OaklandVLAC

VIRTUAL LEARNING ACADEMY CONSORTIUM

Course Guide

Grade K-5

2026-2027 School Year

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How to Use This Course Guides

Beginning with the 2023-2024 School Year VLAC will offer students in Grades K-5 Lincoln Learning Courses.

Students begin the school year with the following courses:

- Lincoln Orientation
- Lincoln ELA, Math, Science, and Social Studies

During the month of September, students will complete the Lincoln Orientation Course, i-Ready Reading and i-Ready Math diagnostic tests and complete several career exploration activities in Xello. Students will also begin their four core Lincoln courses. VLAC staff will analyze the results of these activities and share options for elective choices. Students will begin elective classes at the end of September. All students must have six classes on their schedule to participate in VLAC to be considered a full-time student.

Traditional Electives

VLAC will continue to offer traditional electives such as physical education, art, music. Students enrolled in these three classes will be provided with the accompanying materials kit if the kit is available from Lincoln.

i-Ready Personalized Instruction

i-Ready Personalized Instruction is an adaptive online program that provides individualized Reading and Mathematics lessons for students in Grades K–8. Students in grades K-8 have the option to use this course as an elective. Using results from the i-Ready Diagnostic, the platform delivers targeted instruction tailored to each student's skill level, helping them grow at their own pace. Lessons are grounded in research-based practices and designed to engage learners with age-appropriate content, interactive elements, and accessibility features for multilingual learners and students with disabilities. This elective supports both academic intervention and enrichment, making it ideal for students who would benefit from personalized support in Reading and Math.

Elementary Example Schedules

Traditional	Supported	Other 1	Other 2
Lincoln English	Lincoln English	Lincoln English	Lincoln English
Lincoln Math	Lincoln Math	Lincoln Math	Lincoln Math
Lincoln Science	Lincoln Science	Lincoln Science	Lincoln Science
Lincoln Social Studies	Lincoln Social Studies	Lincoln Social Studies	Lincoln Social Studies
Music	i-Ready Math	i-Ready Reading	Music
Physical Education	i-Ready Reading	Physical Education	Backpack Designer

Grade Level Advancement

When students enter public school, they are entered into a grade level which is tracked by the State of Michigan. Parents who want students placed into a grade level other than their currently assigned grade must go through your enrolling district process. For example, if you want your child retained at a grade level, the request and process takes place with your enrolling district. Students who want to advance in a subject level (not entire grade) may request this from your VLAC teacher. The teacher will ask that you exhaust your grade level i-Ready instruction lessons. If after students exhaust their grade level i-Ready instruction they have time in the school year to complete a reasonable portion of another grade level, and with enrolling district's permission, we will enroll students in the next grade level subject.

Elementary Courses

Kindergarten

English Language Arts

English Language Arts K builds essential early literacy skills through a structured, research-based approach. Students develop phonological and phonemic awareness alongside explicit, systematic phonics instruction, learning letter names, letter-sound relationships, and how to blend and segment sounds to read and spell simple words. Instruction emphasizes accurate decoding and encoding, with the use of decodable texts to support early reading development. High-frequency words are introduced in alignment with taught phonics patterns to promote automatic word recognition. Students engage with read-alouds and shared texts to build language comprehension, including understanding basic story elements and how illustrations support meaning. Writing instruction focuses on foundational skills such as letter formation, spacing, capitalization, and punctuation, as students begin to compose words and simple sentences. Speaking and listening opportunities are integrated throughout to support oral language development. A printed Parent and Teacher Guide is included to support learning at home.

Mathematics

In Mathematics K, students explore the world of mathematics all around them. They begin to develop foundational mathematics skills such as number identification, rote counting to 100 by memory, and place value. They learn the difference between more than and less than and explore the ways in which numbers can be decomposed. Students compare measurements, such as longer and shorter and heavier and lighter. They begin to develop problem-solving skills as they engage with simple addition and subtraction equations and word problems. Finally, students are introduced to basic geometry and learn the names and basic attributes of shapes. This course includes a Parent and Teacher Guide that supports student learning.

Science

Science K introduces emerging learners to the knowledge and skills that will help them discover and understand the natural world around them. In this course, students learn to formulate questions, to predict, and to investigate. They use basic scientific tools, such as a magnifying glass, a ruler, and a thermometer, to make observations and draw on those observations to communicate their findings. They learn to use their five senses as observational tools as well. They deploy their observational skills to describe animals and plants, their basic needs for survival, and their environments. Students discover the effect of sunlight on Earth's surfaces and the difference between sun and shade. Students explore weather types, weather patterns, and seasonal changes. They also examine the characteristics of force, including the difference between a push and a pull. This course includes a printed Parent and Teacher Guide that will help you support your student’s learning.

