

The Chatter

A PUBLICATION FOR EXPERIENCED ADULTS



We hope you will join us!

Located in the lower level, east side of Diamondhead Education Center (DEC). Enter door 11 or 12. [See map and more details on page 26.](#)

During business hours you must be buzzed in to the building. Press the buzzer, when answered indicate which activity you are attending. If there is no answer, call 952-707-4150 during business hours for assistance.

Fantastic Fall Opportunities!

Activities, news & events you're sure to love!

Welcome to the Burnsville Senior Center

Where experienced adults connect, learn and grow

Visit us at the Senior Center, where seniors come together for services and activities that reflect their experience and skills. We strive to respond to diverse needs and interests, enhance dignity, support independence, and encourage involvement in and with the center and the community. Plus, It's a whole lot of fun!

Gathering Grounds

Events, services, screenings, enrichment and social groups

Offerings include Comedy Show, Bingo, Festal Pumpkin, Munch & Mingle social group, free Veterans Day activities, creative groups, Ladies & Men's Breakfasts, Book Clubs, Games & Game Tournament, Fitness, Ping Pong, Painters Studio, health support & clinics, educational talks, community events & connections, shred events, Tech Buddies one-on-one help, volunteer opportunities and food programs. [It's all in The Chatter!](#)

Burnsville Senior Center

BOOtique & Bake Sale

Stop by...there's something for everyone

Thurs, Oct 22, 9 am-2 pm
Vendors Wanted!

Start the holiday season with us! This event is much loved by our seniors, the folks at Diamondhead and community members. We reserve the right to determine what is appropriate for this event. \$40 vendor fee benefits the BSC and is non-refundable. Visit our website to register or call 952-707-4121. [See page 5 for event details.](#)

09HBBS- V25 \$40

Published in January, May and September, The Chatter is mailed to over 3,000 senior households in northwest Dakota County courtesy of ISD 191 Community Education and the City of Burnsville.

[To subscribe to this free publication, or to stop your subscription, please call 952-707-4120.](#)

GREEN SPACE

Fall at the Burnsville Senior Center, A Colorful Season of Change



Just when I was really getting into the swing of summer, the vibrant green has begun to fade to make way for the colors of autumn. I am grateful for these changes that lead us into the next season of cooler temps, golden light, and falling leaves. Nature's reminder that it's okay to let go and prepare for the next season.

Here at the Senior Center, we are prepping for a new season of activities too. Our Annual Giving Campaign is underway. 100% of the funds raised support the Senior Center. We've got a few spaces we'd like to freshen up this year. Your generosity helps us do that and helps us remain a membership free senior center that is open and welcoming to all folks age 55+. If you don't receive a donation request letter by mid- September and would like to donate to the Senior Center, you may do so by mailing a check, calling with your credit/debit information, or stop by anytime! Each donation is gratefully received and very much appreciated.

Metro Dining Club card sales begin October 1. Purchasing a set of Metro Dining Club cards is a win-win. You save money at some terrific places to eat, and a portion of each sale supports the Senior Center.

Look for our annual favorites the Bootique and Bake Sale and the inHom Senior Christmas event, and make sure to check our new activities in our Gathering Grounds section!

Speaking of change, after 26+ years with ISD 191 Community Education, I am retiring. I never dreamt I would enjoy such a long, fulfilling career with 191 Community Education when I became a member of their clerical team.

The last years I've spent managing the Senior Center have been the cherry on top of a delightful career. You've welcomed me, shown me kindness and shared your wisdom. I've enjoyed every minute I've spent here.

You've also shown me what I have to look forward to in retirement. I have friends who have described their retirement as the Go and Slow years. In the last year we've added 4 granddaughters for a total 5 between the ages of 6 months and 4, none of whom live in Minnesota. It's my go time.

The Senior Center will remain your place. You are why it's special. Your next Senior Center Manager will bring bring fresh ideas and learn from you, as I did. I'll be here through September 11. Swing by when you can.

Wishing you the best, Jennifer Green



AT A GLANCE



Where aging is embraced

Newsletter- The CHATTER

Published January, May, September providing information for 4 months of activities.

Gathering Grounds [Page 4](#)

Social and educational events and activities.

Advisory Council [Page 6](#)

Meets the 3rd Mon of each month at 9:30 am.

Creative Connections [Page 8](#)

Knitting-Crocheting Group

2nd & 4th Fri at 9 am

Card Recyclers 2nd & 4th Mon, 12:30-3 pm

Transform used greeting cards into new treasures. Donate old cards, help recycle or drop by and purchase a few!

Crafters 1st & 3rd Thurs at 9 am

Make favors for Meals on Wheels and special events at the Senior Center.

Quilters 2nd & 4th Tues at 9 am

The quilters use donated material to make quilts which are donated to local charitable groups.

South Metro Stitchers 4th Mon, 5-8 pm

All types of hand stitching welcome. Bring your projects with you.

Twin Cities Ukulele Group Wed, 10 am-12 pm

Woodcarvers Group

Open carving Thurs, 6-9 pm. \$25 annual fee

Social Groups [Page 10](#)

Ladies Breakfast 2nd Fri at 9 am

Men's Breakfast 1st Tues at 8:30 am

Book Clubs

Books R Us: 3rd Mon at 1 pm

Book Club 2: 1st Tues at 1 pm

Nonfiction Club: 1st Thurs at 6:30 pm

Fun and Games [Page 11](#)

Euchre, Scrabble, Cribbage, Trivia, 500, Hand & Foot, Duplicate Bridge, Mah Jongg, and Board and Card Games at the Senior Center.

Staying Active [Page 12](#)

Sunrise Stretch, Wednesday Workout, Ping Pong Painters Studio

Health & Support [Page 13](#)

Blood Pressure Checks 3rd Wed of month
11:30 am-12:30 pm

Stroke Support 4th Tues at 10:30 am

Hearing Screening & Instrument Cleaning

4th Thurs, odd months, 10:30 am-noon.
Call for an appointment.

