

WEST WASHINGTON BRANCH

KETTLE MORaine YMCA ASSOCIATION



FALL 1 **FALL 2**
PROGRAMS **PROGRAMS**
AUG 31-OCT 25 **OCT 26-DEC 20**

The opinions expressed or information provided on these flyers are not sponsored or endorsed by the school district or its personnel.



Featured program:
Strength & Conditioning

**Look
Inside!**

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CONNECT WITH US



KETTLE MORaine YMCA
West Washington Branch
1111 W. Washington Street
West Bend, WI 53095



Website:
www.kmymca.org/programs



Phone:
262-334-3405



Whether you're passionate about child care, fitness, or something entirely different, we offer a wide variety of rewarding opportunities.

FALL 1 SESSION

August 31 –October 25

FALL 2 SESSION

October 26 –December 20



REGISTRATION DATES

Program registration opens:

FALL 1

Members August 3
Community Participants August 10

FALL 2

Members September 28
Community Participants October 5

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Kettle Moraine YMCA–West Bend



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www.kmymca.org/jobs

PRAESIDIUM
ACCREDITATION

**COMMITTED TO SAFETY
& PROTECTION**

the **Y**

Kettle Moraine YMCA
Association

Partnering to protect children & families

More information on our accreditation, click here.



2026
FALL 1 SESSION
 August 31 – October 25
FALL 2 SESSION
 October 26–December 20

SAFETY CLASSES

CLASS	DATE	TIME	AGE	LOCATION	FEE
Babysitting Class	Sun, Sep 20	11–3 PM	11 +	WW Conference Room	\$70
	Sun, Oct 18	11–3 PM	11 +	WW Conference Room	\$70
	Sun, Nov 15	11–3 PM	11 +	WW Conference Room	\$70
American Red Cross CPR	See website for all available dates and times		13 +	WW Conference Room	\$95
Home Alone	Fri, Sep 18	4:30–7 PM	8–12	WW Conference Room	\$45
	Fri, Oct 16	4:30–7 PM	8–12	WW Conference Room	\$45
	Fri, Nov 13	4:30–7 PM	8–12	WW Conference Room	\$45
	Fri, Dec 11	4:30–7 PM	8–12	WW Conference Room	\$45
American Red Cross Lifeguarding	Fri, Oct 2 and Thu–Sun, Oct 8–11	Fri 10/2, 5–6:30 PM; Thu 10/8, 5–8 PM; Fri 10/9, 4–8 PM; Sat 10/10, 8–4:30 PM; Sun, 10/11, 8–4:30 PM	15 +	WW Conference Room	\$275
	Sun, Nov 8 and Thu–Sun, Nov 12–15	Sun 11/8, 1–2:30 PM; Thu 11/12, 5–8 PM; Fri 11/13, 4–8 PM; Sat 11/14, 8–4:30 PM; Sun, 11/15, 8–4:30 PM	15 +	WW Conference Room	\$275
	Fri, Dec 4 and Thu–Sun, Dec 10–13	Fri 12/4, 5–6:30 PM; Thu 12/10, 5–8 PM; Fri 12/11, 4–8 PM; Sat 12/12, 8–4:30 PM; Sun, 12/13, 8–4:30 PM	15 +	WW Conference Room	\$275

CALLING ALL ATHLETES!

SPORTS PERFORMANCE TRAINING & CONDITIONING

Designed for athletes ages 11 and up, this program builds the strength, speed, and movement skills needed for success in any sport. Training is tailored to each athlete's age and ability level while emphasizing proper technique and long-term athletic development.

Focus Areas:

- Speed, Power & Acceleration
- Strength & Endurance
- Balance & Coordination
- Injury Prevention
- Movement Skills
- Confidence Building
- Weight Room Etiquette

This program equips athletes with the tools to perform at their best both on and off the field.

Monthly registrations, sign up for two or up to four days per week, 60 min class.

