

Fulton County Schools



Menus for August 2026

This institution is an equal opportunity provider. Menus are subject to change..

AVAILABLE DAILY

Breakfast

Yogurt Parfaits, Pop Tarts, Cereal, Muffin
w/Yogurt, Fruit, Juice & Milk

Option 2 Lunches

Monday– Pizza
Tuesday– Cheese Sticks
Wednesday– Cheeseburger
Thursday– Boneless Wings
Friday– Corn Dog

Option 3– Salad Bar

Monday, August 17

Breakfast

Biscuits & Gravy
w/Sausage

Lunch

Chicken Strips
Roll
Mashed Potatoes
Green Beans
Assorted Fruit
Juice & Milk

Tuesday, August 18

Breakfast

Bacon, Egg, Cheese &
Biscuit

Lunch

Chicken & Cheese
Quesadilla
Salsa
Corn
Refried Beans
Assorted Fruit
Juice & Milk

Wednesday, August 19

Breakfast

Tornado
w/Goldfish Graham

Lunch

Baked Rotini
Roll
Mac & Cheese
Baked Beans
Carrots & Celery
Ranch
Assorted Fruit
Juice & Milk

Thursday, August 20

Breakfast

Breakfast Bowl

Lunch

Sweet & Sour Chicken
Roll
Fried Rice
Broccoli & Cheese
Potato Wedges
Assorted Fruit
Juice & Milk

Friday, August 21

Breakfast

Iced Donuts

Lunch

Chicken OR Beef Nachos
Queso OR Cheddar
Salsa
Mexicali Salad
Refried Beans
Assorted Fruit
Juice & Milk

Wednesday, August 12

Breakfast

Breakfast Pizza

Lunch

Grilled Cheeseburgers
OR Hot Dogs
Mac & Cheese
Baked Beans
Assorted Chips
Assorted Fruit
Juice & Milk

Thursday, August 13

Breakfast

Cinnamon Biscuits

Lunch

Orange Chicken
Roll
Fried Rice
Broccoli & Cheese
Seasoned Crinkle Cut
Assorted Fruit
Juice & Milk

Friday, August 14

Breakfast

Chicken & Biscuit

Lunch

Chicken Rotel
Roll
Green Beans
Roasted Potatoes
Assorted Fruit
Juice & Milk



We're SO GLAD to see you!

It's going to be a

**GREAT
YEAR**

**and we can't wait
to serve your meals!**

NUTRITION TO GO

Traditionally, Caesar Salad is made with romaine lettuce, a more flavorful and nutritious alternative to iceberg lettuce. Romaine contains seventeen times more vitamin A than iceberg, 50% more vitamin C, twice the calcium and fiber, four times more vitamin K, and ten times more beta carotene. It's very high in folic acid, too.



Every complete meal we serve comes with your choice of milk!

A QUICK BITE FOR PARENTS

Monday, August 24

Breakfast

Biscuits & Gravy
w/Bacon

Lunch

Breaded Pork Chop
White Gravy
Roll
Mashed Potatoes
Green Beans
Assorted Fruit
Juice & Milk

Tuesday, August 25

Breakfast

Sausage, Egg, Cheese
& Biscuit

Lunch

Chicken & Cheese
Tortillas
Corn
Candied Carrots
Assorted Fruit
Broccoli & Tomato
Ranch
Juice & Milk

Wednesday, August 26

Breakfast

Breakfast Pizza

Lunch

Scrambled Eggs
Bacon OR Sausage
Biscuits & Gravy
Hashbrown
Assorted Fruit
Juice & Milk

Thursday, August 27

Breakfast

Cinnamon Biscuits

Lunch

General Tso Chicken
Fried Rice
Broccoli & Cheese
Seasoned Waffle Fries
Assorted Fruit
Juice & Milk

Friday, August 28

Breakfast

Chicken & Biscuit

Lunch

Meatball Sub
Green Beans
Breaded Okra
Cucumber & Cauliflower
Ranch
Assorted Fruit
Juice & Milk

Monday, August 31

Breakfast

Biscuits & Gravy
w/Sausage

Lunch

Salisbury Steak
Brown Gravy
Roll
Mashed Potatoes
Green Beans
Assorted Fruit
Juice & Milk

★ OUR NATION'S HISTORY ★

Before Benedict Arnold betrayed his young country and became the most infamous traitor in our history, he was among the greatest American soldiers of the Revolutionary War. But by the time he was named commander of the key fort at West Point, New York in the summer of 1780, he had already been secretly collaborating with the British enemy for over a year.

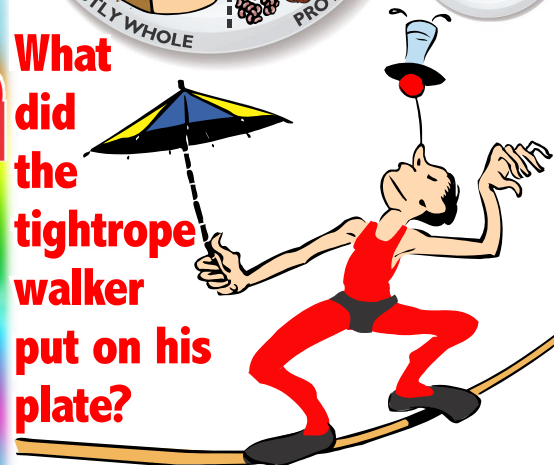


★ WITH LIBERTY & JUSTICE FOR ALL ★



What's on YOUR plate?

What did the tightrope walker put on his plate?



A WELL-BALANCED MEAL! And you should, too!

Eating lots of different kinds of food is one of the best ways to stay healthy. Just follow the advice on the My Plate graphic and you'll never lose your balance!

Learn more at www.MYPLATE.gov or <https://kidshealth.org/en/kids/nutrition/food/>

Only an Illusion

Which line is longer, A or B? Most of us would say that line B is obviously longer than A, but that's actually not the case -- they are exactly the same length. The perspective of the railroad tracks creates the illusion that the line between the tracks must be shorter! And, by the way, the "B" is also exactly centered on the "A"! If you're interested, you can learn more by searching on line for "Ponzo Illusion".