Foot Clinic 1st & 3rd Thurs, 1st, 3rd, & 4th Friday
Appointments required. Call Happy Feet directly at 763-346-3390.

Health Insurance Assistance 1st & 3rd Thurs, 9 am-1 pm
For appointments call 800-333-2433.

Vaccination Clinics Mon, October 5, 12-2 pm

Coffee Talks [Page 18](#)

Free educational opportunities. Registration required.

Community Events & Connections [Page 20](#)

Food Programs [Page 22](#)

Meals on Wheels and Community Pantry 191

Services & Resources [Page 23](#)

Shred Events Dakota County Recycling [Page 24](#)

Donations & Volunteering [Page 25](#)

Burnsville Senior Center is located in Diamondhead Education Center

200 West Burnsville Pkwy, Burnsville, MN 55337

Open Monday-Friday, 9 am-4:30 pm Closed Nov 26, 27, Dec 24-Jan 3

Enter door 11 or 12 lower level east side

Website: communityed.isd191.org/adult/senior-center

200 W Burnsville Parkway, Burnsville, MN 55337 952-707-4120 Email: senior.center@isd191.org



All activities held in DEC Meeting Room unless otherwise listed

Space is limited. Remember to RSVP for each program you are attending! 952-707-4120



Best of a 70s Midwestern Kid Comedy Show

Mary grew up in the Midwest in the 70s, so if you were a 70s kid or if you were raising a 70s kid, this show's for you. Trip down memory lane with Mary Nelson's stories of growing up in the 1970s. You may have heard her before, but Mary is bringing the best of both of her shows with a little something new for you to laugh about.

Mary Nelson is a reception volunteer at the Burnsville Senior Center. She enjoys a good laugh, a good thriller, and is completely obsessed with keeping our pop cooler in good order. Sponsor Ebenezer Ridges.

09GG-Sep10 Thu Sep 10 1 pm Free

BSC BINGO

We'll play a few games, share a few laughs and win a few prizes. No cost to participate, but please register.

1-2 pm Free

09GG-Sep14 Mon Sep 14 Sponsor: Regent at Burnsville

09GG-Oct15 Thu Oct 15 Sponsors Ecumen Seasons & Eden Vista Apple Valley

09GG-Nov30 Mon Nov 30 Sponsor: The Waters of Kinglsey Shores & Place



The Story Behind the Festal Pumpkin Pie Recipe A Slice of Minnesota History

Join us for a sweet and savory storytelling event as we dig into the roots of one of the Midwest's most iconic holiday desserts — the Festal Pumpkin Pie — and the incredible local woman behind the recipe that has stood the test of time. Sponsor Griswold Senior Care

09GG-Oct29 Thu Oct 29 11 am Free

Munch & Mingle

Join us for the fun of it!

Everyone is welcome to this social group
Expect interactive games, activities, and conversation.
Bring a bag lunch.

\$5 cash is payable to the coordinator day of.
Your first soda, coffee or tea are included in the fee.
Fee covers cost of activities.

First meeting is August 27th!

11 am -12:30 pm Select Thursdays
September 24, October 29,
(Wednesday) November 25, January 28

RSVP for each date you'll be joining us.
Space is limited. 952-707-4120.



Burnsville Senior Center

BOOtique & Bake Sale

Stop by...there's something for everyone

THURSDAY
OCTOBER 22
9 AM - 2 PM

*Bakery, *Craft Supplies, *Jewelry, *Quilts
Makers & Crafters

Mix & Mingle while you shop
Enjoy lunch with friends
Sloppy Joe Sales begin 10:30 am

Cash appreciated *CC/Debit available
All proceeds support the Burnsville Sr Center

Honoring Those Who Served Free at the Senior Center on Veterans Day

Complimentary Haircuts for Veterans

This Veterans Day we are proud to give back to those who gave so much. All veterans are invited to stop by for a complimentary haircut as a small token of our appreciation for your service. Please call the senior center to RSVP for a haircut the 9, 10, 11, or 12 o'clock hour. Treats provided. Sponsor Griswold Senior Care.
09GG-Nov12 Wed Nov 11 9 am-1 pm

Free Veterans Day Ice Cream Social

This is our way of saying thank you for your service! We'll serve from 2-3 pm. Feel free to stay and visit as long as you'd like. Everyone is invited to attend. Please RSVP at 952-707-4120. It helps us with planning! Sponsor inHom Senior Care
09GG-Nov11 Wed Nov 11 2-3 pm

Veterans Benefits Coffee Talk

Hear about all of the programs available to Veterans through the VA. If you or someone you know is a Veteran, don't miss this opportunity to hear about programs to help them continue living their best life. Wed Nov 11 at 1 pm See page 19.

Make a difference in the life of a local senior this Christmas

The Burnsville Senior Center is partnering with inHom Senior Care to collect and distribute gifts to isolated seniors.

- **October 23** Gift suggestions for individuals are ready for you to pick up at the Burnsville Senior Center
- **Drop Off** your gifts at the BSC between Dec 1-4
- **Gift Wrapping Party** Dec 10 9am-12pm

We can accept requests for 100 seniors
Call 952-707-4120 with questions or nominations

Scan Code to nominate a Senior

952-882-9300 www.inhommn.com

Refreshments compliments of
InHom Senior Care & Regent at Burnsville
RSVP to 952-707-4120

WINTER

OPENHOUSE

Join us for an afternoon of socializing,
delicious refreshments, and festive cheer.

