

SIMLE VOLLEYBALL PARENT MEETING 2026



COACHES

*Britta Farthing- 8th A

Hannah Hedge- 8th B

*Kristen Hahne- 8th C

*Emily Nelson-8th C

Mari Riehl- 7th A

Alyda Sigette- 7th B

*Kaylee Pinks- 7th C

*Talyn Hertz- 7th C

*Work at Simle

TO DO

1. **Physical-** Cannot tryout without this!!

- Walk in physical locations

2. **Register Online- Arbiter**

3. **Pay Activity Fee-**

- MyPayments Plus or in the main SMS Office

4. Download SportYou! All teams will communicate

with this app.



PRACTICES

Know your practice schedule. Nets set up and volleyball attire on
before practice times!

Before School

After school

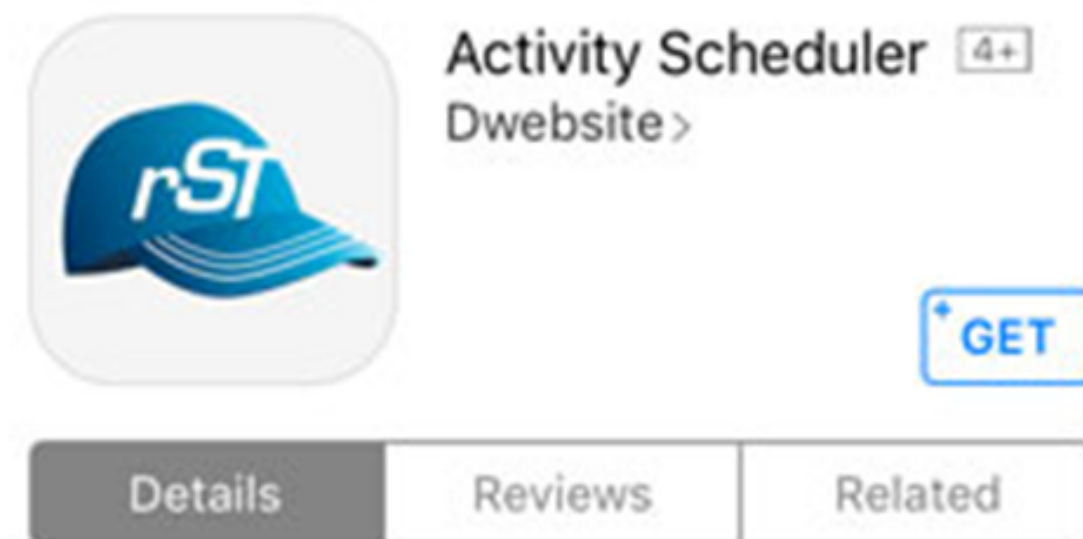
Attire

- Knee Pads
- Black Shorts/Spandex
- Tennis Shoes
- No Jewelry

GAMES

Some coaches print game/practice schedules

- Schedules posted online **MOST RELIABLE**
- Arrive early
- home games - book, score board, line judges



AWAY GAMES

- A & B teams could travel to Jamestown, Minot, or Dickinson
- Athletes are responsible for finding their own transportation to games played in the Bismarck-Mandan area

Travel Waivers

- Located under “Important Forms” section of the website
- Fill out and turn in to the coach if your Athlete will not be riding home on the bus

SEASON EXPECTATIONS

- Be on time
- Know game and practice schedule- communicate absences **early!**
May sit sets for missed-uncommunicated practice
- Know work schedule
- 24 hour rule
- Must have 9 practices to play the first game

Communication-

- First- athlete to coach
- Second- parent to coach

Club/Travel Sports “In-Season”

Students may not compete in games, competitions, or tournaments during the school sports season for each activity.

Practices with travel/club teams should be discouraged during the school season

6 game/contest suspension for violation of the rule



PARENT ROLES

- Cheer on all Simle Athletes
- Be a Good Spectator
- Positive Feedback Only @ Games
- Show School Spirit & Pride
- Be Mindful of How You Speak of Other Athletes

NDHSAA EJECTION POLICY

Any attendee ejected from a regular season or NDHSAA tournament contest:

1ST INFRACTION: 2 WEEKS SUSPENSION FROM ALL NDHSAA GAMES/EVENTS

2ND INFRACTION: SUSPENDED FOR 1 CALENDAR YEAR

Link: <https://ndhsaa.com/spectator-ejection-policy>

ELIGIBILITY

- Students must be in school for a *full day to participate in practices and games.
- Game eligibility is determined by a student's performance in the classroom:

*Students will be ineligible if they receive 2 or more failing ("F" letter) grades in their courses.

*For a Complete Explanation, refer to
Bismarck Public Schools Code of Conduct*

TRYOUTS

Coaches Look For:

- Current Skill Level & Game Awareness
- Communication (Positive)
- Coachability – Response to Feedback
- Leadership

Teams

- A1/A2 & B1/B2
- C teams (As many as needed – No Cuts)
- 8-10 players per team
- Move-ups Aren't Common, But They Do Happen

TRYOUTS

Monday- August 17th

- 7th Grade: 4:15- 5:45 pm (1.5 hrs)
- 8th Grade: 6:15- 7:45 pm (1.5 hrs)

Tuesday-Wednesday

- 7th grade: 4:00-5:30 PM (1.5 hours)
- 8th grade: 6:00-7:30 PM 1.5 hours)

Thursday & Friday

- See Practice Schedules online

Teams will be posted by tryout number online on [Wednesday Evening](#)

Practice times will be listed on the website for the following week.
Use The [Online Simle Events & Activities Calendar](#) for Game Schedules:
Link: [Teams posted Wednesday night!](#)

CLOTHING

PICTURES

Friday September 11th- AM and PM

MIDDLE SCHOOL VOLLEYBALL APPRECIATION NIGHT

**September 24th- all 7th and 8th grade
volleyball players will receive a free ticket
into the game**