\$12 per class for Members

\$15 for Community Participants

AUGUST TIMES OFFERED:

Monday 4–5 PM

Tuesday 5–6 PM

Wednesday 4–5 PM

Thursday 5–6 PM

SEPTEMBER THROUGH DECEMBER TIMES OFFERED:

Monday 6–7 PM

Tuesday 5–6 PM

Wednesday 6–7 PM

Thursday 5–6 PM



SWIM LESSONS

Group Swim Lessons

\$61 Members / \$127 Community Participants



2026

FALL 1 SESSION

August 31 – October 25

FALL 2 SESSION

October 26–December 20

PARENT/CHILD CLASSES					
	MON	TUE	WED	THU	SAT
Stage A: Water Discovery 6–18 months					9:55–10:25 AM
Stage B: Water Exploration 19–36 months					9:20–9:50 AM
Stage A/B: Water Discovery/Water Exploration 6–36 months	5:20–5:50 PM	10:10–10:40 AM		10:10–10:40 AM 4:45–5:15 PM	8:45–9:15 AM
Parent/Child Stage 1: Water Acclimation Age 3–5	4:45–5:15 PM	9:00–9:30 AM			
PRESCHOOL CLASSES (3–5 YEARS)					
	MON	TUE	WED	THU	SAT
Preschool 1: Water Acclimation	4:45–5:15 PM 5:55–6:25 PM	4:45–5:15 PM 5:20–5:50 PM	5:20–5:50 PM 6:30–7:00 PM	5:20–5:50 PM	8:45–9:15 AM 9:20–9:50 AM 9:55–10:25 AM
Preschool 2: Water Movement	5:20–5:50 PM 6:30–7:00 PM	4:45–5:15 PM 5:20–5:50 PM	5:20–5:50 PM	5:20–5:50 PM	9:20–9:50 AM
Preschool 3: Water Stamina	5:55–6:25 PM	5:55–6:25 PM	4:45–5:15 PM 5:55–6:25 PM	5:55–6:25 PM	9:55–10:25 AM
Preschool 4: Stroke Introduction	6:30–7:00 PM	5:55–6:25 PM	6:30–7:00 PM	6:30–7:00 PM	10:30–11:00 AM
Preschool All Levels		9:35–10:05 AM 10:45–11:15 AM		9:00–9:30 AM 9:35–10:05 AM 10:10–10:40 AM	



SWIM LESSONS

Group Swim Lessons

\$61 Members / \$127 Community Participants



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SCHOOL AGE CLASSES (6-12 YEARS)

	MON	TUE	WED	THU	SAT
School Age 1: Water Acclimation	4:45–5:15 PM		5:20–5:50 PM 6:30–7:00 PM	6:30–7:00 PM	9:55–10:25 AM
School Age 2: Water Movement	5:20–5:50 PM	6:30–7:00 PM	4:45–5:15 PM	5:20–5:50 PM	9:20–9:50 AM 10:30–11:00 AM
School Age 3: Water Stamina	6:30–7:00 PM	5:20–5:50 PM	4:45–5:15 PM	4:45–5:15 PM	8:45–9:15 AM
School Age 4: Stroke Introduction		5:55–6:25 PM		4:45–5:15 PM 5:55–6:25 PM 6:30–7:00 PM	8:45–9:15 AM 10:30–11:00 AM
School Age 5: Stroke Development		6:30–7:00 PM	5:55–6:25 PM	5:55–6:25 PM	
School Age 6: Stroke Mechanics	5:55–6:25 PM		5:55–6:25 PM		
School Age All Levels		9:00–9:30 AM 9:35–10:05 AM 10:10–10:40 AM 10:45–11:15 AM		9:00–9:30 AM 9:35–10:05 AM	
Parent Child Adaptive Aquatics		6:30–7:00 PM			
Youth Swim League (6–16 years) *\$130M/\$130CP		7:00–8:00 PM		7:00–8:00 PM	



