



MENU

HS Week 1: 08.19.26-08.21.26

Monday

Tuesday

Wednesday

Thursday

Friday



WELCOME BACK STUDENTS

All Students

are Eligible for

One Free Breakfast &

One Free Lunch

Every

School Day!

Sweet and Sour Chicken
Popcorn Chicken With
Brown Rice
Steamed Broccoli

Cheese Pizza
Pepperoni Pizza
Chicken Buffalo

Chef Salad
Chopped Romaine
Red Onions, Black
Olives, Cheddar
Cheese, Hard Boiled
Egg, Julienne Turkey
And Turkey Ham
Bread Stick

Chicken Filet Sandwich

Choice of Seasoned
Beef or Chicken
Brown Rice, Cauliflower
Rice, Black Beans, Pinto
Beans, Sautéed
Peppers and Onions,
Queso, Corn Salsa,
Tomato Salsa, Black
Olives, Jalapeno
Peppers, Shredded
Cheese, Shredded
Lettuce, and Sour
Cream. Tortilla Chips or
Tortilla Shells Served
Daily

**Chicken Pita
WG Pita**
Chicken Tenders
With
Diced Tomatoes,
Shredded Lettuce,
Ranch Dressing
Glazed Carrots

Pasta Bar
Chicken, Penne Pasta,
Alfredo Sauce, Glazed
Carrots and Garlic
Bread Stick

Chicken Tenders
Carrots Sticks
Homemade
Bread Stick
Assorted Sauces

Hamburger
Cheeseburger
Bosco Sticks
with
Marinara Sauce

Choice of Seasoned
Beef or Chicken
Brown Rice, Cauliflower
Rice, Black Beans, Pinto
Beans, Sautéed
Peppers and Onions,
Queso, Corn Salsa,
Tomato Salsa, Black
Olives, Jalapeno
Peppers, Shredded
Cheese, Shredded
Lettuce, and Sour
Cream. Tortilla Chips or
Tortilla Shells Served
Daily

All Beef Hot Dogs
With
Chili Sauce, Diced
Onion, Shredded
Cheese, Pickle Relish,
Baked French Fries
BBQ Baked Beans

Cheese Pizza
Pepperoni Pizza
Deluxe Pizza

Boneless Wings
Celery Sticks
Homemade
Dinner Roll
Assorted Sauces

Spicy
Chicken
Filet Sandwich

Choice of Seasoned
Beef or Chicken
Brown Rice, Cauliflower
Rice, Black Beans, Pinto
Beans, Sautéed Peppers
and Onions, Queso,
Corn Salsa, Tomato
Salsa, Black Olives,
Jalapeno Peppers,
Shredded Cheese,
Shredded Lettuce, and
Sour Cream. Tortilla
Chips or Tortilla Shells
Served Daily

Fresh Salad Bar Options

Adult Nutri-Bar: Chopped Romaine, Spring Mix, Cucumbers, Mushrooms, Black Olives, Beets, Garbanzo Beans, Tomatoes, Shredded Carrots, Red Onion, Broccoli, Roasted Cauliflower, Green and Red Peppers, Hummus, Pita Bread, Shredded Cheese, Cottage Cheese, Roasted Corn, Cranberries, Sunflower Seeds etc. Items may vary daily.

Student Fresh Salad Bar: Chopped Romaine, Cucumbers, Tomatoes, Onions, Black Olives, Garbanzo Beans, Beets, Shredded Carrots, Peppers, Celery, Cranberries, Croutons, etc. Items may vary daily.

Freshly Made Grab and Go Entrée Salads, Sub Sandwiches, Hummus Bistro Boxes, and Yogurt Parfaits Available Daily

Meal Choice Includes: Choice of One Entrée, Two Servings of Fresh Fruit and Vegetables, One Grain, or Bread, and One Low-Fat or Fat-Free Milk. Please discuss any food allergy issues concerning your child with the Resident Director.

This Institution is an Equal Opportunity Provider



Fresh
THE FAMILY DIFFERENCE IN HOSPITALITY SERVICES