Studies Social

Social Studies K introduces emerging learners to the knowledge and skills that will help them to become active and valued participants in their community. Students discover the importance of rules and regulations in guiding community behavior, and they explore good citizenship and values such as respect, democracy, cooperation, and equality. Social Studies K establishes students' understanding of the past by teaching them the importance of a sequence of events and developing their skill in distinguishing fact from opinion. Finally, students learn about the world around them, including how geography influences society, how maps represent places, and how communities rely on trade in goods and services. This course includes a printed Parent and Teacher Guide that will help you support your student’s learning.

First Grade

English Language Arts

English Language Arts 1 is designed to build strong foundational literacy skills through a structured, research-based approach. Students develop phonemic awareness and phonics

through explicit, systematic instruction, learning to decode and encode words with accuracy. Daily practice with decodable texts supports the development of fluent reading, while exposure to a variety of literary and informational texts strengthens comprehension and knowledge. Vocabulary is taught directly through oral language, discussion, and meaningful context. Writing instruction is closely connected to reading, as students apply their knowledge of sounds, spelling patterns, and grammar to compose sentences and short opinion, informational, and narrative pieces. Students also develop speaking, listening, and basic research skills, including using text features and simple sources to answer questions. A printed Parent and Teacher Guide is included to support learning at home.

Mathematics

In Mathematics 1, students begin to learn mathematics in a more formal way. They focus on rote counting to 120 and practice reading and writing these numbers. In addition to strengthening their addition and subtraction skills, they compare two-digit numbers using place values and the comparison symbols for greater than, less than, and equal to. Students measure lengths and use measurements to compare the lengths of multiple objects using nonstandard measuring and units. They strengthen their geometry skills by drawing two-dimensional and three-dimensional shapes, and they explore fractions by dividing those shapes into halves and quarters. Students also organize, represent, and interpret data in pictures, tables, and charts. Additionally, they tell and write times in hours and half-hours. This course includes a printed Parent and Teacher Guide that will help you support your student's learning.

Science

Science 1 extends students' exploration of the natural world. Along the way, students practice making predictions and observations, experimenting, and using scientific tools and problem-solving skills. In this course, students investigate animals and plants, identify the basic needs of all living things, and compare plant and animal families. They examine how humans solve problems by mimicking plant and animal structures and functions. This course also introduces

patterns of the sun, moon, stars, and Earth that can be predicted. Students observe and discover the properties of light and sound and learn ways to communicate with light and sound. Finally, students develop their ability to distinguish problems from solutions and recognize the relationship between cause and effect. This course includes a printed Parent and Teacher Guide that supports student learning.

Social Studies

Social Studies 1 leads students beyond their local community to consider their place in their state, the nation, and the world. They explore the function and characteristics of government in the United States, including the role of rules and laws and the rights and responsibilities of citizens. Students also learn how to ask questions and gather information to understand history. The course focuses on developing students' knowledge of the interplay between the physical world and human societies, as they learn basic geography skills, such as map reading, and examine the impact of the environment on how and where people live and how regional variations drive trade in both goods and services. Finally, students build their understanding of good citizenship by identifying ways to contribute to the community and avoid conflict and by interacting respectfully with others. This course includes a printed Parent and Teacher Guide that will help you support your student's learning.

Second Grade

English Language Arts

English Language Arts 2 builds on foundational literacy skills through a structured, research-based approach. Students continue to strengthen phonics and word analysis skills, applying decoding and encoding strategies to read and spell increasingly complex words, including multisyllabic and irregularly spelled words, with growing accuracy and automaticity. Instruction emphasizes fluent reading through connected texts, while continued development of phonemic awareness supports advanced word reading. As students become more proficient readers, greater focus is placed on language comprehension, including identifying main ideas and key details, distinguishing fact

from opinion, and analyzing literary elements such as plot, setting, and point of view across a range of genres. Vocabulary instruction is explicit and systematic, supporting understanding of word meanings, word relationships, and multiple-meaning words. Writing instruction is integrated with reading, as students use grammar, spelling, and sentence construction skills to compose opinion, informational, and narrative pieces, using linking and sequence words to organize ideas. Students also develop research skills by gathering information from multiple sources to answer questions and produce short reports. Speaking and listening opportunities are embedded throughout to support language development. A printed Parent and Teacher Guide is included to support learning at home.