THURSDAY, JANUARY 14
1-3 pm
BURNSVILLE SENIOR CENTER



Metro Dining Club Cards



Discounts can be used monthly
at 138 restaurants
Cards available end of
September
Valid October 2026-September 2027

Call ahead 952-707-4120.
Proceeds from this fundraiser support the BSC



Burnsville Senior Center

Where aging is embraced

Weekly Updates

Weekly email or voice message from
the Senior Center providing updates
& reminders

If you would like to receive it, call
952-707-4120 to provide the phone
number or email address you'd like us
to use. You may update your information
and request to be removed at the
same number

Advisory Council

The Advisory Council advises and assists
the Manager of the BSC in the planning,
development, implementation, and
evaluation of the Senior Center and its
activities, consistent with District 191's
commitment to lifelong learning. The
Council meets each month September-
May. If you are interested in joining
or visiting a meeting, please call
952-707-4121. Guests are welcome.

Members

Bernice Blacksher, Laurie Clough,
Sydney Flinn-Ryan, Audrey Lattery,
Maggie McKinney, Wayne Scheffel,
Doug Moseman, Wanda Trousil,
Liz Whetter, Carolyn White

Helpful Phone Numbers

ISD 191 Community Education
952-707-4150

DARTS 651-455-1560

Metro Mobility 651-602-1111

Meals on Wheels 952-393-9860

AARP Minnesota 866-554-5381

Precision Driving Center
888-234-1294

Happy Feet 763-346-3390

The Senior Center Annual Giving Campaign begins in September & continues all year
100% of your donations support the Senior Center and help us remain a membership free center
which is welcoming to all. We appreciate your ongoing support.

Letters will be mailed in September. Donations may be made by check or credit/debit.



A message from Dr. Latanya Daniels Superintendent of District 191 Trailblazers start right here in One91

A lot of people in the District 191 community know about "Pathways" at Burnsville High School. Back in 2016, Pathways were first launched as a series of classes designed to help students understand and gain the skills needed to pursue a particular career like nursing, culinary arts, marketing or engineering.

Since then, we've expanded Pathways to include all of Pre-Kindergarten through Grade 12. And in fact, it includes everything we do when it comes to learning experiences. Pathways has become an approach to education, a mindset that says every student will have access to learning opportunities that inspire them to think about and prepare for their future, opportunities developed with community partners that provide real-world skills and tangible benefits.

When we work with the City of Burnsville's Fire Department to help high school students become certified Emergency Medical Technicians by the time they graduate, that's Pathways in action. When we develop classes for adults with our transportation provider so those students can become licensed bus drivers, that's Pathways. And when we partner with local artists to offer art classes that inspire lifelong passion in community members, that's Pathways, too.

You may see signs around our schools or in our community that read "Trailblazers Start Here." That means you and that means right here in this catalog. Whatever your path, whatever your stage in life, we're here to help you blaze your trail. Thank you for being part of the One91 Community.

Sincerely,

Dr. Latanya Daniels, Superintendent

Where Remembrance Begins



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of Mind...
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SAVE!*



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Burnsville Senior Center, Burnsville, MN

02-1021

CREATIVE CONNECTIONS



Quilters 2nd & 4th Tue 9 am

Sep 8, 22, Oct 13, 27, Nov 10, 24, Dec 8, 22

This creative group of stitchers creates warm, colorful quilts for children in shelters and hospitals, elderly folks in health care centers and more. The quilters have a good time while they share quilting knowledge and skills with each other. The hundreds of quilts are made from donated fabric.

Card Recyclers 2nd & 4th Mon 12:30 pm

Sep 14, 28, Oct 12, 26, Nov 9, 23, Dec 14

Join the fun! The card recyclers use a few supplies and a lot of creativity to transform trash into treasure! Drop by and purchase a few cards, or donate old cards at the Senior Center for recycling.

Crafters 1st & 3rd Thu 9 am

Sep 3, 17, Oct 1, 15, Nov 5, 19, Dec 3, 17

Join the crafters! They're a group of community minded folks who spread cheer through the special projects they make for skilled care facilities and health care centers.

Knitters & Crocheters 2nd & 4th Fri 9 am

Sep 11, 25, Oct 9, 23, Nov 13, Dec 11

Using donated yarn, this group produces hundreds of mittens, scarves, lap robes, afghans, booties, and slippers and donates them to charitable organizations within our community. Newcomers are welcome. We'll help you learn the basic knit and crochet stitches. Yarn donations are welcomed.

South Metro Stitchers 4th Mon 5 pm

Sep 28, Oct 26, Nov 23, Dec 14

Whether you are working on a project for your favorite charity, a gift for a friend, or something for yourself, all types of hand stitching are welcome. If you are a beginner looking for tips, we probably have someone who can help you. Bring your cross stitch, needlepoint, knitting, crocheting, or tatting project with you.

Woodcarvers Thu, Sept 4-June 26 6 pm

BWCC-2627 \$25

Ongoing registration - Meeting through June 2027

Self-led workshop where woodcarvers inspire and learn from one another while sharing tips about the craft. Participants provide their own projects and materials required to complete them. The group meets in the Campus Cup on the upper level of Diamondhead. Enter door 1. New folks are always welcome. Feel free to visit a time or two before joining.

BWCC-2526 \$25 annual fee Youth age 12 and up may register if attending with a registered adult.



Twin Cities Ukulele Group Wed, 10 am

The Twin Cities Ukulele group weekly jam is moderately paced which helps jammers of all levels feel welcome from the beginning. We touch on some 'How tos' to help us play better together. We'll show you simple chords to get you playing along with the group right away. The jam is lead by a TCUC jam leader. For more information contact ukulelefun222@gmail.com.



PRECISION
DRIVING CENTER
A DIVISION OF ST. CLOUD STATE UNIVERSITY

55+ DRIVER
DISCOUNT
PROGRAM

DEFENSIVE DRIVING

Classes held at Diamondhead Education
Center Senior Center meeting room



Drivers age 55+ are eligible to receive
a 10% discount on their auto insurance

The 4-hour course now fulfills the
initial requirement to earn the discount

Repeat the 4-hour course every three years to maintain
the discount. All classes are \$24 per person and are held
in DEC Meeting Rm / Sept 9, 10 & Dec 10 classes in Rm 1025

Preregistration required.

