

PUSD MIDDLE SCHOOL LUNCH MENU

AUGUST-SEPTEMBER 2026

	MON	TUE	WED	THU	FRI
8/17-8/21 9/8-9/11 9/28-10/2	Pepperoni Calzone Hamburger/Cheeseburger/ Veggie Burger Spicy or Crispy Chicken Sandwich Fruit Parfait Potato Wedges, Shredded Romaine & Sliced Tomatoes, Side Salad Fruit Slushie Seasonal Fresh Fruit	Teriyaki Chicken and Brown Rice Bowl Pepperoni/Cheese Pizza Spicy or Crispy Chicken Sandwich Fruit Parfait Edamame, Baby Carrots, Shredded Romaine & Sliced Tomatoes, , Side Salad Seasonal Fresh Fruit	Hot Wings & Cheesy Mac Hamburger/Cheeseburger/Veggie Burger Spicy or Crispy Chicken Sandwich Fruit Parfait Baby Carrots, Shredded Romaine & Sliced Tomatoes, Side salad Seasonal Fresh Fruit	Hard Shell Tacos w/Spanish Rice Pepperoni/Cheese Pizza Spicy or Crispy Chicken Sandwich Fruit Parfait Shredded Romaine & Sliced Tomatoes, Pico De Gallo, Sweet Corn, Side salad Seasonal Fresh Fruit	Fish Tacos with Lemon Wedge Hamburger/Cheeseburger/Veggie Burger Spicy or Crispy Chicken Sandwich Fruit Parfait Cucumbers, Coleslaw, Shredded Romaine & Sliced Tomatoes, Side Salad Fruit Slushie Seasonal Fresh Fruit
8/24-8/28 9/14-9/18	Chicken Meatballs Pasta with Marinara Sauce Hamburger/Cheeseburger/ Veggie Burger Spicy or Crispy Chicken Sandwich Fruit Parfait Potato Wedges, Shredded Romaine & Sliced Tomatoes, Side salad Fruit Slushie Seasonal Fresh Fruit	Mandarin Orange Chicken and Brown Rice Bowl Pepperoni/Cheese Pizza Spicy or Crispy Chicken Sandwich Fruit Parfait Edamame, Baby carrots, Shredded Romaine & Sliced Tomatoes, Side salad Seasonal Fresh Fruit	Hot Wings and Cheese Mac Hamburger/Cheeseburger/Veggie Burger Spicy or Crispy Chicken Sandwich Fruit Parfait Baby Carrots, Shredded Romaine & Sliced Tomatoes, Side salad Seasonal Fresh Fruit	Carnitas Soft Tacos & Salsa Verde Pepperoni/Cheese Pizza Spicy or Crispy Chicken Sandwich Fruit Parfait Shredded Romaine & Sliced Tomatoes, Pico De Gallo, Sweet Corn, Side salad Seasonal Fresh Fruit	Fish Sticks & Tartar Sauce served with Tortilla Chips & Pico De Gallo Hamburger/Cheeseburger/ Veggie Burger Spicy or Crispy Chicken Sandwich Fruit Parfait Cucumbers, Cherry Tomatoes, Shredded Romaine & Sliced Tomatoes, Side Salad Fruit Slushie Seasonal Fresh Fruit
8/31-9/4 9/21-9/25	Chili Cheese Fries & Cornbread Hamburger/Cheeseburger/ Veggie Burger Spicy or Crispy Chicken Sandwich Fruit Parfait Potato Wedges, Shredded Romaine & Sliced Tomatoes, Side salad Fruit Slushie Seasonal Fresh Fruit	Sweet & Sour Chicken over Yakisoba Noodles Pepperoni/Cheese Pizza Spicy or Crispy Chicken Sandwich Fruit Parfait Edamame, Baby carrots, Shredded Romaine & Sliced Tomatoes, Side salad Seasonal Fresh Fruit	Chicken Drumstick with Mashed Potatoes and Roll Hamburger/Cheeseburger/Veggie Burger Spicy or Crispy Chicken Sandwich Fruit Parfait Baby Carrots, Shredded Romaine & Sliced Tomatoes, Side salad Seasonal Fresh Fruit	Walking Taco Pepperoni/Cheese Pizza Spicy or Crispy Chicken Sandwich Fruit Parfait Shredded Romaine & Sliced Tomatoes, Pico De Gallo, Sweet Corn, Side salad Seasonal Fresh Fruit	Fish Sandwich on a Corn Dusted Bun Hamburger/Cheeseburger/Veggie Burger Spicy or Crispy Chicken Sandwich Fruit Parfait Cucumbers, Cherry Tomatoes, Shredded Romaine & Sliced Tomatoes, Side Salad Fruit Slushie Seasonal Fresh Fruit

This institution is an equal opportunity provider.

A variety of milk is offered daily including Fat Free, and Low Fat 1%.
The milk offer does not contain GMO ingredients and is hormone-free.
A variety of locally sourced fruits and vegetables offered daily.
Each student must select a fruit and/or vegetable as part of a complete meal.

Menu Subject To Change
Meals are free for all PUSD students
Adult lunch \$4.75

Monthly menus, nutrition, allergen, and carbohydrate information can be found at:
www.schools.mealviewer.com
For additional information or inquiries, please contact PUSD Food and Nutrition Services
740 W. Woodbury Rd, Altadena, CA 91001 (626) 396-5850