Mathematics

In Mathematics 2, students begin to develop the skills to solve problems mentally and to explain how they solved a problem aloud or through writing. They count to 1,000 and identify even and odd numbers. Students discover multiple strategies for adding and subtracting numbers and determine which strategies work best for various problem types. They work with number lines and use them to represent whole numbers and their sums and differences. In this course, students expand their knowledge of place value to include thousands and use this concept to compare numbers. They use standard units of measurement to express the length of objects in inches, feet, centimeters, and meters. Mathematics 2 introduces digital and analog time and presents students with word problems involving money. In addition to learning monetary values, students also learn to use the dollar and cent symbols appropriately. Students also deepen their understanding of geometric shapes while exploring fractions by dividing shapes into halves, thirds, and fourths. They are introduced to new ways of representing data, including line plots, picture graphs, and bar graphs. This course uses mathematics' manipulatives to help students visualize problems in addition to a printed Parent and Teacher Guide that will help you support your student’s learning.

Science

Science 2 encourages students to make sense of the world around them by observing and experimenting. Through focused readings and hands-on activities, students explore Earth and the matter that makes up its surface. They study the relationship between plants and animals through pollination and seed dispersion. They look deeply into several habitats on Earth and the plants and animals that live and grow there. Students examine and compare many different landforms and bodies of water. They research topics and formulate questions, make predictions, and then use scientific tools to observe and test their experiments. By recognizing patterns, solving problems, and identifying cause and effect, students develop the ability to make inferences and communicate their findings. This course includes a printed Parent and Teacher Guide that will help you support your student's learning.

Social Studies

Social Studies 2 empowers students to become productive citizens by developing their knowledge and skills in civics, history, geography, and economics. They deepen their understanding of the U.S. government by explaining the role of the three branches of government and of the U.S. Constitution. Students extend their knowledge of U.S. history to recognize the impact of important figures and movements of the past, and they begin to think like historians by identifying reliable sources, crafting compelling questions, distinguishing fact and opinion, and using timelines to structure a series of events. The course highlights the role of international relations, including both alliances and international trade, as well as the importance of geography and regional variations in resources and production. Finally, students learn core concepts of economics, including supply and demand, scarcity, and cost and benefits, as well as the functions of banks, and relate these concepts to individuals and communities. This course includes a printed Parent and Teacher Guide that will help you support your student's learning.

Third Grade

English Language Arts

English Language Arts 3 builds on students' foundational literacy skills through a structured, research-based approach, with an increased emphasis on fluency, comprehension, and written expression. Students apply their decoding and word analysis skills to read increasingly complex literary and informational texts with accuracy, appropriate rate, and expression. As reading becomes more automatic, instruction focuses on deepening language comprehension, including identifying main ideas and supporting details, analyzing cause and effect, and interpreting elements such as tone, mood, and figurative language across a variety of genres. Vocabulary instruction is explicit and systematic, supporting students' understanding of word meanings, word relationships, and the use of prefixes and suffixes. Writing instruction is closely integrated with reading, as students use grammar, spelling, and sentence structure to compose well-organized opinion, informational, and narrative pieces, while engaging in drafting and revision. Students also develop speaking and listening skills through discussion and presentations, and strengthen research skills by gathering, organizing, and presenting information from multiple sources. A printed Parent and Teacher Guide is included to support learning at home.

Mathematics

Students in Mathematics 3 focus on multiplication and division, as this course aims to build strong foundational skills in these areas. Students explore the relationship between multiplication and division and practice using the order of operations to solve problems, including one- and two-step word problems. In addition to using place value to perform multi digit arithmetic, students round numbers to the nearest ten or hundred. They refine their mathematics skills in relation to money by making change using a combination of bills and coins. Mathematics 3 presents area and perimeter to students as they explore linear and area measurements. They also work with fractions as numbers in this course, representing them on number lines, generating equivalent fractions, and comparing fractions with the same numerator and denominator. Finally, students

explore the ways in which various types of data can be displayed. This course includes a printed Parent and Teacher Guide that will help you support your student's learning.

Science

Science 3 guides students on an exploration of the natural world, its animals, its plants, and its terrain. They learn how clouds form, what causes the cycles of seasons and of day and night on Earth, and that light and sound are actually energy. Students examine the Earth's eight major biomes and identify how adaptations help plants and animals to survive varying conditions. They become junior meteorologists, able to explain weather and climate and to use weather instruments and knowledge of patterns to observe and predict the weather. Students recognize the information fossils can provide about the Earth's past and use geologic time scales to identify the eras when fossilized organisms lived. They explain how chemical reactions can change the properties of matter, and they investigate energy, magnetism, and electricity. Finally, students research topics and formulate questions, make predictions and observations, experiment and measure using scientific tools, and draw inferences and identify patterns based on their scientific inquiries. This course includes a printed Parent and Teacher Guide that will help you support your student's learning.

