



September MGHS & MG21 Menu



LEARN MORE

	MON	TUE	WED	THU	FRI
WEEK OF 9/1	<i>Check out SchoolCafé to see our additional options!</i> <u>New Cold Line Options!</u>	First Day of School Baked Chicken Tenders WG Sun Chips Seasoned Corn Moroccan Carrot Salad Blueberries NEW	WG Cheesy Bosco Sticks w/Pizza Dipping Sauce Ranch Romaine Salad (local greens) Local Grape Tomatoes & Snap Peas Fresh Banana	Chicken Drumstick with Homemade Mac & Cheese Seasoned Mixed Veggies Fresh Sliced Cucumbers Local Apple Slices Triple Choc Chookie	BYO Burger Bar on a WG Bun w/ Seasoned Fries Baked Beans Local Cauliflower Florets Applesauce Cup
WEEK OF 9/7	No School	Baked Chicken Nuggets w/ WG Dinner Roll Warm Butter Carrots Fresh Celery Sticks Whole Strawberries	Orange Chicken over Steamed Golden Rice Seasoned Mixed Veggies Edamame Pineapple Chunks Fortune Cookie	Nacho Bar w/Homemade Beef Taco Filling Top & Go Chips Homemade Taco Slaw Local Grape Tomatoes 100% Fruit Juice Slushie	Pasta Bar with WG Rotini and WG Garlic Bread Roasted Ratatouille w/Local Potatoes Caesar Romaine Salad Mandarin Oranges
WEEK OF 9/14	Chicken Patty Sandwich on a WG Bun Garlicky Green Beans Fresh Sliced Cucumbers Applesauce Cup	French Toast Sticks w/ Local Pork Sausage Links & Goldfish Grahams Roasted Local Sweet Potatoes Dragon Veggie Juice Blueberries	Sweet or Spicy Chicken Wings w/Homemade Cornbread Baked Beans Local Snap Peas Homemade Peach Crisp WG Cheez-its	Chicken Parm over WG Rotini w/ WG Garlic Breadstick Ranch Roasted Broccoli Local Grape Tomatoes Whole Strawberries	Pork Carnitas Bowl w/Cilantro Lime Rice Fiesta Black Beans Elote Local Red Pepper Strips Mandarin Oranges
WEEK OF 9/21	Mini Corndogs w/Baked Tater Tots Glazed Honey Carrots Fresh Celery Sticks Diced Pears	Popcorn Chicken Bowl over Mashed Potatoes w/ WG Dinner Roll Seasoned Corn Fresh Sliced Cucumbers 100% Fruit Juice	Signature Pizza Local Broccoli Florets Homemade Corn & Edamame Salad Fresh Orange Wedges	Soft Shell Tacos w/Homemade Beef Taco Filling & Spanish Rice Local Red Pepper Strips Cheesy Refried Beans Homemade Pineapple Salsa Craisins	No School
WEEK OF 9/28	Baked Chicken Tenders WG Sun Chips Seasoned Corn Moroccan Carrot Salad Blueberries	Go ORANGE Day! Chicken Drumstick with Homemade Mac&Cheese Warm Butter Carrots Local Red Pepper Strips Fresh Orange Wedges Triple Choc Chookie	Cheesy Bosco Sticks w/Pizza Dipping Sauce Ranch Romaine Salad (local greens) Local Grape Tomatoes & Snap Peas Fresh Banana	NEW Korean BBQ Meatballs w/Confetti Fried Rice Steamed Broccoli Fresh Cucumber Slices Local Apple Slices Fortune Cookie	BYO Burger Bar on WG Bun w/ Seasoned Fries Baked Beans Local Cauliflower Florets Applesauce Cup

Menu items are subject to change based on availability. This institution is an equal opportunity provider.

Welcome to the 2026-27 School Year! We'd love to have you eat meals with us!



Did you know?
September is Hunger Action Month!



What is Hunger Action Month?

Occurring every September, Hunger Action Month is a nationwide movement led by Feeding America and its associated food banks. The goal of this campaign is to raise awareness of hunger and inspire action to end hunger in the United States.

Go ORANGE Day!

We're going orange for Hunger Action Day! On September 29th, every menu offering will be a shade of orange. Raise awareness to end hunger by eating lunch and wearing orange with us on Sept 29th!

F/R Priced Meals

If you think your family may qualify for free or reduced-price meals, we encourage you to fill out an application. A new application is needed each school year, so even if you applied before, you'll want to complete one again this year.

Hunger Relief

School meals are a vital hunger relief program. Every day, 29.7 million students eat school lunch and 15.5 million eat school breakfast nationwide. Because school meal programs are completely self-funded, each meal purchased helps improve the program for all students. Even if your family does not experience food insecurity, your participation in school meals strengthens the program and supports those who rely on it most.

Additional Information

Check out more Hunger Action Month activities [here](#) (brought to you by our local food bank, Second Harvest).

Learn more at
feedingamerica.org

Silvery Eagle Food Pantry

In partnership with student organizations at MGHS, we are happy to announce the opening of a school food pantry this fall! Students will be able to select food during designated hours in the day. More information to come!

Thank you to the 2026 Tamara D. Grigsby
Dane County Civil Rights
Department Partners in Community (PIC)
Food Grant Program.

