



Halifax County Schools K-8 Menus for August 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Menus are subject to change.	Breakfast includes choice of low-fat or fat-free milk, 100% fruit juice and fresh fruit. Daily Alternate Breakfast Entrée Option: Cereal or PopTart	Lunch includes choice of low-fat or fat-free milk. Fresh Fruit Options available daily at lunch. Daily Alternate Lunch Entrée Option: Deli Sandwich		
August 3	August 4	August 5	August 6	August 7
August 10	August 11	August 12	August 13	August 14
August 17	August 18	August 19	August 20	August 21
August 24 Pancake on a Stick, Juice, Fruit Spaghetti, Garlic Breadstick, Green Beans, Fruit Variety	August 25 Muffin, Juice, Fruit Beef Taco w/ Chips, Tortilla Chips, Corn, Pinto Beans, Fruit Variety	August 26 Ham & Cheese Croissant, Juice, Fruit Sloppy Joe Potato Smiles, Baked Beans, Fruit Variety	August 27 Cinnamon Roll, Juice, Fruit Chicken Nuggets, Broccoli, Sweet potato Fries, Fruit Variety	August 28 Chicken Biscuit, Juice, Fruit Pizza, Crinkle Fries, Baby Carrots w/ Ranch, Fruit Variety
August 31 Ham & Cheese Croissant, Juice, Fruit, Milk Cheese Sticks w/ Marinara, Green Peas, Tater Tots, Fruit Variety				

Families Making the Connection School Meals Make a Difference!

All public schools in North Carolina offer school lunch. Most also offer school breakfast. All students can participate in school meal programs.

Many students and their families depend on school meals. School meals offer a variety of lean proteins, whole grains, fruits, vegetables, lowfat or fat free dairy, and locally grown ingredients. School meals make a difference!

There are many benefits to school meals:

- Research shows that students who participate in school meal programs consume more whole grains, milk, fruits, and vegetables.
- Students who eat school meals have better attendance, more focus in class, and improved academic performance.
- Participation in School Nutrition Programs supports social emotional learning.
 - School meals are a nutritious, convenient choice for families.
- Eating school meals supports local School Nutrition Programs, farmers, and communities.