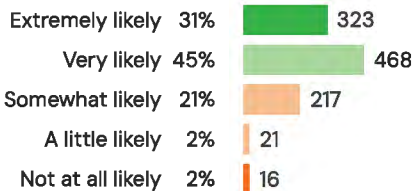
▼ **3**

since last survey

District average: **67%** Hudson City School District

How did people respond?

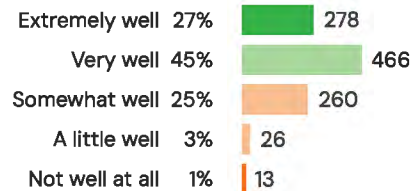
Q.1: If you fail at something that is important to you, how likely are you to try again?



▼ **4** from last survey

Favorable: **76%**

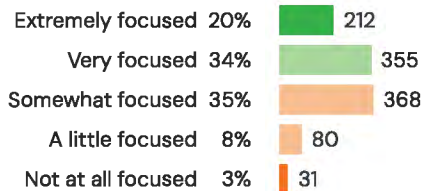
Q.2: How well can you keep working to reach your goals if problems come up?



▼ **5** from last survey

Favorable: **71%**

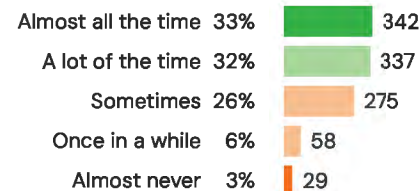
Q.3: When you are working on something that matters to you and there are distractions, how focused can you stay?



▲ **0** from last survey

Favorable: **54%**

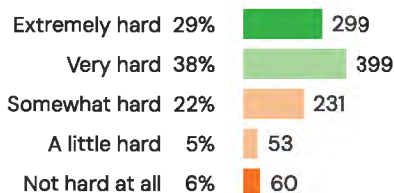
Q.4: How often do you get your work done, even when you don't feel like doing it?



▼ **2** from last survey

Favorable: **65%**

Q.5: How hard do you work to keep your promises, even if they are hard to keep?



▼ **7** from last survey

Favorable: **67%**



Social Awareness

Your average

69%

1,048 responses

Change

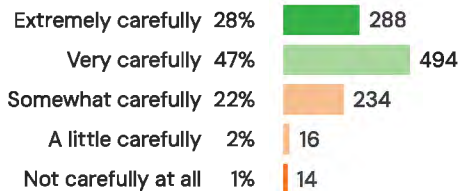
▼ **2**

since last survey

District average: **69%** Hudson City School District

How did people respond?

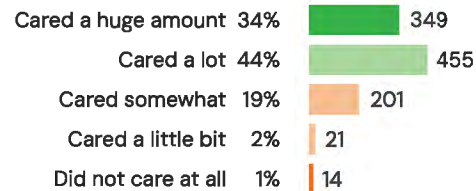
Q.1: During the past two weeks, how carefully did you listen to other people's opinions?



▼ **3** from last survey

Favorable: **75%**

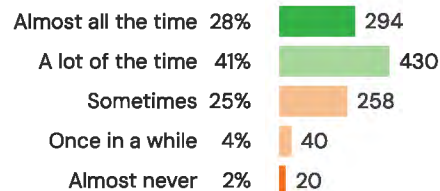
Q.2: During the past two weeks, how much did you care about other people's feelings?



▼ **3** from last survey

Favorable: **77%**

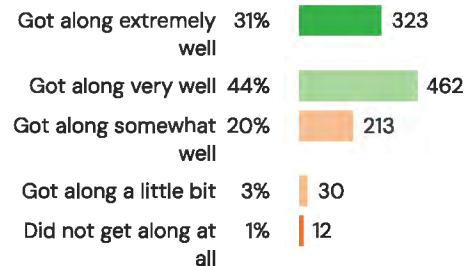
Q.3: During the past two weeks, how often did you compliment others' accomplishments?



▼ **1** from last survey

Favorable: **69%**

Q.4: During the past two weeks, how well did you get along with students who are different from you?

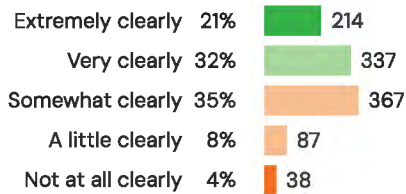


▼ **2** from last survey

Favorable: **75%**



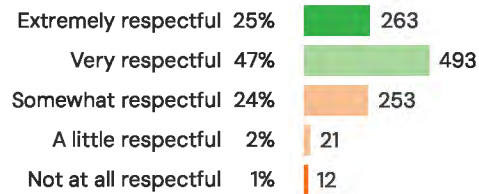
Q.5: During the past two weeks, how clearly were you able to describe your feelings?



▲ 0 from last survey

Favorable: **53%**

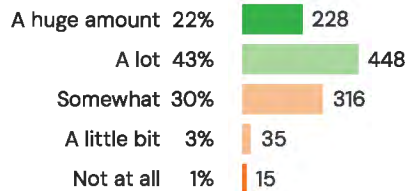
Q.6: During the past two weeks, when others did not agree with you, how respectful were you of their opinions?



▼ 2 from last survey

Favorable: **73%**

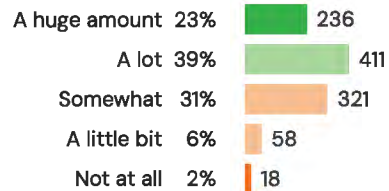
Q.7: During the past two weeks, how much were you able to stand up for yourself without putting others down?



▼ 4 from last survey

Favorable: **65%**

Q.8: During the past two weeks, how much were you able to disagree with others without starting an argument?



▼ 1 from last survey

Favorable: **62%**



Supportive Relationships

Your average

91%

1,048 responses

Change

0

since last survey

District average: **91%** Hudson City School District

How did people respond?

Q.1: Do you have a teacher or other adult from school who you can count on to help you, no matter what?

Yes 87%  907
No 13%  134

▲ 0 from last survey

Favorable: **87%**

Q.2: Do you have a family member or other adult outside of school who you can count on to help you, no matter what?

Yes 95%  987
No 5%  47

▼ 1 from last survey

Favorable: **95%**

Q.3: Do you have a friend from school who you can count on to help you, no matter what?

Yes 92%  958
No 8%  80

▲ 0 from last survey

Favorable: **92%**

Q.4: Do you have a teacher or other adult from school who you can be completely yourself around?

Yes 83%  860
No 17%  179

▲ 0 from last survey

Favorable: **83%**

Q.5: Do you have a family member or other adult outside of school who you can be completely yourself around?

Yes 94%  980
No 6%  60

▲ 0 from last survey

Favorable: **94%**

Q.6: Do you have a friend from school who you can be completely yourself around?

Yes 94%  977
No 6%  66

▲ 0 from last survey

Favorable: **94%**