

Extended Care Fall Enrichments - Session 2

Monday - PreK 3-4-JK & K - "Craft"ernoon

Character building "Craft"ernoon is for artists who simply can't get enough of art projects. This after school activity will offer fun hands-on art-making opportunities for Pre-K children to explore their creativity and develop their fine motor skills. Each session will begin with reading a picture book that has a message about building good character traits followed by an art activity related to the story.

This class will run on Mondays from 3:15-4:15 on 10/26, 11/2, 11/9, 11/16, 11/30 & 12/7

Monday - K-2nd - Vex Go Robotics

Let's take computer science and computational thinking off the screen to code and build with VEX Go robotics system. VEX Go streamlines into the VEX IQ and VRC systems used by our competitive middle and upper school robotics teams. In this class you will get to build your own robot and then code it to perform different tasks. Each class you will be tasked with a different challenge to accomplish. At the end of the course, we will put our skills to the test in the arena!

This class runs Monday's 3:15-4:15 on 10/26, 11/2, 11/9, 11/16, 11/30 & 12/7

Tuesday - PreK 3 & 4 – Cheernastics

Cheernastics will provide our future Panther Cheerleaders with a great introduction to cheerleading, dance, tumbling and teamwork! Cheerleaders will focus on motions, jumps, dance sequencing and learn basic tumbling skills: cartwheels, round offs, kick - overs etc. All skill levels are welcome. My Gym has been in business for over 35 years and is passionate about teaching kids in a fun and physically engaging environment. We are looking forward to a great experience!

This class will run on Tuesdays from 2:30-3:15 on 10/27, 11/3, 11/10, 11/17, 12/1 & 12/8

Tuesday - PreK 4 & JK - Little Geniuses (Chess)

The Knight School provides chess instruction for elementary students, with emphasis on Sportsmanship, Fun, and Chess prowess. Classes are structured to welcome all levels, from beginners to avid players. Every student receives their own chess set, Knight School T-Shirt, a child-safe account with Lichess.org for our weekend tournaments against other cities, and all the Tactix-Bands they can earn. The Knight School is an exciting, high-energy, super-fun chess party.

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Tuesday - K - 2nd - Cooking up some Holiday Fun

Grab your apron and get ready for the holidays as we create a variety of seasonal treats! (Second session)

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Tuesday - K-8th – Chess

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This class will meet on Fridays 3:15-4:45 on 10/27, 11/3, 11/10, 11/17, 12/1 & 12/8

Tuesday - 2nd-6th - Strength/Conditioning & Agility

This enrichment program is open to boys and girls in 2nd through 6th grade and serves as an introduction to fitness and healthy living. Students will learn foundational bodyweight exercises through our Block Zero program, focusing on proper movement before progressing to more advanced training. The course covers essential topics such as nutrition, recovery, and injury prevention. In addition to strength-building, students will engage in conditioning and agility exercises. Designed for both athletes and non-athletes, this program promotes the importance of exercise and equips students with the knowledge and habits for a healthy lifestyle. We will also incorporate fun games that will require the students to use their fitness skills.

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Tuesday - Private Voice Lessons - 4th-8th - 3:00-3:30/3:30-4:00/4:00-4:30/4:40-5:00

Develop your vocal technique and have fun singing! Private singing lessons are a time to work on your unique singing goals, sing the songs you love, and develop confidence in yourself. All lessons are tailored to the individuals' specific needs and unique talents.

My name is JoAnne and I am a voice teacher. I have a Master's Degree in Vocal Pedagogy, and I am obsessed with vocal health. I primarily teach musical theater and pop singers, but I also have students who sing classical and other commercial styles. My clientele ranges from professional actors to hobbyists, and I love working with all my students. I am here to demystify the voice and help you find freedom like you've never known before!

This class meets on Tuesday from 3:00-3:30 on 10/27, 11/3, 11/10, 11/17, 12/1 & 12/8

Wednesday - PreK 3 & 4, JK -K – Yoga

Stretch, breathe, and have fun! In this yoga enrichment it will help your child unwind, build focus, and boost their flexibility—all through playful poses and imagination. Each session is filled with music, movement, and mindful moments tailored just for young learners. It's the perfect way to end the day with calm energy and big smiles! Yoga mats will be provided.