Social Studies

Social Studies 3 focuses on the United States, including its government and its laws. Students are encouraged to think about what it means to be productive, responsible citizens of both the nation and their own local communities. To support their learning about U.S. history and differing cultures and perspectives, students develop and research compelling questions on historical topics, work with credible sources, and distinguish between fact and opinion. Additionally, they learn to evaluate the validity of sources, especially websites. Students develop presentation skills that include constructing arguments to support their opinions and using visual aids to add interest to oral reports. They also expand their map-reading skills and learn the fundamentals of financial literacy. In addition to studying the United States, students examine the geography, culture,

history, government, and economy of three other world communities: Canada, Mexico, and India. This course includes a printed Parent and Teacher Guide that will help you support your student's learning.

Fourth Grade

English Language Arts

English Language Arts 4 builds on students' literacy development through a structured, research-based approach, with an emphasis on fluency, comprehension, vocabulary, and written expression. Students read increasingly complex literary and informational texts with accuracy and expression, applying strong word recognition and language comprehension skills to analyze text structure, compare and contrast ideas, and interpret themes across a variety of genres and cultures. Vocabulary instruction is explicit and systematic, supporting deeper understanding of word meanings, word relationships, and morphology, including prefixes and suffixes. Writing instruction is closely integrated with reading, as students plan, draft, revise, and edit well-organized opinion, informational, and narrative pieces using clear structure and appropriate grammar, spelling, and punctuation. Students continue to strengthen their understanding of language conventions, including sentence structure and usage, to communicate ideas effectively. Research skills are further developed through short projects that involve gathering, organizing, and citing information from multiple sources. Speaking and listening skills are reinforced through discussions and presentations, often supported by visual and digital tools. A printed Parent and Teacher Guide is included to support learning at home.

Mathematics

In Mathematics 4, students refine their skills in the areas of place value, measurement, geometry, fractions, and decimals. They use the order of operations to solve problems with whole numbers up to 1 million, and they explore factors and multiples ranging from 1 to 100. Students use equations, arrays, and area models to explain multiplication calculations. They compare multi-digit whole numbers, fractions, and decimals using the symbols for greater than, less than, and

equal to. Students practice converting measurements, such as feet to inches, and they use their understanding of size to determine whether measurements are reasonable answers to problems. Mathematics 4 introduces students to the protractor, which they use to measure angles in whole number degrees. Students learn to identify right triangles, and they sketch angles, lines, segments, and rays. Students look closely at fractions and decimals in this course by writing equivalent fractions, ordering fractions from least to greatest, comparing fractions with different numerators and denominators, and writing fractions as decimals and vice versa. This course includes a printed Parent and Teacher Guide that will help you support your student's learning.

Science

Science 4 lays a foundation for future excellence in the STEM fields by introducing technology and engineering concepts, such as simple and complex machines and the steps of the engineering design process. This course encourages students to become innovative problem-solvers equipped with the skills and knowledge necessary to address twenty-first-century issues. Students explore the technical and sometimes surprising facts behind the things they see and experience every day. They expand their knowledge and understanding of topics in the areas of physics, chemistry, Earth science, ecology, biology, and space science. Students investigate genetics and the physical characteristics of living things, ecosystems and extinction, agriculture and sustainable resources, and pollution and recycling. They get to know the Earth’s landforms and the types of rocks and soil and extend their learning beyond the Earth to the solar system and the Milky Way. Finally, students encounter important concepts in physics, such as the types and properties of waves, and in chemistry, such as atoms, molecules, and the conservation of mass. This course includes a printed Parent and Teacher Guide that will help you support your student’s learning.

Social Studies

Social Studies 4 introduces students to critical analysis as they develop detailed knowledge of the United States, its regions, and the influence of individual perspectives on documents and events. Students assess and use a wide variety of primary and secondary sources to research compelling

questions through supporting questions and present interpretations and arguments in both written and oral forms, supporting their positions with details drawn from reliable sources. Students learn the rights and responsibilities of citizens and how people and groups can work together to accomplish common goals. Students also explore how regional differences in physical environments and cultures affect how people live and work. This course fosters a command of the concepts and tools of geography, such as latitude, longitude, maps of various kinds, and scales. Students will also gain an understanding of core aspects of economics, including resources, production, consumption, and international trade. This course includes a Parent and Teacher guide that supports student learning.