Youth Enrichment & Dance



2026
FALL 1 SESSION
 August 31 – October 25
FALL 2 SESSION
 October 26–December 20

DAY	CLASS	AGE	TIME	LOCATION	FALL 1 FEE	FALL 2 FEE
MON	We Wiggle We Read	2-3	9:00-9:30 AM	Gymnastics Gym	\$37M/\$79CP	\$42M/\$89CP
	Mix it up Gym with Parent	2-4	9:45-10:15 AM	Gymnastics Gym	\$33M/\$71CP	\$37M/\$79CP
	Messy Sensory Investigators	3-5	9:45-10:15 AM	Sunshine Room	\$37M/\$79CP	\$42M/\$89CP
MON & WED	Play School (9/9-12/21 no school 11/25)	3-4	10:00-11:30 AM	McLane Elementary School	\$150M/\$150CP	
	Play School (9/9-12/21 no school 11/25)	3-4	12:30-2:00 PM	McLane Elementary School	\$150M/\$150CP	
TUE	Little Chefs	3-5	9:00-9:30 AM	Sunshine Room	\$54M/\$113CP	\$54M/\$113CP
	Little Chefs	2-3	9:45-10:15 AM	Sunshine Room	\$54M/\$113CP	\$54M/\$113CP
	Junior Chefs	4-10	10:30-11:00 AM	Sunshine Room	\$54M/\$113CP	\$54M/\$113CP
	Painting Picassos	4-10	11:15-12:00 PM	Sunshine Room	\$59M/\$123CP	\$59M/\$123CP
	Story Book Art	2-4	5:00-5:30 PM	Sunshine Room	\$42M/\$89CP	\$42M/\$89CP
	Junior Chefs	4-8	5:45-6:15 PM	Sunshine Room	\$54M/\$113CP	\$54M/\$113CP
TUE & THU	Play School (9/8-12/22 no school 11/26)	3-4	10:00-11:30 AM	McLane Elementary School	\$150M/\$150CP	
WED	Monkey See Monkey Do	2-3	9:00-9:30 AM	Sunshine Room	\$42M/\$89CP	\$42M/\$89CP
	Splash Class	3-5	9:45-11:15 AM	Sunshine Room	\$68M/\$144CP	\$68M/\$144CP
	Crafty Kids Club	2-4	5:00-5:30 PM	Sunshine Room	\$42M/\$89CP	\$37M/\$79CP
	Crafty Kids Club	4-8	5:45-6:15 PM	Sunshine Room	\$42M/\$89CP	\$37M/\$79CP



Youth Enrichment & Dance



2026
FALL 1 SESSION
 August 31 – October 25
FALL 2 SESSION
 October 26–December 20

DAY	CLASS	AGE	TIME	LOCATION	FALL 1 FEE	FALL 2 FEE
THU	Alphabet Soup	2-3	9:00-9:30 AM	Sunshine Room	\$42M/\$89CP	\$37M/\$79CP
	Dancing Divas Fun Dance Class	3-5	9:00-9:30 AM	Studio 2	\$42M/\$89CP	\$37M/\$79CP
	Story Book Art	3-5	9:45-10:15 AM	Sunshine Room	\$42M/\$89CP	\$37M/\$79CP
	Tiny Ballerinas	2-3	9:45-10:15 AM	Studio 2	\$42M/\$89CP	\$37M/\$79CP
	Dancing Divas Fun Dance Class	6-8	5:15-5:45 PM	Studio 3	\$42M/\$89CP	\$37M/\$79CP
	Dancing Divas Fun Dance Class	3-5	6:00-6:30 PM	Studio 3	\$42M/\$89CP	\$37M/\$79CP
FRI	Friday Fun Day	3-5	9:00-11:00 AM	Sunshine Room	\$92M/\$189CP	\$81M/\$167CP
	Friday Fun Day with Swim Lesson	3-5	9:00-11:30 AM	Sunshine Room	\$125M/\$255CP	\$110M/\$225CP
	Let's Build A Rainbow with Parent	1-3	9:30-10:00 AM	Gymnastics Gym	\$37M/\$79CP	\$33M/\$71CP
SAT	Tiny Ballerinas	2-3	9:15-9:45 AM	Studio 3	\$42M/\$89CP	\$42M/\$89CP
	Ballet	3-5	10:00-10:30 AM	Studio 3	\$42M/\$89CP	\$42M/\$89CP
	Ballet	5-8	10:45-11:15 AM	Studio 3	\$42M/\$89CP	\$42M/\$89CP