Register online or by calling the Burnsville Senior Center
952-707-4120 or Precision Driving center 1-888-234-1294.
Please provide birth date when registering

5:30-9:30 pm

0904-Sep09	Wed	Sep 9
0904-Oct14	Wed	Oct 14
0904-Nov10	Tue	Nov 10
0904-Dec09	Wed	Dec 9

1-5 pm

0904-Sep10	Thu	Sep 10
0904-Sep28	Mon	Sep 28
0904-Oct20	Tue	Oct 20
0904-Nov05	Thu	Nov 5
0904-Dec10	Thu	Dec 10

Please bring a pen and paper. You'll learn from a certified professional who has access to the most up-to-date research in the field. Instructors complete 40 hours of training and are re-certified by Precision Driving Center every three years. Topics include but are not limited to: visual scanning techniques, steering techniques, anti-lock brake systems, airbag safety and new vehicle technology. Please note: A \$10 fee is applied for any changes on prepaid classes. There are no refunds if you are unable to attend. Certificates may not be available in class to those enrolling less than 5 days prior to class date. Late enrollees will receive their certificate via email.

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gshaughnessy@4LPi.com
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Burnsville Senior Center, Burnsville, MN

02-1021



Ladies Breakfast

2nd Fri: Sep 11, Oct 9, Nov 13, Dec 11, 9 am

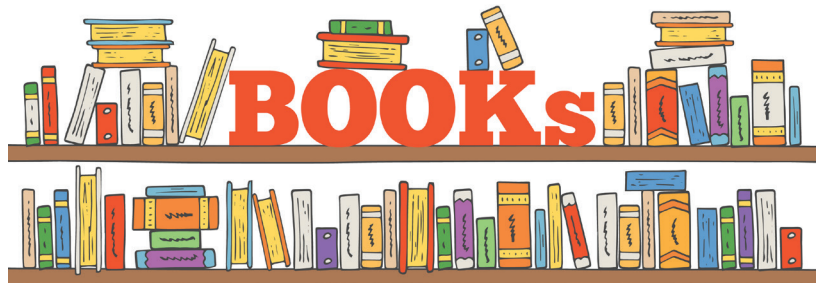
Check for location when you RSVP.

Register at the Senior Center or 952-707-4120 for each date you can join us as space is limited. Pay your own way. We'd love to have you join us for breakfast and conversation.

Men's Breakfast

1st Tue: Sep 1, Oct 6, Nov 3, Dec 1

8:30 am at the Original Pancake House, 14352 Nicollet Court in Burnsville. The typical agenda includes great conversation with old and new friends, great food and separate checks. For more information please contact Dan McElroy danmcelroy@comcast.net 952-797-4548.



Books R Us Club

3rd Mon: 1 pm in Senior Center Meeting Rm

This club is provided in partnership with the Dakota County library system which provides information about the authors and questions for the monthly discussions.

Sep 21 - James by Percival Everett

Oct 19 - Wedding People by Alison Espach

Nov 16 - Broken Country by Claire Leslie Hall

Dec 21- Things I Wish I Told My Mother by Susan Patterson and Susan DiLallo with James Patterson

Book Club II **First Tue: 1pm at Barnes and Noble**

in the Burnhaven Shopping Center, 828 W County Rd 42.

Sep 1 - The Extraordinary Life of Sam Hell by Robert Dugoni

Oct 6 - The Correspondent by Virginia Evans

Nov 3 - My Friends by Fredrik Backman

Dec 1- Holiday Lunch and Book Pick for 2027

Non-Fiction Book Club

1st Thurs: 6:30 pm in Senior Center Conference Rm

Sep 3 - When It All Burns by Jordan Thomas

Oct 1 - The Dragons, the Giant, the Women by Wayetu Moore

Nov 5 - Heartbeat of Wounded Knee by David Treuer

Dec 3 - Replaceable You by Mary Roach



GAME SCHEDULE

BURNSVILLE SENIOR CENTER

MONDAY	Euchre Mah Jong	11 am-1 pm 1-3 pm
TUESDAY	Scrabble	11 am
TUESDAY	Duplicate Bridge	12:30 pm
WEDNESDAY	Cribbage 500*	10 am 12:45 pm
THURSDAY	Board Games 1st & 3rd Team Trivia 2nd Card Games 4th	12:30 pm
FRIDAY	Hand & Foot*	12:15 pm

Nominal fee payable to the coordinator each week of play.
Maj Jong requires current card and game play experience

***Card Tournaments**

**500 WEDNESDAY, OCT 28
HAND & FOOT FRIDAY, OCT 30**

**\$5/game
Register by October 23**



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Burnsville Senior Center, Burnsville, MN

02-1021

STAYING ACTIVE



WEDNESDAY WORKOUTS WITH KIM

Improve Balance • Mobility • Fitness

Move with confidence and strength - at your own pace. Join Kim for a supportive, energizing workout focused on building strength through body-weight exercises while improving balance, mobility, and overall fitness.

WHAT TO EXPECT:

- Strength-building body-weight exercises
- Activities to improve balance, mobility, and fitness
- Options to add hand weights to increase intensity
- Exercises can be done sitting or standing
- Modifications based on your preference and ability

Wednesday Workout with Kim

Improve Balance, Mobility, & Fitness

Focus on building strength through body weight exercises. Improve balance, mobility and fitness. Adding hand weights will increase your workout. Bring your own 5-10 lb weights. This course is not covered by insurance. **Drop in for \$12/week, available once class minimum has been met.**

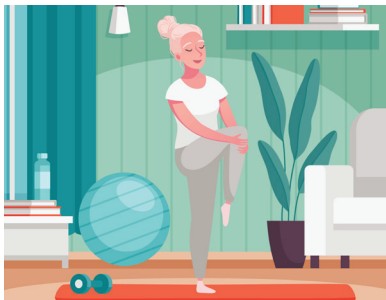
Kim Kafka is a firm believer that you are stronger than you realize.