Fifth Grade

English Language Arts

English Language Arts 5 strengthens students' literacy skills through a structured, research-based approach, with an emphasis on fluent reading, deep comprehension, vocabulary, and written expression. Students read a wide range of increasingly complex literary and informational texts, applying strong word recognition and language comprehension skills to analyze author's purpose, make inferences, compare multiple accounts, and interpret literary elements such as theme and figurative language. Vocabulary instruction is explicit and systematic, supporting students' understanding of word meanings, word relationships, and morphology, including prefixes, suffixes, and multisyllabic word patterns. Writing instruction is closely integrated with reading, as students plan, draft, revise, and edit well-structured opinion, informational, and narrative pieces, including multi-paragraph compositions with clear organization and supporting evidence. Students continue to develop command of grammar, spelling, and sentence structure to communicate effectively. Research skills are expanded through gathering, evaluating, and synthesizing information from multiple sources, with an emphasis on note-taking, paraphrasing, and citing sources. Speaking and listening skills are reinforced through discussions and presentations that require clear organization and use of relevant details. A printed Parent and Teacher Guide is included to support learning at home.

Mathematics

Mathematics 5 focuses on developing students' math skills and problem-solving strategies. Problems and activities are designed to get students reasoning abstractly and quantitatively, constructing arguments, and modeling with mathematics. Students add, subtract, and multiply fractions, divide fractions by whole numbers, and divide whole numbers by fractions. They perform multiple operations with decimals in addition to comparing, ordering, and rounding them. They use exponents to denote powers of 10. Students are introduced to volume and how to calculate it and classify two-dimensional shapes into categories. They also graph data on a plot line and the coordinate plane, using graphs to solve real-word and mathematical problems. This course includes a printed Parent and Teacher Guide that will help you support your student's learning.

Science

Science 5 puts the emphasis on doing science. Students build their knowledge by crafting models, conducting experiments, creating terrariums, and making electromagnets. They learn about plant and animal cells and their functions, photosynthesis, and the roles of producers, consumers, and decomposers in an ecosystem. Students explore the global water cycle, the negative impacts of weather, and the relationship between weather and climate. They deepen their understanding of their home planet by investigating landforms, volcanic activity, the layers of the Earth's atmosphere and geosphere, the tilt of the Earth's axis, the impacts of its revolution around the Sun, and the Sun's role as the source of energy for life on Earth. Students are introduced to elements as the basic substances of all matter and the relationship between matter and particles; they also encounter such core concepts of physics as energy transformation, gravitation, and Newton's first and second laws of motion. They design simple and parallel circuits and use the engineering design process to generate solutions to real-world problems. Finally, they conduct research, formulate questions, make predictions and observations, conduct fair tests using the scientific method, record their findings, and draw conclusions for future investigation. This course includes a printed Parent and Teacher Guide that will help you support your student's learning.

Social Studies

Social Studies 5 puts American history front and center, as students learn about the Native American civilizations of the Americas, the discovery of the New World by European explorers, the founding of the United States, westward expansion, and the coming of the Industrial Revolution. Students leverage research skills to analyze historical events and documents, and they present their findings using arguments based on reliable sources with supporting facts. They refine their ability to distinguish fact from opinion in the context of historical investigation. Students also broaden their understanding of government by recognizing how the system of checks and balances works at both national and state levels, and they identify and interpret important songs and symbols of the United States. Civic responsibility is woven throughout the curriculum, and students recognize the value of public service and the traits of good leaders. Social Studies 5 also explores the themes, tools, and techniques of geography. Students learn how human interaction with the environment has caused change, both beneficial and detrimental, in the past and in the present. Finally, they learn how the U.S. economy functions, including the role of government and multinational organizations in domestic and international trade. This course includes a printed Parent and Teacher Guide that will help you support your student's learning.

Lincoln K-5 Electives

The VLAC Elementary Elective Program consists of two elective choices. Students will choose two electives (total) from **Lincoln Learning** and/or **Defined Learning** courses. Students may also choose to enroll in i-Ready Reading and/or i-Ready Mathematics as electives that support or advance their current learning in Reading and Mathematics.

Kindergarten - Lincoln Elective - Art

In Art K, students are introduced to the ways in which they can express ideas and demonstrate their creativity through art. Throughout this course, students are encouraged to use their imagination to create art. They use a wide variety of materials to make their artwork, and they

learn safe methods for using those materials. They explore the importance of working with others by collaborating both to create art and to solve artistic problems. Students use multiple techniques while working with the same artistic medium, and they create various scenes, including a nature scene, a construction scene, and an underwater scene. This course will teach students to develop and carry out a plan to create and revise their work, and it guides them through the process of creating a personal art portfolio. In addition, Art K encourages students to begin thinking about the artwork of others. They learn about well-known artists and the common tools those artists used. They also learn about art museums and consider how pieces of artwork make them feel. Finally, students create works of art that are of a more personal nature, including art depicting their own community, a self-portrait, and an illustration of their favorite book. Throughout Art K, students learn art terminology so that they are able to connect ideas and demonstrate the beginnings of a strong artistic foundation.

