

HJMS COUNSELING DEPARTMENT NEWSLETTER



AUGUST 2026 EDITION



WELCOME TO THE 2026-2027 SCHOOL YEAR!

The Counseling Department is thrilled to welcome our new and returning students to school. Our goal is to deliver information, resources and dates for upcoming events every month, and keep students, families and faculty informed. We also want to share some of the exciting changes the department is making to meet our long-term goal of developing a comprehensive school counseling program

MEET THE COUNSELORS



Mrs. Burger (Last Names A-L); Mrs. Riley (Last Names M-Z)
albrinam.burger97@paulding.k12.ga.us; nmiltonriley@paulding.k12.ga.us

Hi HJMS Community! Thank you for allowing me to support your students and school. I am a NYC native entering my 16th year as an educator, and 6th year as a school counselor. I am married with 3 children (2 boys, 9 and 7; 1 girl, 4) and when I am not at HJMS, I am on a sporting event supporting one of my three student athletes.

Hello! I'm Mrs. Riley and I am excited to serve as one of your school counselors this year. I am passionate about helping students grow academically, socially, and emotionally while creating a safe and welcoming environment where every child feels valued and supported. I enjoy spending time with family, reading and watching tv shows. My door is always open, and I can't wait to get to know each of you!



Thank you 

To our wonderful Paulding County School District staff and Divine 9 volunteers who greeted students on the first day of school!

School Counseling Website: <https://hjms.paulding.k12.ga.us/our-school/counseling>
Book an Appointment with Us: [HJMS School Counseling Appointment Link](#)

What does a School Counselor do?

This document is intended to help you understand what the role of a Professional School Counselor is, as well as what it's not. If you're ever wondering what I do or why, please ask! I'm happy to talk with you. :)

A School Counselor does...

- Work with ALL students to encourage a safe school climate of trust and respect.
- Deliver classroom lessons that align to ASCA standards.
- Facilitate small groups.
- Meet individually with students to do brief, solution-focused counseling.
- Help students who are struggling to make positive behavior choices.
- Collaborate with parents/guardians, teachers, support staff, and administration.
- Maintain confidentiality of students and their families unless there is a need to know or a safety concern.
- Provide education and information about students' social-emotional needs.

A School Counselor does NOT...

- Work with only special ed., regular ed., or "problem" students.
- Assign grades after lessons or teach academic subjects.
- Facilitate therapy groups.
- Meet individually with students to do long-term mental health counseling/therapy.
- Handle the discipline or assign consequences.
- Collaborate with only one person. A team approach including the School Counselor works best.
- Share information about students and their families to appease the curiosity of others.
- Tell teachers how to teach in their classrooms or tell parents how to parent at home.

Stay Tuned for Information pertaining to:

- Counseling Department's website changes
- Resources/Webinars for Parents, Families and Caregivers
- Counselor Cub of the Month (Student highlights for 6th, 7th and 8th grade)



Reflections of TRINITY
for family goes hungry

AUGUST Food Distribution

FOOD. HOPE. COMMUNITY.
Together, we can make a difference!

SCHEDULE

THURSDAYS APPOINTMENTS ONLY 12PM - 2PM	SATURDAYS 8AM - 12PM
OPEN DATES AUGUST 6 th AUGUST 13 th AUGUST 20 th AUGUST 27 th	OPEN DATES AUGUST 7 th AUGUST 8 th AUGUST 15 th AUGUST 22 th AUGUST 29 th
APPOINTMENTS REQUIRED: PLEASE SHOW UP IN ADVANCE!	OPEN TO EVERYONE: NO APPOINTMENT NEEDED!

WE'RE HERE TO SERVE OUR COMMUNITY!
REFLECTIONS OF TRINITY
4027 Howell Road, Springdale, GA 30134
Kennesaw, GA 30144

QUESTIONS?
CALL US: 770-323-6871

reflectionsotrinity.org | Follow us for updates!

UPCOMING EVENTS



ATLANTA COMMUNITY FOOD BANK

**Calling all 18+:
FREE PRODUCE**
Tuesday
 August 18, 2026
 10 am - 2 pm
Bring your own bags.
First come, first served.

Helping Hands of Paulding County, Inc.
 493 Main Street
 Dallas, GA 30132



HERSCHEL JONES MIDDLE SCHOOL CLUB CARNIVAL
 EXPLORE. CONNECT. GET INVOLVED.
 THERE'S A PLACE FOR EVERY TIGER!

WEDNESDAY, AUGUST 12 6:00 PM

CHECK OUT OUR AMAZING CLUBS!

- FCA (FELLOWSHIP OF CHRISTIAN ATHLETES)
- STEM ACADEMY CLUB
- YOUNG HISTORIANS
- CROCHET CLUB
- BOOK CLUB
- LINE DANCE TEAM
- DEBATE CLUB
- G.E.M.S. (GIRLS EMPOWERED TO MOTIVATE OTHERS TO SUCCEED)
- YOUNG KINGS (MALE MENTORING)
- DUNGEONS & DRAGONS
- BLACK HISTORY ACADEMIC BOWL
- SOURCES OF STRENGTH
- BE THE VOICE

GAMES! PRIZES! FOOD! FUN!
 BE INVOLVED. BE A TIGER!
 EVERY TIGER EVERY DAY.