

High School – Aug-Sept 2026

Harvest of the Month: Cherries/Carrots

Lunch includes: entrée listed below, fruit, milk, and an unlimited cold fruit and vegetable bar.

Hummus and Roll or Peanut-Butter (or Sunbutter) and Jelly Sandwich available as a substitution with advanced request.

All grains are at least 50% whole grain. Students must take ½ cup fruit and/or vegetables with meal. Milk choice includes skim, 1% and skim chocolate. Menu subject to change without notice, due to price and availability. This institution is an equal opportunity provider.

Lunch Menu

Kalispell Public Schools Food Service



Breakfast in the Cafeteria Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Free: if eligible Student: \$2.50 Reduced: \$0.30 Adult: \$3.50	Egg Ham and Cheese English Muffin OR Homemade Muffin w/String Cheese	Breakfast Burrito OR Pancakes and an 8oz Fruit Smoothie	Overnight Oats OR WG Cereal Fruit, Milk, Yogurt or String Cheese	Cheesy Eggs, & a WG Bagel OR Pancakes & a 8oz Fruit Smoothie	Biscuits & Gravy OR WG Cereal w/Fruit, Milk Yogurt or String Cheese

For questions about the menu, student accounts or eligibility for free or reduced meals please call FS Office 406-751-3400 x3443. *Community Eligibility Provision Qualified Schools include all District #5 Schools SY24-25 through SY27-28.

All Students must take at least ½ cup of fruit and/or vegetables to complete a school lunch.

A school lunch includes: (600-650 total calories), 1 cup milk, 1-2oz. grain, ¾ cup vegetables, ½ cup fruit.

Students must take at least ½ cup of fruit/vegetables.

Lunch Menu:	Monday	Tuesday	Wednesday	Thursday	Friday
Regular Prices Reduced: \$0.40 Student: \$3.75 Adult: \$5.75 Extra Milk: \$0.65			26 Cheeseburger 9th Only	27 BBQ Pulled Pork Sandwich	28 Spaghetti w/WG Roll
CEP Qualified Schools*- Breakfast & Lunch are Free for Students Local Now: Apples, Carrots, Burgers, Lentils, Wheat Montana Bread, Squash, and more!	Salad Bar Featuring -				
	31 Enchilada Casserole	1 Sloppy Joes w/WG Bun	2 Mac-n-Cheese w/Diced Ham & WG Roll	3 Bosco Sticks (2) w/Marinara	4 Hamburger Gravy over Mashed Potatoes w/WG Roll
	Salad Bar Featuring -				
	7 LABOR DAY!	8 Burrito Bar (Rice/Beans/Meat) w/WG Tortilla	9 Hot Ham & Cheese	10 Chicken Caesar Wrap	11 Shepard's Pie w/WG Roll
	Salad Bar Featuring -				
	14 Nachos (Beans/Rice/Meat)	15 Turkey Hot Dog w/Baked Chips	16 Stir Fry w/Brown Rice Early Out	17 Meatball Sub Sandwich w/WG Bun	18 Tater Tot Casserole w/WG Roll
	Salad Bar Featuring -				
	21 Pizza Burger 28 Cook's Choice	22 Butter Chicken over Brown Rice 29 Corndog w/Baked Beans	23 Buffalo Chicken Sandwich Early Out 30 Chicken Gyro w/WG Pita Early Out	24 Cheeseburger Wrap w/WG Tortilla	25 Pork Verde Chili W/WG Tortilla Chips
	Salad Bar Featuring -				

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Grill Menu	Grill Ham & Cheese, or Breaded Chicken Patty	Cheeseburger, & Baked Chips	Grilled Chicken Patty or Cheeseburger	Corn Dog or Cheeseburger & Baked Chips	Grilled Cheese Sandwich or Cheeseburger & Baked Chips
Pizza Menu	Chicken Quesadilla	BBQ Chicken Pizza or Hawaiian Pizza	Chicken-Spinach Pizza	Pesto-Ranch Pizza	Sausage or Mini Pita Pizza
Available Daily: Cheese & Pepperoni Pizza					
Deli Menu	-Crunch Hawaiian Chicken Wrap -Ceasar Salad w/chicken	-Tuna Salad Sandwich -Greek Salad w/Garbanzo & Feta	Spinach Salad w/Hardboiled Egg & Cheese	Egg-Salad Sandwich Ceasar Salad w/Chicken	Pita Hummus Plate Taco Salad w/WG Chips