Kindergarten- Lincoln Elective - Music

In Music K, students are introduced to the expression of ideas and creativity in music through active involvement. Students respond, connect, perform, and create music to enhance gross and fine motor skills, vocal development, self-expression, personal connection, originality, visual recognition, and audiation while developing music terminology.

Kindergarten - Lincoln Elective - Physical Education

Physical Education K offers students a comprehensive physical education course where the focus is to get students motivated to be active. Students begin by learning about the course requirement of 36 hours of organized, supervised physical activity. They also learn to document their activity in their PE Log. Next, students learn about different aspects of physical education, including different exercise and activity techniques in addition to information on leading a healthier lifestyle that allows them to be more physically fit. Topics such as safety, following directions, friendships with peers, and basic health and nutrition are reviewed. Regardless of the content covered in the daily lesson, students are expected to get up and move every day. They

can do so by using different movements, exercises, or the grade-appropriate physical education kit items, which are available to purchase. The kit is designed to work in conjunction with the course content and contains age-appropriate exercise and activity items. Adaptive physical education activities are available for this course.

First Grade - Lincoln Elective - Art

In Art 1, students explore the roles of both groups of people. Students learn how daily life can be used as inspiration and how it can be depicted through artwork. They categorize artworks according to the subject matter each is portraying. Additionally, students learn to recognize the elements of art and the principles of design, and they rate artwork. Students explore the ways in which artwork is created outside of the school setting, and they discover that art is made for different reasons. As practicing artists, students will develop their art vocabulary, art understanding, and artistic skills as they work through prompts supplied in the course.

First Grade - Lincoln Elective - Music

In Music 1, students are introduced to music fundamentals such as solfège, rhythms, dynamics, meter, instrument families, and dance forms. Each topic is presented using music and movement activities that include reading, singing, dancing, and writing. Students improvise original rhythmic compositions. They sing using various forms of musical expression and dance. They learn and practice proper stage and performance etiquette techniques, and they explore the ways in which music and dance work together to create specific dance forms. Students also learn about American composers whose music has influenced American society.

First Grade - Lincoln Elective - Physical Education

Physical Education 1 offers students a complete physical education experience where students are encouraged to live healthy lifestyles through good food choices and daily activity. The course begins by introducing students to the requirements for completion, which include 36 hours of organized, supervised physical activity. Students document all activity within their PE Logs. From

there, students learn about several different elements of a healthy lifestyle, including safety, working with others, responsibility, stretching, healthy versus unhealthy foods, and warming-up and cooling-down. Regardless of the activity students are asked to do on a given day, they are expected to get up and move for a certain amount of time within each lesson. This expectation encourages students to be active every day by creating a routine. Students can be active by performing different exercises, engaging in different activities, or by using items from their grade-appropriate physical education kits, which are available to purchase. The kit is designed to work in conjunction with the course content and contains age-appropriate exercise and activity items. Adaptive physical education activities are available for this course.

Second Grade- Lincoln Elective - Art

In Art 2, students explore artistic expression of their own personal interests. They learn to organize art into categories and to identify the various methods and materials used to create art. Throughout this course, students expand their artistic vocabulary, using it to describe the works they are studying. They explore the ways in which color can represent mood in artworks and create their own works to express their mood. While learning safe procedures for working with artistic materials, students experiment with mixing colors. In addition to creating artworks that depict family, school, and community life, students also gain familiarity with works from European and Asian cultures.

Second Grade - Lincoln Elective - Music

In Music 2, students explore musical expressions. They investigate how musical concepts such as tempo are used to achieve the musician’s expressive intent. Students identify the role and responsibility of a music composer and seek out the connections between music, other arts, daily life, and history. Throughout the course, they perform songs with movements and improvise rhythmic patterns and melodies. They create and record musical ideas through a recording device or on paper. Students learn to identify how personal interests and experiences influence music selection and instrument choice. Through these studies, they evaluate music from the Irish,

African, and Japanese cultures. Additionally, they work with standard and iconic notation. Finally, students use the musical skills learned in this course to evaluate recorded music and make suggestions for improvement.