This class meets on Wednesday from 3:15-4:15 on 10/28,11/4,11/11,11/18,12/2 & 12/9

Wednesday - K-2nd - Truth (Bible)

God draws us closer to His heart and reveals His amazing love for us through memorizing scripture through over 600 songs He has given us. By God's grace, we will memorize numerous verses, books of the Bible and headings that group the 66 books into 10 sections. God is making us Truth thinkers, Truth speakers and Truth seekers. Praise His name forever! We come hungry for more of Him and God fills us to overflowing!

This class will meet on Wednesday's from 3:15-4:15 - 10/28,11/4,11/11,11/18,12/2 & 12/9

Wednesday - 1st - 4th – Volleyball

This beginner-friendly enrichment program is designed to introduce students to the fundamentals of volleyball in a fun, positive, and supportive environment. Through engaging drills, team games, and age-appropriate activities, students will learn basic skills like passing, serving, setting, and movement on the court. Our focus is not only on building coordination and teamwork but also on fostering a love for the sport. Whether your child is brand new to volleyball or just looking to have fun with friends while staying active, this program is the perfect place to start!

This class will meet on Wednesdays from 3:15-4:15 - 10/28,11/4,11/11,11/18,12/2 & 12/9

Wednesday - 2nd-4th - Brain Builders

Learning important life skills has never been this much fun! Our Brain Builders class will help students build confidence while developing the skills they need to succeed in school and everyday life.

Through games, hands-on activities, movement, puzzles, crafts, and team challenges, students will strengthen essential executive functioning skills, including organization, planning, attention, memory, self-control, flexible thinking, and problem-solving.

Each session is designed to keep kids engaged, encourage friendships, and provide practical strategies they can use in the classroom, at home, and beyond. They'll leave feeling more confident, capable, and ready to take on new challenges—all while having a great time!

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Wednesday – K-4th - Architects, Builders, and Engineers: LEGO and Magna-Tile Creators

Get ready to build, design, and create! In Architects, Builders, and Engineers: LEGO and Magna-Tile Creators, students will put their creativity and problem-solving skills to the test through exciting hands-on challenges. Each week inspires imaginative construction, teamwork, and design thinking—perfect for young minds ready to explore, invent, and have fun!

This class will meet on Wednesdays from 3:15-4:15 - 10/28,11/4,11/11,11/18,12/2 & 12/9

Thursday - PreK 3-4 & JK & K PE Games

Please join Mrs. Kim for PE games! At this camp, kids will engage in a variety of fun physical activities designed to develop their motor skills, teamwork, and love for exercise. From obstacle courses and relay races to ball games and dance sessions, every day is packed with energetic and playful experiences. The camp fosters a supportive and inclusive environment where children can make new friends, build confidence, and enjoy the joy of movement. It's the perfect place for little ones to stay active, learn new skills, and have a blast.

This class will meet on Thursday's from 3:15-4:15 - 10/29,11/5,11/12,11/19,12/3 & 12/10

Thursday – (PreK 3-4-JK & K – 2:45-3:15) (1st/2nd - 3:15-3:45) (3rd/4 – 3:45-4:15) - Guitar

John Jackson is a professional musician with 40 years of experience. He has toured with Bob Dylan, Tom Jones, Lucina Williams and Shelby Lynne to name a few! He is eager to continue guitar instruction with FRA students because of his strong belief that music matters! In his guitar program, students will have the opportunity to express themselves through music, activate all regions of their brains, encourage self-discipline and have fun learning a great instrument! Students should bring their own guitar to this enrichment.

This class will meet on Thursdays 10/29,11/5,11/12,11/19,12/3 & 12/10

****You will need your own guitar****

Thursday - K - 2nd - Pretty Polished (Etiquette)

This engaging six-week enrichment program introduces students to timeless etiquette principles through interactive activities, role-playing, storytelling, and hands-on practice. Each lesson is designed to strengthen confidence, communication, and character while helping students understand that good manners are a meaningful way to demonstrate respect and care for others.

The curriculum complements Franklin Road Academy's commitment to developing students of strong character by reinforcing values such as kindness, respect, responsibility, gratitude, empathy, integrity, and servant leadership. Students will leave with practical life skills they can confidently apply in the classroom, at home, in their community, and throughout their lives.

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