TELADOC

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American Health Holding

Getting started with Teladoc®



Teladoc gives you access 24 hours, 7 days a week to a U.S. board-certified doctor through the convenience of phone, video or mobile app visits. Set up your account today so when you need care now, **a Teladoc doctor is just a call or click away**

1

SET UP YOUR ACCOUNT

Set up your account by phone (toll-free) web, mobile app or by texting **"Get Started"** to **469-844-5637**

Online:
Go to Teladoc.com and click **"set up account".**

Mobile app:
Download the app and click **"Activate account"**. Visit teladoc.com/mobile app to download the app.

Call Teladoc:
Teladoc can help you register your account over the phone.

2

PROVIDE MEDICAL HISTORY

Your medical history provides Teladoc doctors with the information they need to make an accurate diagnosis.

3

REQUEST A CONSULT

Once your account is set up, request a consult anytime you need care. And talk to a doctor by phone, web or mobile app

Talk to a doctor anytime for **free!**

MyDrConsult.com

1-800-DOC-CONSULT (362-2667)

Available on the iPhone App Store

ANDROID APP ON Google play

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When you need a doctor, make a smart choice.

1 → 2 → 3

Teladoc®
The convenient choice

- ✓ Talk to a doctor in minutes
- ✓ Visit by phone or video
- ✓ Available 24/7/365, anywhere[1]
- ✓ Get a prescription[2]
- ✓ Never more than an office visit
- ✗ Cannot treat more severe medical conditions

Family Doctor
The in-office choice

- ✓ Long-term relationship
- ✓ Periodic checkups
- ✓ Treats more severe issues
- ✗ May not be available for days
- ✗ Must leave home or work
- ✗ Sit in a waiting room with other sick people

Urgent Care/ER
The emergency choice

- ✓ Available 24/7/365
- ✓ Treats emergency issues
- ✗ High cost of care
- ✗ Long wait times
- ✗ Must leave home or work
- ✗ Sit in a waiting room with other sick people

Need a doctor? Think of Teladoc first.

MyDrConsult.com | 1-800-DOC-CONSULT (362-2667) | |

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