



Cleveland Heights University Heights

MENU

Middle Schools Week 1: 08.19.26-08.21.26	Monday	Tuesday	Wednesday	Thursday	Friday
	WELCOME BACK TIGER NATION ALL STUDENTS ARE ELIGIBLE FOR ONE FREE BREAKFAST AND ONE FREE LUNCH EVERY DAY!		Sweet and Chicken Popcorn Chicken with Brown Rice Steamed Broccoli	Chicken Pita WG Pita Chicken Tenders With Diced Tomatoes, Shredded Lettuce, Ranch Dressing with Glazed Carrots	All Beef Hot Dog With Chili Sauce, Diced Onion, Shredded Cheese, and Pickle Relish Baked French Fries BBQ Baked Beans
			Regular Chicken Filet Sandwich	Hamburger Cheeseburger Bosco Sticks	Spicy Chicken Filet Sandwich
			Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza
			Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable	Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable	Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable
			Yogurt Parfaits Hummus Bistro Box Turkey Chef Salad	Yogurt Parfaits Hummus Bistro Box Chicken Chef Salad	Yogurt Parfaits Hummus Bistro Box Turkey Chef Salad

ALL MEALS ARE FREE FOR ALL STUDENTS!

Meal Choice Includes: Choice of One Entrée, Two Servings of Fresh Fruit and Vegetables, One Grain, or Bread, and One Low-Fat or Fat Free Milk. Please discuss any food allergy issues concerning your child with the Resident Director.



CHECK OUT OUR FEATURED SUPERFOODS!

Please discuss any food allergy issues concerning your child with the Resident Director.

This institution is an equal opportunity provider.

