

EMS Sports Information 2026-2027

*All students can participate. We do not cut at the middle school level for athletics. A physical is required before the first practice. Physical forms are located outside of our main office. Fees are: **\$25 for one sport. Two or more sports would be another \$20 dollars (\$45 total for two or more sports).** Free and reduced lunch students pay a reduced fee of \$12.50 for one sport and \$22.50 for two or more sports. Fees can be paid at the main office.*

When practices are not immediately after school, athletes need to leave campus and come back for their practice time. We do not have an after- school program to supervise kids. Athletes can be on campus no sooner than 7 minutes prior to their practice. No students are allowed to stay on campus unsupervised.

In August/September:

Only Football starts the first day of school: The first school day is Wednesday and ends at 2:15 p.m. Practices are after school.

- **Football** starts the first day of school (August 26) if students have turned in a physical and paid their fees.
 - **Football gear checkout August 25 (Grade 8 - 3 to 4:30p.m. & Grade 7- 4:30- 6p.m.)**
 - Day one 7th & 8th grade starts at 2:30 p.m. Players report to the boy's locker room.
 - The following practice days start at 3:05 (3:30 on Wednesdays from the 2nd week on).
 - The first 3 days of football practice is Helmet, T-shirt, shorts, and cleats only. Football practice will end every day by 5:00 p.m. no matter the start time. Three non-contact practices are required from each player before full pads.
 - There will be football practice every day except game days.
 - Approximate end date week of October 12, 2026.
- **Girls Basketball** Starts Tuesday September 8th after school if students have turned in a physical and paid their fees.
 - Day One - 8th grade Girls Basketball Practice starts at 3:05 - 4:30
 - Day One - 7th grade Girls Basketball Starts at 4:30 – 6:00
 - Thursday and Friday 8th grade from 3:05 – 4:30 and 7th grade from 4:30 – 6:00
 - Approximate end date week of October 12, 2026.
- **Cross Country** Starts Tuesday September 8th.
 - Practice will begin at 3:05 on most days, 3:30 on Wednesdays - meets in the hallway in front of the gym near the trophy cases.
 - Cross Country races are often on a Monday.
 - Approximate end date week of October 12, 2026.

In October:

- **Boys Basketball** starts October 19th, 2026.
 - 8th grade practice starts at 3:05 - 4:30 the first three days
 - 7th grade practice starts at 4:30 – 6:00 the first three days
 - Times will vary by team once the boys are divided into teams.
 - Approximate end date December 11th, 2026.

In January:

- **Girls Volleyball** starts on January 4th, 2027.
 - 8th grade Girls Volleyball Practice starts at 3:10 - 4:30
 - 7th grade Girls Volleyball Starts at 4:30 - 6:00
 - Later in the week the start times will be communicated by coaches.
 - Approximate end date February 19, 2027
- **Wrestling** starts on January 11th, 2027, in the cafeteria at 3:05 p.m.
 - Approximate end date March 5th, 2027.

In February:

- **Girls Swimming** first practice is February 16th, 2027. A bus comes to EMS and transports the girls to the Great Falls High School Pool. East will let the girls know which bus number to get on. Swimmers need to be picked by parents no later than 5:15 p.m. at the Great Falls High School pool. The season is approximately a month long. Approximate end date is March 26, 2027.

In April

- **Boys and Girls Track** first practice is March 31, 2027 at 3:05 after school. Approximate end date is May 7, 2027.

<https://gfps.k12.mt.us/departments/athletics-sports-schedules>