

# Lunch Menu Struthers High School

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## SEPTEMBER



Breakfast Served Daily  
7:00 am — 7:45 am

Milk Choices Offered Daily  
Fat free chocolate  
1% low fat white  
Lactose free white available upon request

**MENUS SUBJECT TO CHANGE**

**Paid \$0.00**  
**Reduced \$0.00**  
**Adult \$5.00**

This institution is an equal  
opportunity provider

Whole Grains Available Daily

| MONDAY                                                                                                | TUESDAY                                                                                                 | WEDNESDAY                                                                                                   | THURSDAY                                                                                                      | FRIDAY                                                                                  |
|-------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|
|                                                                                                       | 1<br>Maxi Cheese Sticks<br>W / dipping sauce<br>Glazed carrots<br>Choice of fruit<br>Choice of milk     | 2<br>Wildcat Burger on Bun<br>Seasoned green beans<br>Choice of fruit<br>Choice of milk<br>Snack bag        | 3<br>Chicken Sandwich<br>Spicy or Regular<br>Mac – n - cheese<br>Choice of fruit<br>Choice of milk            | 4<br><b>NO SCHOOL</b>                                                                   |
| 7<br><b>NO SCHOOL</b>                                                                                 | 8<br>French Bread<br>W / dipping sauce<br>Steamed broccoli<br>Choice of fruit<br>Choice of milk         | 9<br>BBQ Rib Sandwich<br>French fries<br>Choice of fruit<br>Choice of milk                                  | 10<br>Beefy Nachos<br>Sour cream / chips<br>Salsa, cheese<br>Pinto beans<br>Choice of fruit<br>Choice of milk | 11<br>Cocca's Pizza<br>Romaine salad<br>Choice of fruit<br>Choice of milk<br>Cookie     |
| 14<br>Buffalo Chicken Dip<br>Chips<br>Veggies w / dip<br>Choice of fruit<br>Choice of milk            | 15<br>Bosco Cheese Sticks<br>W / dipping sauce<br>Vegetable medley<br>Choice of fruit<br>Choice of milk | 16<br>Popcorn Chicken<br>Mashed potatoes w / gravy<br>Roll w / butter<br>Choice of fruit<br>Choice of milk  | 17<br>Mini Corn Dogs<br>Seasoned green beans<br>Choice of fruit<br>Choice of milk                             | 18<br>Papa John's Pizza<br>Romaine salad<br>Choice of fruit<br>Choice of milk<br>Cookie |
| 21<br>Regular or Spicy<br>Chicken Sandwich<br>Scalloped potatoes<br>Choice of fruit<br>Choice of milk | 22<br>Maxi Sticks<br>Dipping sauce<br>Italian vegetable medley<br>Choice of fruit<br>Choice of milk     | 23<br>Cocca's Pepperoni Rolls<br>Dipping sauce<br>Seasoned green beans<br>Choice of fruit<br>Choice of milk | 24<br>Teriyaki Chicken<br>Fried rice<br>Choice of fruit<br>Choice of milk<br>Fortune cookie                   | 25<br>Cocca's Pizza<br>Romaine salad<br>Choice of fruit<br>Choice of milk<br>Cookie     |
| 28<br><b>NO SCHOOL</b>                                                                                | 29<br>Sloppy Joe or<br>Hot Dog on Bun<br>Split peas<br>Choice of fruit<br>Choice of Milk                | 30<br>Hamburger or<br>Cheeseburger<br>French Fries<br>Choice of fruit<br>Choice of milk                     |                                                                                                               |                                                                                         |
| CHECK OUT<br>Daily Alternates<br>                                                                     | Choice of Salads<br>Chicken Wraps<br>Sub Sandwich                                                       | PB & J<br>Club Sandwich                                                                                     |                                                                                                               |                                                                                         |