YOUTH SPORTS



2026
FALL 1 SESSION
 August 31 – October 25
FALL 2 SESSION
 October 26–December 20

FALL 1					
	CLASS	AGE	TIME	LOCATION	FEE
MON	Flag Football Mini Clinic Sep 14–Oct 5	4–6	5:00–5:30 PM	Regal Ware	\$21M/\$47CP
	Flag Football Mini Clinic Sep 14–Oct 5	6–9	5:35–6:20 PM	Regal Ware	\$24M/\$53CP
WED	Gym & Swim	6–11	9:30–11:30 AM	Track Gym	\$11M/\$16CP Per class
	Strength & Conditioning and Swim	12–17	9:30–11:30 AM	Training Center	\$16M/\$21CP Per class
	Soccer: Instructional	3–4	4:20–4:50 PM	Regal Ware	\$42M/\$89CP
	Soccer: Instructional	3–4	5:00–5:30 PM	Regal Ware	\$42M/\$89CP
	Tee Ball Mini Clinic Sep 2–Sep 23	4–6	5:40–6:10 PM	Regal Ware	\$21M/\$47CP
THU	Soccer U6 Mini League	4–6	5:00–5:45 PM	Regal Ware	\$55M/\$115CP
WED & FRI	Tae Kwon Do Pre SKILLZ * Sep 9–Oct 23	3–5	4:00–4:30 PM	Studio 2	*\$60M/\$85CP
	Tae Kwon Do Core SKILLZ* Sep 9–Oct 23	6–8	4:45–5:30 PM	Studio 2	*\$83M/\$123CP
	Tae Kwon Do Extreme SKILLZ * Sep 9–Oct 23	9–14	5:45–6:30 PM	Studio 2	*\$83M/\$123CP
	Tae Kwon Do Advanced Level * Sep 9–Oct 23	6–14	6:30–7:15 PM	Studio 2	*\$105M/\$155CP



YOUTH SPORTS



2026
FALL 1 SESSION
 August 31 – October 25
FALL 2 SESSION
 October 26–December 20

FALL 2					
	CLASS	AGE	TIME	LOCATION	FEE
MON & SAT	2nd/3rd Grade Basketball League	7-9	TBD	East Gym & Badger	\$63M/\$131CP
TUE	Preschool Basketball Mini Clinic Oct 27–Nov 17	3-4	4:00–4:30 PM	East Gym	\$21M/\$47CP
	Preschool Basketball Mini Clinic Oct 27–Nov 17	3-4	4:40–5:10 PM	East Gym	\$21M/\$47CP
	Preschool Soccer Mini Clinic Nov 24–Dec 15	3-4	4:00–4:30 PM	East Gym	\$21M/\$47CP
	Preschool Soccer Mini Clinic Nov 24–Dec 15	3-4	4:40–5:10 PM	East Gym	\$21M/\$47CP
	Basketball/Flag Football/Soccer	4-6	5:20–5:50 PM	East Gym	\$42M/\$89CP
	4th–6th Grade Basketball Skills & Games Mini Clinic Oct 27–Nov 17	9-12	6:00–6:45 PM	East Gym	\$24M/\$53CP
	Indoor Soccer Mini Clinic Nov 24–Dec 15	7-10	6:00–6:45 PM	East Gym	\$24M/\$53CP
WED	Gym & Swim	6-11	9:30–11:30 AM	Track Gym	\$11M/\$16CP Per class
	Strength & Conditioning and Swim	12-17	9:30–11:30 AM	Training Center	\$16M/\$21CP Per class
WED & FRI	Tae Kwon Do Pre SKILLZ	3-5	4:00–4:30 PM	Studio 2	\$68M/\$93CP
	Tae Kwon Do Core SKILLZ	6-8	4:45–5:30 PM	Studio 2	\$94M/\$134CP
	Tae Kwon Do Extreme SKILLZ	9-14	5:45–6:30 PM	Studio 2	\$94M/\$134CP
	Tae Kwon Do Advanced Level	6-14	6:30–7:15 PM	Studio 2	\$120M/\$170CP
THU	Indoor Soccer	4-6	4:05–4:50 PM	East Gym	\$42M/\$89CP
	Indoor Soccer	4-6	5:00–5:45 PM	East Gym	\$42M/\$89CP
	Indoor Soccer	7-10	5:55–6:40 PM	East Gym	\$42M/\$89CP
SAT	Kindergarten Basketball	4-6	9:00–9:45 AM	Track Gym	\$47M/\$99CP
	1st Grade Basketball 3v3 League	6-7	10:00–10:45 AM	Track Gym	\$55M/\$115CP



