



Brooklyn Center Community Schools Wellness Committee Meeting Agenda 7.16.26

Please see page two for notes about program and content updates.

- Introductions and collective mindful moment; In attendance; Mykella Auld (comm member), Yazmin Guzman Gonzalez (staff), Madeline Anderson-Sarno (staff), Kelly Harjes (partner), Jackie Billhmer (partner); Shel Auld (staff)
- Grant Projects
 - MnDOT SRTS Coordinator grant - Shel
 - i. Mary returns the week of August 10; Shel and Brittany (accountant) are collaborating to complete and submit the 2026 Q2 budget report by the end of July (working on it this week)
 - ii. BCE site goal 26-27: Walking School Bus; Shel has scheduled a meeting in August for Mary to meet with the admin team and discuss routes / support
 - iii. October conference: MnDOT grant paying for up to five staff to attend the conference (current plan: Mary and Shel (co-presenting a mobile workshop), Guttu, Dean and Renee); Mary and Shel have developed the mobile workshop plan and slide deck at BCS
 - SHIP - Jackie and Kelly
 - i. SY2526 (6.1) funding: supplemental contract for Nutrition Services events and promotion in Sept (/Oct) + employee wellbeing project, Nurture Nooks
 - 1. Contract signed by Hennepin Co this week; confirmation has been received
 - 2. Nurture Nooks: a combined lactation room with supplies and supports for hormone shifts and “symptoms” through the aging process
 - a. Shel will order the supplies, furniture and equipment, and will create the language and signs to post in the “Nurture Nooks” and the serenity spaces
 - b. The Employee Experience team is scheduled to install and update the BCS space(s) on July 29; the BCE space(s) on Aug 5; the 5910 space(s) will be scheduled in August
 - 3. Taste test events to promote Nutrition Services
 - a. Shel and Jess meet next week to discuss and collaborate on Jess’ event / taste test plan and monthly schedule for SY2627
 - i. The staff-focused event will be purchased the last week of September and presented for staff engagement at the Employee Wellbeing Benefits Fair event on Oct 2.
 - b. County interested in longer-term vision, into multiple years, especially adult perceptions and attitudes (and passed to students) to support the free meals/food security for students
 - ii. Hennepin County interests and SY2627 (6.2 funding) plans?
 - 1. Invited committee to offer ideas and needs
 - 2. County interested in continuing focus on engagement around Nutrition Services (marketing, preparation around emergency social situations, etc.)
 - Medica - Shel
 - i. Appointment-based wellness services sustainability: scheduling adjustment plan for SY2627 (details in “Updates and Notes” below)
 - ii. Shel and Elizabeth are in the middle of the Wellbeing Benefits Fair event planning (vaccinations, local business donations, bloodmobile, vendor fair); the save the date emails will go out around August 1

1. Discussed having a table station for HRC communications (and distinguishing between student services vs. staff - Kavira)
- iii. Group yoga sessions begin in September (& guided mindfulness videos series)
- Nutrition Services grants / projects - Shel
 - i. Snacks during the school day conversations for SY2627 + nutrition ed lessons (BCE collaboration)
 - ii. Grants: Full Tray MDE; strategic funding plans
- Grow BCCS; Wellbeing & Community Schools/Engagement collaboration - Yazmin
 - i. Discussed Student Wellness Take-over Day event
 - a. [ECA: Community Days once per term](#) (last Friday of the month) = procuring partners to offer engagement activities for students (each event day will also include RP work); Yazmin and Mary will continue to promote SRTS at ECA; Shel will identify any dates to facilitate a session (yoga, guided mindfulness, nutrition ed, etc.); potential cooking session with Jackie B?
2. Changes in positions (site coordinators, family/community engagement, etc.)
- Health Services/ Health Resource Center - Madeline
 - i. HRC updates, start of school year plans
 1. Droplette instead of Docusign (1300 dental and HRC consent forms sent out, reminders sent every 3 days; have more consent forms returned already before the SY, than ever before)
 2. Attended the School-based Health Clinic National Conference; Annex in summer school classes / other partners quiet through the summer; Madeline working on vax and eye wear for summer school students
- District Collaboration and Programming
 - SY2627 PD training schedules and topics - Kella
 1. Partnership between The Work Well Studio and BCCS (past two+ years focused on wellbeing program strategies and action plan = identifying the need to fully codify the wellbeing work into all district departments and teams, through leaders work; utilizing the district wellbeing framework to expand ideas around power/personal leadership, locus of control, SEL, coherence throughout all positions
 - ii. +Site specific wellbeing topics invitations - Shel
 1. BCE: staff trauma PD sessions (co-present with Anthony) throughout the school year: first one scheduled on August 24, 2:30
- Continued program strategic plan action steps implementation, year two - Shel
 - i. [Continue building on collaborations](#)
- Closing: **Next meeting: Thursday, September 17 Time: 8:30 a.m.**, virtual (Zoom link: <https://us02web.zoom.us/j/83425660857>)

