

**Assistant Director of Food & Nutrition**

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| Monday  | Tuesday                                                                        | Wednesday  | Thursday  | Friday  |
|------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|
| 3                                                                                        | 4                                                                                                                                                               | 5                                                                                           | 6                                                                                            | 7                                                                                          |
| 10                                                                                       | 11                                                                                                                                                              | 12                                                                                          | 13                                                                                           | 14                                                                                         |
| 17                                                                                       | 18                                                                                                                                                              | 19                                                                                          | 20                                                                                           | 21                                                                                         |
| 24<br>Sausage Biscuit<br>Assorted Juice<br>Alt: Yogurt w/<br>crackers                    | 25<br>Cinnamon Roll<br>Assorted Juice<br>Alt: Assorted<br>Benefit Bars                                                                                          | 26<br>Confetti<br>Pancakes<br>Assorted Juice<br>Alt: Grape<br>Crescent                      | 27<br>Goody Ring<br>Assorted Juice<br>Alt: Omelet w/<br>toast                                | 28<br>Pancake Wrap<br>Nuggets<br>Assorted Juice<br>Alt: Cereal Bar<br>w/ crackers          |
| 31<br>Breakfast Pizza<br>Assorted Juice<br>Alt: Zee Zee Bars                             | <div></div> <div>A good night's sleep<br/>makes tomorrow<br/>terrific.</div> |                                                                                             |                                                                                              |                                                                                            |
| Daily Milk Options: Fat Free Vanilla, Fat Free Strawberry, 1% White, Fat Free Chocolate  |                                                                                                                                                                 |                                                                                             |                                                                                              |                                                                                            |

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| <b>24</b><br><b>Crunchy Fish Sticks w/ Garlic Toast</b><br>Baked French Fries<br>Applesauce<br><b>Alt Choice:</b><br><b>Breaded Chicken Sandwich</b> | <b>25</b><br><b>Crispy Chicken Tender Combo w/ Crave Sauce &amp; Garlic Toast</b><br>Mixed Fruit<br>Golden Corn<br><b>Alt Choice:</b><br><b>Cheeseburger</b> | <b>26</b><br><b>French Toast Sticks w/ Sausage</b><br>Crispy Tater Tots<br>Diced Pears<br><b>Alt Choice:</b><br><b>Chicken Nuggets w/ bread</b> | <b>27</b><br><b>Lasagna Roll Ups w/ Garlic Toast</b><br>Steamed Green Beans<br>Fresh Citrus Orange<br><b>Alt Choice:</b><br><b>Hot Dog</b> | <b>28</b><br><b>BBQ Rib Sandwich</b><br>Seasoned Mixed Vegetables<br>Pineapple Tidbits<br><b>Alt Choice:</b><br><b>Cheese Pizza</b> |
| <b>31</b><br><b>Italian Dunkers</b><br>Steamed Peas<br>Cinnamon Apple Slices<br><b>Alt Choice: Spicy Chicken Sandwich</b>                            |                                                                                                                                                              |                                                                                                                                                 |                                                                                                                                            |                                                                                                                                     |

**WELCOME BACK!**



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