Wed 10:30-11:30 am DEC Studio B

09WW-09	Sep 2-30	5 sessions	\$49
09WW-10	Oct 7-28	4 sessions	\$39
09WW-11	Nov 4-25	4 sessions	\$39
09WW-12	Dec 2-16	3 sessions	\$29

Sunrise Stretch

Start your day with a stretch and a smile, at this self led exercise class, done with pre-recorded instructions. Class meets Mon, Wed, Fri and costs just \$10 per month. **No class Nov 27**



M/W/F 8:30-9:30 am \$10 DEC Sr Center Mtg Rm

09SS-Sep26	Sep 2-25
09SS-Oct26	Oct 2-30
09SS-Nov26	Nov 2-30
09SS-Dec26	Dec 2-23

Ping Pong

Bring your own paddle. Register in advance at the Burnsville Senior Center. **\$20 per quarter**
09PP-02 Tue/Fri Sep 1-Dec 18 Skip Dec 4



Painter's Studio

Self-led workshop for beginning and experienced artists. Develop and enhance your artistic style in a cooperative setting among other artists. Please bring your own materials. The 2nd Friday, painters will meet in conference room 2. Join us the entire month or pay \$5 each week you attend.

Fri 9 am-12 pm DEC Sr Center Mtg Rm

09PW-Sep26	Sep 4-25	4 sessions	\$12
09PW-Oct26	Oct 2-30	5 sessions	\$15
09PW-Nov26	Nov 6-20	3 sessions	\$9
09PW-Dec26	Dec 4-18	3 sessions	\$9





Metropolitan Area Agency on Aging



Questions about Medicare?

We can help over the phone or in-person.



- ✓ Free, unbiased assistance
- ✓ Not affiliated with any insurance company
- ✓ Review Medicare options including Medigap, Advantage and Cost Plans
- ✓ Explore programs that help lower your costs

Burnsville Senior Center
200 W Burnsville Parkway
Burnsville, MN 55337
1st & 3rd Thursday's
9:00-10:00, 10:15-11:15 & 11:30-12:30

Schedule an appointment now at mn.gov/aging-pathways/medicare/ call 1-800-333-2433



HEALTH & SUPPORT

Stroke Support Group 4th Tue at 10:30 am

The Stroke Support & Education group meets at the Burnsville Senior Center, 200 W. Burnsville Parkway. Provided in cooperation with M HEALTH Fairview.

Foot Care Clinic with Happy Feet

1st & 3rd Thu / 1st, 3rd & 4th Fri

Foot care appointments range from 30 minutes for routine care and 40 for new client intakes. You'll receive basic foot care including: foot assessment, foot soak, filing of corns and calluses, and nail trimming and filing; both in length and thickness. We trim nails in a process designed to mitigate the risk of ingrown nails occurring with nail grow out, as well as assist with the care of current ingrown nails. Your service is completed with a brief hydrating foot rub with hypoallergenic massage gel to restore moisture back to skin from filing.

Call Happy Feet directly to make your appointment at 763-346-3390. Cost is \$45.

Blood Pressure Checks

The 3rd Wed, 11:30 am-12:30 pm Sep 16, Oct 21, Nov 18

Arbor Ridges provide free blood pressure checks at the Burnsville Senior Center. No appointment necessary, just stop by.

Hearing Screening & Instrument Cleaning

4th Thu of odd months, 10 am-12 pm Sep 24

New Provider! Asher Morton of Hearing Life joins us for hearing screening and hearing aid cleaning appointments. Hearing screening may determine if hearing loss is present and further testing is needed. Call to reserve your spot.

Minnesota's Cold Weather Rule (CWR) is a state law that protects residential utility customers from having electric or natural gas service shut off between Oct 1 & April 3.

Call your natural gas, electric, municipal utility or electric cooperative for more information, or contact the Commission's Consumer Affairs Office at consumer.puc@state.mn.us or 651-296-0406, 1-800-657-3782.

WALK-IN VACCINATION CLINIC

Flu, COVID, RSV based on product availability and proper insurance
 Monday, October 5
 12 - 2 pm