Second Grade - Lincoln Elective - Physical Education

Physical Education 2 provides students with a comprehensive physical education course. Within this course, students are encouraged to discover ways to live a healthy lifestyle, including better food choices and consistent activity. Students begin the course by learning about the required 36 hours of organized, supervised physical activity. They also learn to document their activity within a PE Log. The course then moves into different aspects of healthy living, discussing components of health and safety, nutrition, working with others, following directions, and several new and different exercises, activities, and techniques. Regardless of the activity the student is asked to do within a given day, they are encouraged to get up and move for a certain amount of time within each lesson. This expectation helps them to create a routine-like schedule. Students can be active by performing different exercises, engaging in different activities, or by using items from their grade-appropriate physical education kits, which are available to purchase. This kit, which is designed to work in conjunction with the course content, contains age-appropriate exercise and activity items. Adaptive physical education activities are available for this course.

Third Grade - Lincoln Elective - Art

In Art 3, students create, experiment, revise, present, analyze, and respond to artwork. Students learn the importance of presenting their art and the necessary components to consider when doing so, such as the display space, artwork preparation, and display limitations. Students revise and enhance their art to tell a better visual story. They also learn how to ask important questions regarding the imagery and materials an artist uses to better understand the message of the work. Art 3 gives students the observation tools they need to perceive their world and create art based on what they see and how they feel.

Third Grade - Lincoln Elective - Music

In Music 3, students explore musical basics such as melody, harmony, dynamics, tempo, timbre, texture, and context. They also reflect upon how these elements affect a listener's response to the music. Students use standard notation to read and write notes and rhythm in the treble clef and then practice playing those notes on instruments including the hand drum, rhythm sticks, and the soprano recorder. They learn about new musical ideas such as the pentatonic sound, major and minor scales, and singing in solfège. Finally, students identify key classical composers and explore new musical genres such as blues, bluegrass, country, jazz, and pop music.

Third Grade- Lincoln Elective - Physical Education

Physical Education 3 offers a comprehensive physical education course where students learn how to live a healthy lifestyle and are motivated to be active. Students begin by learning about the required 36 hours of organized, supervised physical activity required in the course and how to document their activity within a PE Log. After students learn the guidelines, they move into the course content, which covers topics ranging from safety, rules, and etiquette to various new, fun, and challenging activities and exercise techniques. Students learn the basic elements of each new activity, along with the proper way to execute the motions so that they can get the most benefits from the exercise. Regardless of the activity the student is asked to do within a given day, they are encouraged to get up and move for a certain amount of time within each lesson. This expectation helps them to create a routine-like schedule. Students can be active by performing different exercises, engaging in different activities, or by using items from their grade-appropriate physical education kits, which are available to purchase. This kit, which is designed to work in conjunction with the course content, contains age-appropriate exercise and activity items. Adaptive physical education activities are available for this course.

Fourth Grade - Lincoln Elective - Art

In Art 4, students begin thinking about the meaning behind works of art. They work both independently and collaboratively to brainstorm ideas for visual art, set artistic goals, and create

meaningful artistic pieces. Students experiment with oil pastels and nontraditional art-making approaches and materials. They explore how regional influences can inspire an artist and create their own art based on regional inspirations. Students observe the various ways in which art can be displayed, where it can be displayed, and how its placement can impact the artist's message. Students compare works from different cultures and create art to reflect their own cultural traditions. They also learn to use context to interpret artwork and infer information about the time, place, and culture in which works were created.

Fourth Grade - Lincoln Elective - Music

In Music 4, students identify how the elements of music (melody, harmony, timbre, dynamics, and tempo) affect what a piece of music communicates to a listener. Students label or perform three different examples of rhythm in addition to musical notes such as the eighth note and the sixteenth note. They identify notes on the bass and treble clef. Students learn the difference between sharps and flats and major and minor scales. They create simple melodies with chords and mark tempo, time signature, and signature key. Students explore different musical characteristics and instruments from Africa in addition to Latin American and Celtic music and dance. Finally, students explain how social and cultural contexts influence a musical performance.

Fourth Grade - Lincoln Elective - Physical Education

Physical Education 4 provides students with a complete physical education experience where they not only learn how to live healthier lifestyles, but they are also taught and encouraged to be active every day. The course begins with an introduction to the requirements for completing the course successfully. Students must participate in, and document, at least 36 hours of organized, supervised physical activity within a PE Log. Then, students move into the content, which ranges in topics from the five components of physical fitness and safety, rules, and etiquette to various new, fun, and challenging activities and exercise techniques. Before attempting each activity, students receive instruction on the basic elements and the proper execution of each movement so that they can get the most benefits from the exercise. Regardless of the activity the student is

asked to do within a given day, they are encouraged to get up and move for a certain amount of time within each lesson. This expectation helps them to create a routine-like schedule. Students can be active by performing different exercises, engaging in different activities, or by using items from their grade-appropriate physical education kits, which are available to purchase. This kit, which is designed to work in conjunction with the course content, contains age-appropriate exercise and activity items. Adaptive physical education activities are available for this course.