FAMILY EVENTS



2026
FALL 1 SESSION
 August 31 – October 25
FALL 2 SESSION
 October 26–December 20

CLASS	AGE	TIME	LOCATION	FALL 1 FEE	FALL 2 FEE
Monday Family Playtime (10/5–12/14)	Family	10:30–11:30 AM	Track Gym	Free	Free
Friday Family Playtime (10/9–12/18, no 11/27)	Family	10:30–11:30 AM	Track Gym & Gymnastics Gym	Free	Free
Parents Night Out 9/18/26	3–8	5:00–7:30 PM	Pool Observation Room	\$15M/\$15CP	x
Parents Night Out 10/2/26	3–8	5:00–7:30 PM	Pool Observation Room	\$15M/\$15CP	x
Parents Night Out 11/6/26	3–8	5:00–7:30 PM	Pool Observation Room	x	\$15M/\$15CP
Parents Night Out 12/4/26	3–8	5:00–7:30 PM	Pool Observation Room	x	\$15M/\$15CP
Day after Thanksgiving Party 11/27/26	3–8	9:00–11:00 AM	Sunshine Room	x	\$15M/\$15CP
Drop and Go Bounce Party 12/22/26	3–8	10:00–11:30 AM	Gymnastics Gym	x	\$10M/\$10CP
Drop and Go Bounce Party 12/29/26	3–8	10:00–11:30 AM	Gymnastics Gym	x	\$10M/\$10CP
Halloween at the Y 10/16/26	Family	5:00–7:00 PM	Around the building	Free	x
Christmas at the Y 12/18/26	Family	5:00–7:00 PM	Around the building	x	Free
New Years Eve Balloon Drop & Splash 12/31/26	Family	12:00–2:00 PM	Track Gym and Family Adventure Pool	x	Free for members CPs need to purchase a day pass



GYMNASTICS



2026
FALL 1 SESSION
 August 31 – October 25
FALL 2 SESSION
 October 26–December 20

30 min classes fee \$63 Members / \$131 Community Participants				
	TUE	WED	THU	SAT
Parent Tot Age 18 mo–3 yrs	10:15–10:45 AM	9:40–10:10 AM 4:00–4:30 PM		8:30–9:00 AM
Preschool Gymnastics Age 3–4 yrs	9:30–10:00 AM 4:00–4:30 PM 4:40–5:10 PM	9:00–9:30 AM 10:20–10:50 AM	9:30–10:00 AM 10:10–10:40 AM 4:50–5:20 PM 5:30–6:00 PM	9:10–9:40 AM
40 min classes fee \$73 Members / \$151 Community Participants				
Level 1 Age 5–7 yrs	11:00–11:40 AM 5:20–6:00 PM		6:10–6:50 PM	9:50–10:30 AM
Level 1 Age 8–12 yrs	5:20–6:00 PM			9:50–10:30 AM
Level 2 Age 6–13 yrs	6:10–6:50 PM		4:00–4:40 PM	10:40–11:20 AM
60 min classes fee \$93 Members / \$191 Community Participants				
Level 3 Age 6–14 yrs	7:00–8:00 PM		7:00–8:00 PM	11:30AM–12:30PM
Level 4 Age 6–14 yrs	7:00–8:00 PM		7:00–8:00 PM	11:30AM–12:30PM
* No classes on Thursday, November 26th				

NINJAZONE

30 min classes Fee
 \$67 Members / \$139 Community Participants



	MON	SAT
Lil' Ninja Age 3–5 yrs	10:30–11:00 AM	12:45–1:15 PM
*No class on Monday, September 7th		

40 min classes Fee
 \$88 Members / \$181 Community Participants

	TUE	SAT
Ninja Warrior Age 6–8 yrs	1:00–1:40 PM	1:25–2:05 PM
Ninja Warrior Age 9–12 yrs	1:00–1:40 PM	2:15–2:55 PM



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ADDITIONAL PROGRAMS

FEITH FAMILY OZAUKEE BRANCH

Did you know your Y membership lets you use our Port Washington location, too?
Check out this program that is offered at our Ozaukee Branch!

NHL STREET™ | WEDNESDAYS



AGE	TIME	DATE	LOCA-TION	Fall 1	Fall 2
1st & 2nd grade	5:00–5:30 PM	9/2–9/23	Gym	\$46 M/\$72 CP	x
3rd–5th grade	5:45 6:30 PM	9/2–9/23	Gym	\$49 M/\$78 CP	x