Other Program Updates and Notes:

- Completed the [annual program report](#) and presented it to the school board for SY2526
- Completed the fiscal year data analysis for the wellbeing services appointments: 680 total appointments, up 71.25% over SY2425; quarters 3 & 4 averaged six sessions per appointment day (full data will be presented at the annual program report presentation to the school board in July)
- Calendar management: summer appointments scheduling (outreach and scheduling of summer sessions); transition to SY2627 scheduling guidelines implementation (one site / day, Mon - Thur; 15, 30 or 45-minute options)
- Invited to facilitate morning centering practices for each of the two LEADS kick-off meeting days; engaged in the strategy planning process and team-specific assignments (ongoing)
- Completed the SY2526 performance management process and reporting with supervisor, along with review and position goals discussion for SY2627 (appointments sustainability, within personal capacities; program strategic plan action steps)

- Collaborated on the development of the SRTS conference mobile workshop with the SRTS Specialist, to be presented during the conference in Oct; supported both the strategic planning process and the fiscal year-end / summer transition of the SRTS position and programming/reporting duties; completed the ongoing annual bike fleet grant report and submitted to MnDOT
- Completed the year-end reporting requirements for the SHIP 6.0 funding; completed the agreement process for the supplemental SHIP 6.1 funding projects; implementation of the SHIPMates staff wellness Menopause/aging process project will happen in July and August, and the School Health student wellness Nutrition Services taste tests for students staff will happen in September and October
- Scheduled all of the site and department wellbeing goals /SY2627 planning meetings and managed each of the goals action step guides
- Completed the RP Council application process and engaged in the initial planning process for implementation options in SY2627
- Coordinated identification of spaces for the rearrangement of staff serenity spaces at BCS (to be done in July) and for the first floor of 5910
- Continued Nutrition Services collaboration, including: SY2627 “events” calendar for monthly taste testing and student engagement opportunities; Smart Snacks “shopping list” for staff and families (and potential online purchasing option); continued expectations-setting with school administrators for foods distributed to students during the school day, outside of the kitchens
- Managed the scheduling and meetings for expectations-setting with all site administration teams for foods during the school day, outside of the Nutrition Services program, for SY2627
- Continued research, development and creation of the SY2627 Community of Care scope and sequence four-session PD series; will be completed and ready for facilitation implementation by mid-August, for session one during August staff workshop week, session two at the October first Friday PD day, session three in December as an asynchronous training, and session four at the February first Friday PD day
- Completed level 1B of Healing Solutions practitioner training and am scheduled for level 1C to be completed in early August
- Continued collaborative planning of the Employee Wellbeing Benefits event; confirmed the second annual bloodmobile event, planned expectations-setting conversations to have with both the Employee Experience team members and the Operations department for assignments and responsibilities at the event
- Completed the Healing Solutions Level 1B training and am scheduled for the Level 1C training at the end of July; training to be incorporated into the staff wellbeing services for greater energetic and physical integration
- Continued updates on previous wellbeing campaigns for implementation through OST, and in classrooms
- Continued participation in the state-level Children’s Outdoor Bill of Rights Nature for Mental Health resources development
- Communications plans for start of the school year, including: Aging Hormone / Menopause Support project; update of District Nutrition Standards; SRTS plans; “From the Desk of the Wellbeing Specialist” article themes, Aug - Nov.