

Water Smart, Water Safe: A Family Guide to New York's Outdoors

Clear, year-round safety rules for swimming and ice activities



SUMMER & OPEN WATER SAFETY



Stay within arm's reach of children.

Lack of adult supervision can lead to drowning in only two inches of water.

Use U.S. Coast Guard-approved life jackets.

Air-filled "water wings" and floats do not replace a properly fitted life jacket.



Never dive into water less than 8 feet deep.



Hidden rocks and logs in murky water can cause serious injuries.



WINTER & ICE SAFETY



Remember: "Thick and blue, tried and true."

White or "crispy" ice is risky; never assume frozen water is safe to walk on.



Avoid ice over moving water.

Ice is much thinner near running water, inlets, outlets, and docks.



Reach or Throw, Don't Go!

If someone falls in, use a branch or float—never jump in after them.

EMERGENCY CONTACTS

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PHONE NUMBER

NYS Forest Rangers

1-833-NYS-RANGERS

Local Emergency Services

911