Burnsville Senior Center
952-707-4120

Bring your Medicare and/or insurance information

Post vaccination treats provided by

ECUMEN
Seasons
 at Apple Valley

EDEN VISTA
APPLE VALLEY
 A SENIOR LIVING COMMUNITY



Provided in cooperation with Cub Pharmacy

September 2026

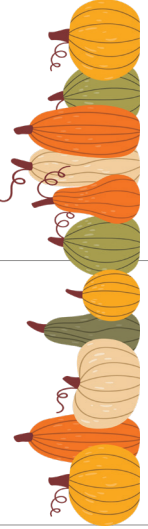
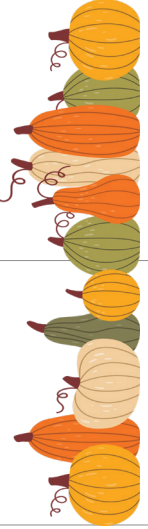
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 8:30am Men's Breakfast 11am Scrabble 12:30pm DupBridge 1pm B & N Book Club 1pm Ping Pong	2 8:30am Sunrise Stretch 10am Cribbage 10am Ukulele Jam 12:45pm 500 Card	3 Footcare by appt Ins Couns. by appt 9am Crafters 12:30pm Board Games 6pm Woodcarvers 6:30pm Non-Fiction Book Club	4 Footcare 8:30am Sunrise 9am Painters 12:15pm Hand & Foot 1pm Ping Pong	5	6	
7 Labor Day CLOSED	8 9am Quilters 11am Scrabble 12:30pm DupBridge 1pm Talk - Sr Living Overview 1pm Ping Pong	9 8:30am Sunrise Stretch 10am Cribbage 10am Ukulele Jam 12:45pm 500 Cards 5:30 pm Defensive Driving	10 12:30pm Team Trivia 1pm Comedy Show 1pm Defensive Driving Rm 1025 6pm Woodcarvers	11 8:30am Sunrise Stretch 9am Knitters/ Painters 9:30am Ladies Breakfast 12:15pm Hand & Foot 1 pm Ping Pong	12	13
14 8:30am Sunrise Stretch 10am Talk Before & After the Funeral 11am Euchre 12:30pm Card Recyclers 1pm BINGO 1pm Mahjong	15 11am Scrabble 12:30pm DupBridge 1pm BINGO 1pm Ping Pong	16 8:30am Sunrise Stretch 10am Cribbage 10am Ukulele Jam 11:30am BP Checks 12:45pm 500 Card	17 Footcare by appt Ins Couns. by appt 9am Crafters 12:30pm Board Games 6pm Woodcarvers	18 Footcare by appt 8:30am Sunrise Stretch 9am Painters 12:15pm Hand & Foot 1pm Ping Pong	19	20
21 8:30am Sunrise Stretch 9:30am Advisory Council 11am Euchre 1pm Books R Us 1pm Mahjong	22 9am Quilters 10:30am Stroke Support 11am Scrabble 12:30pm DupBridge 1pm Talk - Peripheral Neuropathy 1pm Ping Pong	23 Footcare by appt 8:30am Sunrise Stretch 10am Cribbage 10am Ukulele Jam 12:45pm 500 Card	24 10am Talk- Hearing Health +appts 11am Munch & Mingle 12:30pm Board Games 6pm Woodcarvers	25 Footcare by appt 8:30am Sunrise Stretch 9am Knitters/ Painters 12:15pm Hand & Foot 1pm Ping Pong	26	27
28 8:30am Sunrise Stretch 10am Talk- Fond Farewell 11am Euchre 12:30pm Card Recyclers 2 pm Health Care Directives	29 11am Scrabble 12:30pm DupBridge 1pm Ping Pong 6pm Talk- Navigating Medicare.gov	30 Footcare by appt 8:30am Sunrise 10am Cribbage 10am Ukulele Jam 12:45pm 500 Cards				

October

2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 8:30am Sunrise Stretch 10am Talk- Don't Know What You Don't Know 11am Euchre 12pm Vaccination Clinic 1pm Mahjong	6 8:30 am Men's Breakfast 10am Talk- Diabetes 11am Scrabble 12:30pm DupBridge 1pm Ping Pong 1pm Book Club @ B&N	7 8:30 am Sunrise Stretch 10am Cribbage 10am Ukulele Jam 10:30am Wed Workout w/Kim 12:45pm 500 Card Game 1pm Talk Changes to Medicare 2027	1 Footcare by appt Ins Couns. by appt 9am Crafters 12:30pm Board Games 1pm Defensive Driving 6pm Woodcarvers 6:30pm Non-Fiction Book Club	2 Footcare by appt 8:30am Sunrise Stretch 9am Painters Workshop 12:15pm Hand & Foot 1pm Ping Pong Studio A	3	4
12 8:30am Sunrise Stretch 11am Euchre 12:30pm Card Recyclers 1pm Mahjong 1pm Talk Fall Prevention	13 9am Quilters 11am Scrabble 12:30pm DupBridge 1pm Ping Pong	14 8:30am Sunrise Stretch 10am Cribbage 10am Ukulele Jam 10:30am Wed Workout w/Kim 12:45pm 500 Card Game 5:30pm Defensive Driving	8 12:30pm Team Trivia 1pm Talk with Landmark Tours 6pm Woodcarvers	9 Footcare by appt 8:30am Sunrise Stretch 9am Painters Workshop 9am Knitters 9:30am Ladies Breakfast 12:15pm Hand & Foot 1pm Ping Pong	10	11
19 8:30am Sunrise Stretch 9:30am Advisory Council 11am Euchre 1pm Mahjong 1pm Books R Us	20 10am Coffee Talk Wills & POA 11am Scrabble 12:30pm DupBridge 1pm Defensive Driving 1pm Ping Pong	21 8:30am Sunrise Stretch 10am Cribbage 10am Ukulele Jam 10:30am Wed Workout w/Kim 12:45pm 500 Card Game 5:30pm Defensive Driving	15 Footcare by appt Insurance Counseling by appt 9am Crafters 12:30pm Board Games 1pm BINGO Ecumen 6pm Woodcarvers	16 Footcare by appt 8:30am Sunrise Stretch 9am Painters Workshop 12:15pm Hand & Foot 1pm Ping Pong	17	18
26 8:30am Sunrise Stretch 11am Euchre 12:30pm Card Recyclers 1pm Mahjong 5pm S Metro Stitchers	27 9 am Quilters 10:30am Stroke Support Group 11am Scrabble 12:30pm DupBridge 1pm Ping Pong	28 8:30am Sunrise Stretch 10am Cribbage 10am Ukulele 10:30am Wed Workout w/Kim 12:45pm Tournament Day 500 2pm Tech Buddy	22 Bootique & Bake Sale 9 am-2 pm Woodcarvers 6pm	23 Footcare by appt 8:30am Sunrise Stretch 9am Painters Workshop 9am Knitters 12:15pm Hand & Foot 1pm Ping Pong	24	25
26 8:30am Sunrise Stretch 11am Euchre 12:30pm Card Recyclers 1pm Mahjong 5pm S Metro Stitchers	27 9 am Quilters 10:30am Stroke Support Group 11am Scrabble 12:30pm DupBridge 1pm Ping Pong	28 8:30am Sunrise Stretch 10am Cribbage 10am Ukulele 10:30am Wed Workout w/Kim 12:45pm Tournament Day 500 2pm Tech Buddy	29 Footcare by appt 11am A Slice of MN History/ Munch & Mingle 12:30pm Board Games 6pm Woodcarvers	30 8:30am Sunrise Stretch 9 am Painters Workshop 12:15pm Tournament Day Hand & Foot 1pm Ping Pong	31	