Fifth Grade - Lincoln Elective - Art

Art 5 gives students opportunities to work with a wide range of materials, from metal to watercolors, all while further developing their techniques and skills as artists through repeated practice. Students learn to analyze, interpret, and talk about art with their peers as well as other admirers of art. They are introduced to the idea of cultural associations and perceptions and are asked to look at imagery critically. In doing so, students learn to decide how the details of their own work could be interpreted by others. Throughout this course, students create artwork that will bring attention to topics they find important. Their work will illustrate their awareness of their surroundings and will show their developing artistic abilities.

Fifth Grade - Lincoln Elective - Music

In Music 5, students demonstrate their ability to create, perform, analyze, and respond to music while making connections to personal, social, cultural, and historical perspectives. By the end of the course, students will be able to read music notation, compose music, and improvise original melodies. Students will also apply what they learn through interactive learning activities and performances on a variety of instruments including, but not limited to, the tambourine, rhythm sticks, maracas, and the soprano recorder.

Fifth Grade - Lincoln Elective - Physical Education

Physical Education 5 offers a comprehensive physical education course where students are taught the basics for healthy and active living. Students begin by learning about the 36 hours of

organized, supervised physical activity required for the course and how to document their activity in a PE Log. Next, students begin to engage with the content, which includes topics about safety and journaling in addition to new, fun, and challenging activities and exercise techniques. Before attempting each activity, students receive instruction on the basic elements and the proper execution of each movement so that they can get the most benefits from the exercise. Regardless of the activity the student is asked to do within a given day, they are encouraged to get up and move for a certain amount of time within each lesson. This expectation helps them to create a routine-like schedule. Students can be active by performing different exercises, engaging in different activities, or by using items from their grade-appropriate physical education kits, which are available to purchase. This kit, which is designed to work in conjunction with the course content, contains age-appropriate exercise and activity items. Adaptive physical education activities are available for this course.

Lincoln Elective - Introduction to Foreign Language

The Introduction to Foreign Language course is geared toward students who are interested in taking a foreign language course, but are not sure in which language they would like to begin their studies. This course provides an introduction to German, Spanish, and French languages, allowing students to explore the culture and other important dynamics associated with each language. Students learn the basic vocabulary and structures of the languages in ways that are fun and educational.

Lincoln Elective - Beginner French 1

Beginner French 1 introduces primary learners to French vocabulary in the context of everyday communication topics such as family, friends, school, home, numbers, food, animals, activities and the calendar. Learners explore French-speaking countries, culture, and music as they learn to understand, speak, read, and write the language.

Lincoln Elective - Beginner French 2

Beginner French 2 continues to introduce primary learners to French in the context of everyday communication topics. Learners will ask and answer questions to describe themselves, family, friends, time, basic math, weather, activities, places, and the calendar. Learners explore French-speaking countries, culture, and music as they learn to understand, speak, read, and write the language.

Lincoln Elective - Beginner Spanish 1

Beginner Spanish 1 introduces primary learners to Spanish vocabulary in the context of everyday communication topics such as family, friends, school, home, numbers, food, animals, activities and the calendar. Learners explore Spanish-speaking countries, culture, and music as they learn to understand, speak, read, and write the language.

Lincoln Elective - Beginner Spanish 2

Beginner Spanish 2 continues to introduce primary learners to Spanish in the context of everyday communication topics. Learners will ask and answer questions to describe themselves, family, friends, time, basic math, weather, activities, places, and the calendar. Learners explore Spanish-speaking countries, culture, and music as they learn to understand, speak, read, and write the language.

Lincoln Elective - Introduction to Typing

In the Introduction to Typing course, students study the proper typing techniques in order to increase their typing speed or WPM (words per minute). Students practice proper posture, finger positioning, and typing strategies, and they explore safe Internet practices.

Lincoln Elective - Cursive Handwriting

In the Cursive Handwriting course, students will have the opportunity to learn the art of cursive handwriting. This course uses videos and written lessons to demonstrate and explain how each letter is written. Students practice their cursive writing using engaging worksheets.

Xello

Xello is an online program that students at VLAC use to help them prepare for the future. It offers a variety of career and college readiness activities for students in grades kindergarten through the end of high school. These activities help students build self-knowledge, explore their options, and create achievable plans. They develop the 21st-century skills needed to thrive in the world of work. Students discover a variety of careers and their clusters, develop their problem-solving and community building skills, and gain a better sense of self.

Xello playlist for families:

Watch Xello for Families Playlist on YouTube