

Middle School-Aug-Sept 2026

Harvest of the Month: Cherries/Carrots

Lunch includes: entrée listed below, fruit, milk, and an unlimited cold fruit and vegetable bar.

Hummus and Roll or Peanut-Butter (or Sunbutter) and Jelly Sandwich available as a substitution with advanced request.

All grains are at least 50% whole grain. Students must take ½ cup fruit and/or vegetables with meal. Milk choice includes skim, 1% and skim chocolate. Menu subject to change without notice, due to price and availability. This institution is an equal opportunity provider.

Lunch Menu

Kalispell Public Schools Food Service



Breakfast in the Cafeteria Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Free: if eligible Student: \$2.50 Reduced: \$0.30 Adult: \$3.50	Egg Ham and Cheese English Muffin OR Homemade Muffin w/String Cheese	Breakfast Burrito OR Pancakes and an 8oz Fruit Smoothie	Oatmeal OR WG Cereal Fruit, Milk, Yogurt or String Cheese	Cheesy Eggs, & a WG Bagel OR Pancakes & a 8oz Fruit Smoothie	WG Biscuits & Sausage Gravy OR WG Cereal w/Fruit, Milk Yogurt or String Cheese

For questions about the menu, student accounts or eligibility for free or reduced meals please call FS Office 406-751-3400 x3443. *Community Eligibility Provision Qualified Schools include all District #5 Schools SY24-25 through SY27-28.

All Students must take at least ½ cup of fruit and/or vegetables to complete a school lunch.

A school lunch includes: (600-650 total calories), 1 cup milk, 1-2oz. grain, ¾ cup vegetables, ½ cup fruit.

Students must take at least ½ cup of fruit/vegetables.

Lunch Menu: Regular Prices Reduced: \$0.40 Student: \$3.75 Adult: \$5.75 Extra Milk: \$0.65	Monday	Tuesday	Wednesday	Thursday	Friday
			26 Pizza; Cheeseburgers	27 Pizza; Meatball Sub Sandwich	28 Cheeseburgers OR Hot Ham & Cheese Sandwich
	Salad Bar Featuring -				
	31 Breaded Chicken Sandwich OR Nachos w/WG Chips (Rice/Beans/Meat)	1 Pizza; Pulled Pork Sandwich w/WG Bun	2 Pizza; Pizza Burgers w/WG Bun	3 Pizza; Enchilada Casserole	4 Cheeseburgers OR Spaghetti w/WG Pasta & Roll
	Salad Bar Featuring -				
	7 Labor Day!	8 Pizza; Mac-n-Cheese w/Diced Ham	9 Pizza; WG Corndog Early Out	10 Pizza; Sloppy Joe w/WG Bun	11 Cheeseburgers OR Bosco Sticks (2) w/Marinara
	Salad Bar Featuring -				
	14 Grilled Chicken Sandwich OR Turkey Hot Dog w/Baked Beans	15 Pizza; Pork Verde Burrito (Rice/Beans/Meat) w/WG Tortilla	16 Pizza; Pancakes w/Local Link Sausage Early Out	17 Pizza; Sausage Rice Bowl	18 Cheeseburger OR Cook's Choice
	Salad Bar Featuring -				
	21 Breaded Chicken Sandwich OR Beef Chili w/WG Roll	22 Pizza; Tator Tot Casserole w/WG Roll	23 Pizza; Pancake on a Stick Early Out	24 Pizza; Buffalo Chicken Bowl	25 Cheeseburger OR Burrito Bar (Rice/Beans/Meat) w/WG Tortilla
28 Grilled Chicken Sandwich OR Nachos (beans/Meat) w/WG Chips	29 Pizza; Chicken Tenders w/WG Roll	30 Pizza; Corndogs Early Out			
	Salad Bar Featuring -				

CEP Qualified Schools*- Breakfast & Lunch are Free for Students					

Local Now: Apples, Carrots, Burgers, Lentils, Wheat Montana Bread, Squash, and more! * Hoagies & PBJ Daily					