November 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2 8:30am Sunrise Stretch 11am Euchre 1pm Mahjong	3 8:30am Men's Breakfast 11am Scrabble 12:30pm DupBridge 1pm Ping Pong 1pm Book Club @ B&N	4 8:30 am Sunrise Stretch 10am Cribbage 10am Ukulele Jam 10:30am Wed Workout w/ Kim 12:45pm 500 Card Game	5 Footcare/Ins Counseling by appt 9am Crafters 12:30pm Board Games 1pm Defensive Driving 6pm Woodcarvers 6:30pm Non-Fiction Book Club	6 Footcare by appt 8:30am Sunrise Stretch 9am Painters Workshop 12:15pm Hand & Foot 1pm Ping Pong	7	1
9 8:30am Sunrise Stretch 10am Talk - Long Term Care 11am Euchre 12:30pm Card Recyclers 1pm Mahjong	10 9am Quilters 11am Scrabble 12:30pm DupBridge 1pm Ping Pong 5:30pm Defensive Driving	11 8:30 am Sunrise Stretch 9am Veteran's Day Festivities See schedule p. 5 10am Cribbage/Ukulele Jam 10:30am Wed Workout w/ Kim 12:45pm 500 Card Game	12 12:30 pm Team Trivia 6pm Woodcarvers	13 8:30 am Sunrise Stretch 9am Painters Workshop/knitters 9:30am Ladies Breakfast 12:15pm Hand & Foot 1pm Ping Pong	14	15
16 8:30am Sunrise Stretch 9:30am Advisory Council 11am Euchre 1pm Mahjong 1pm Books R Us	17 11am Scrabble 12:30pm DupBridge 1pm Ping Pong	18 8:30am Sunrise Stretch 10am Cribbage/Ukulele Jam 10:30am Wed Workout w/ Kim 11:30am BP Checks 12:45pm 500 Card Game	19 Footcare by appt Insurance Counseling by appt 9am Crafters 12:30pm Board Games 6pm Woodcarvers	20 Footcare by appt HSC Nominations Due 8:30am Sunrise Stretch 9am Painters Workshop 12:15pm Hand & Foot 1pm Ping Pong	21	22
23 8:30am Sunrise Stretch 11am Euchre 12:30pm Card Recyclers 1pm Mahjong 5pm S Metro Stitches	24 9am Quilters 10:30am Stroke Support Group 11am Scrabble 12:30pm DupBridge 1pm Ping Pong	25 8:30am Sunrise Stretch 10am Cribbage/Ukulele Jam 10:30am Wed Workout 11am Munch & Mingle 12:45pm 500 Card Game	26 Closed for Fall Break	27	28	29
30 Footcare by appt 8:30am Sunrise Stretch 11am Euchre 1pm Mahjong 1pm BINGO						

December 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 8:30am Men's Breakfast 11am Scrabble 12:30pm DupBridge 1pm Ping Pong 1pm Book Club @ B&N	2 8:30am Sunrise Stretch 10am Cribbage 10am Ukulele Jam 10:30am Wed Workout w/Kim 12:45pm 500 Card Game	3 Footcare by appt Ins Couns. by appt 9am Crafters 12:30pm Board Games 6pm Woodcarvers 6:30pm Non-Fiction Book Club	4 Footcare by appt Gifts due for INSC 8:30am Sunrise Stretch 9am Painters Workshop 12:15 pmHand & Foot 1pm Ping Pong	5	6
7 8:30am Sunrise Stretch 11am Euchre 1pm Mahjong	8 9am Quilters 11am Scrabble 12:30pm DupBridge 1pm Ping Pong	9 8:30am Sunrise Stretch 10am Cribbage Ukulele Jam 10:30am Wed Workout w/Kim 12:45pm 500 Card Game (Atrium) 5:30pm Defensive Driving (1025)	10 InHom Sr Christmas Wrap Party 12:30pm Team Trivia 1pm Defensive Driving (1025) 6pm Woodcarvers	11 8:30am Sunrise Stretch 9am Painters Workshop 9am Knitters 9:30am Ladies Breakfast 12:15pm Hand & Foot 1pm Ping Pong	12	13
14 8:30 am Sunrise Stretch 11am Euchre 12:30pm Card Recyclers 1pm Mahjong 5pm S Metro Stitchers	15 11am Scrabble 12:30pm DupBridge 1pm Ping Pong	16 8:30am Sunrise Stretch 10am Cribbage 10am Ukulele Jam 10:30am Wed Workout w/Kim 11:30am BP Checks 12:45pm 500 Card Game	17 Footcare by appt Insurance Counseling by appt 9am Crafters 12:30pm Board Games 6pm Woodcarvers	18 Footcare 8:30am Sunrise Stretch 9am Painters Workshop 12:15pm Hand & Foot 1pm Ping Pong	19	20
21 8:30am Sunrise Stretch 9:30am Advisory Council 11am Euchre 1pm Mahjong 1pm Books R Us	22 9am Quilters 10:30am Stroke Support Group 11am Scrabble 12:30pm DupBridge 1pm Ping Pong	23 8:30am Sunrise Stretch 10amCribbage 10amUkulele Jam 10:30amWed Workout w/Kim 12:45pm500 Card Game	24 25 Closed for Winter Break		26	27
28	29	30	31			
Closed for Winter Break - Reopen January 4						

COFFEE TALKS

Educational talks at the Burnsville Senior Center Meeting Room are free to attend.

Advanced registration required. Register online or by calling 952-707-4120.



Overview of Senior Living

Tue, Sep 8 at 1 pm 09CT-Sep08

Beyond Your Home-Basic Senior Living Overview for Examining Your Next Steps. Become more confident and better oriented when examining the marketplace after attending this general overview of senior living options. **Presenter:** Greg DeMarco, **Sponsor:** Choice Connections Local Senior Living Advisors.

