



Dear North St. Paul parents and guardians,

TRIA Orthopedics is proud to be partnering with North Senior High School to provide athletic training services to all student athletes. The athletic trainer (AT) is responsible for on-site evaluation, diagnosis, treatment, management, monitoring and documentation of all injuries and will determine return to play status or restrictions. This includes, but not limited to: medical emergencies, orthopedic injuries, and concussions.

Hours and Game Coverage

The TRIA athletic trainer will be available at the school during the majority of sport practices. They will also be on site for select home games as contracted by the school.

TRIA Clinic Locations

In the event that further care is needed, the following TRIA clinics may be referred to for specialty care. A wide range of health plans are accepted, and self-referrals are welcome. Please contact your insurance carrier directly for specific coverage details.

TRIA offers world-class, comprehensive orthopedics and sports medicine, including multi-specialty care, orthopedic urgent care, concussion care, physical therapy and beyond. TRIA's services are available at the following convenient locations:

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| ○ Bloomington | ○ St. Paul |
| ○ Burnsville | ○ Stillwater |
| ○ Maple Grove | ○ Woodbury |
| ○ St. Louis Park | ○ Shakopee |

TRIA's Orthopedic Urgent Care is open for walk-in appointments 8 am-8 pm, 7 days a week. You can also make a clinic appointment with your team physician or another specialist by speaking with your school's athletic trainer. For more information on TRIA and its services, visit TRIA.com or call (952) 831-8742.

Meet your Athletic Trainer



Taylor Zeitchick LAT, ATC

Taylor enters her 1st year as the athletic trainer at North. She graduated from Gustavus Adolphus College and is starting her 5th year with TRIA Orthopedics. She also works in the Sport Concussion Clinic and with the Minnesota Windchill. Taylor's clinic interests include injury prevention, mental health, rehabilitation, manual therapy, and concussion management.

Email Address: Taylor.K.Thompson@HealthPartners.com

Meet your Team Physician



Todd Johnson, MD

Dr. Johnson sees patients at TRIA in Woodbury.

Dr. Johnson joined HealthPartners in 2012 following a sports medicine fellowship at Wake Forest University and an orthopedic residency at the University of Minnesota. His special interests include shoulder, knee, and hip arthroscopy.