Before & After the Funeral

Mon, Sep 14 at 10 am 09CT-Sep14

After the loss of a loved one, numerous questions arise. By understanding the pre and post-funeral processes, you can effectively plan ahead to lessen the burden on your family and gain peace of mind for yourself. Before the funeral decisions include payment responsibilities, service types, notifications, and family needs. Post-funeral considerations include bill payments, managing possessions, Wills, asset transfer, and probate questions. Join us for answers and information. **Presenters:** Mary Frances Price, Elder Law Attorney and Elise Schumacher, Certified Preplanner, **Sponsor:** Home Helpers Home Care

Peripheral Neuropathy

Tue, Sep 22 at 1pm 09CT-Sep22

Do you experience tingling, numbness, or burning sensations in your hands or feet? You may have Peripheral Neuropathy. Peripheral neuropathy occurs when peripheral nerves are damaged. Reduce the symptoms of neuropathy or reverse it without the use of medications, injections or surgery. Learn which treatment mistakes to avoid so you will have success treating your neuropathy. **Presenter from Align Integrative Health.** **Sponsor:** The Rivers in Burnsville

Hearing Health & Helpful Devices

Thu, Sep 24 at 10 am 09CT-Sep24

Have you heard that 1 in 5 people experience hearing loss? Do you ever have trouble hearing phone conversations? You are not alone. Please join us for a presentation about hearing health as we age, and learn about helpful resources, available at no cost thanks to assistance provided by the Americans with Disabilities Act, that can improve our phone conversations. You'll also have an opportunity to receive a free hearing screening and/or instrument cleaning. **Provided by** Asher Morton, Hearing Care Provider from Hearing Life. Screenings are by appointment call 952-707-4120 to reserve your place. **Presenter** CapTel Phones Sponsor OEI on behalf of CapTel.

A Fond Farewell

Mon, Sep 28 at 10am 09CT-Sep28

Statistics show that 70 percent of us are unprepared in one or more areas of personal responsibility in planning. Hear about innovative, creative and proper funeral preplanning. Learn about funeral options, laws regarding at home funeral arrangements, and cost comparisons. Plan ahead: Think outside the box. **Presenter:** Elise Schumacher Certified Preplanner **Sponsor:** Amada Senior Care

How to Write & Update a Health

Care Directive Mon, Sep 28 at 2pm 09CT-0928

Have you ever wondered who will communicate your preferences for your health care when you are not able to yourself? We provide straight-forward information on how to complete or update a legal document called a health care directive. In this session we will walk you through the basics - what to do and what not to do when your doctor, your lawyer or your family member gives you a blank document to complete. **Presenter:** Sheila Johnson-Fairview Health Services



Navigating Medicare.gov

Tue, Sep 29 at 6-7:30 pm 09CT-Sep29

Take the confusion out of Medicare- learn how to find the right plan for your needs. Choosing a Medicare Advantage, Medigap or Part D drug plan can feel overwhelming- but we can help. This is a hands-on class where you'll learn how to confidently use Medicare.gov to compare plans and make informed decisions that fit your health and budget needs. This class is for those new to Medicare, caregivers helping someone with Medicare, anyone reviewing coverage during open enrollment, and anyone who want to feel more confident using Medicare.gov. Bring your personal computer or tablet! This is a guided, interactive session where you can follow along on your own device. Personal computer or tablet work best. No prior Medicare experience required. [Presenter is from Minnesota Aging Pathways, Metropolitan Area Agency on Aging.](#)

You Don't Know What You Don't Know

Mon, Oct 5 at 10 am 09CT-Oct05

Decisions facing seniors and their adult children can have significant financial and emotional impacts. Seeking guidance from the right resources can help. Sometimes, no matter how well you plan, you can be taken by surprise. [Elise Schumacher, Certified Preplanning Specialist and Mary Frances Price, Elder Law Attorney, share real-life stories that provide valuable insight to help you make better and more informed decisions.](#) Sponsor: Comfort Keepers

Changes to Medicare 2027

Wed, Oct 7 at 1 pm 09CT-Oct07

Medicare can be complicated, and it changes from year to year. Come learn about what's new in Medicare for 2027, so you can choose the best plan for your needs. This presentation is offered in the fall of each year during Medicare Open Enrollment. [Presenter is from Minnesota Aging Pathways, Metropolitan Area Agency on Aging.](#)

Fall Prevention

Mon, Oct 12 at 1 pm 09CT-Oct12

Join us for an informative discussion on fall prevention, balance, and fall-risk awareness. Fight the Fall!
[Presenter: Barbara Flynn PT, DPT](#)
Sponsor: Fyzical Therapy & Balance Center

Wills & Powers of Attorney

Tue, Oct 20 at 10 am 09CT-Oct20

You want to plan ahead and get your legal documents in order, but where do you start and what documents will you need? What is the difference between a will and a trust? Do you really need a Power of Attorney and a Health Care Directive? Mary Frances Price is an accredited elder law attorney who will help alleviate confusion on these issues. [Sponsor: Ebenezer Ridges](#)

Long Term Care Planning

Mon, Nov 9 at 10 am 09CT-Nov09

Medicaid, Medicare, Veterans Benefits, Long-Term Care Insurance. This course is jam-packed with helpful information on financial planning for long term care expenses. Learn about multiple payment sources including Medicare, Medicare Supplemental Insurances, Veterans Benefits, Long-Term Care Insurance, Private pay and Medicaid. We'll cover many topics including financial eligibility, asset limits, gifting and transfers, look back periods, and more. [Presenter, Mary Frances Price is an Elder Law Attorney.](#) [Sponsor: Comfort Keepers](#)

Veterans Benefits

Wed, Nov 11 at 1 pm 09CT-Nov11

Hear about all of the programs available to Veterans through the VA. If you or someone you know is a Veteran, don't miss this opportunity to hear about programs to help them continue living their best life. [Presenter: Vitaly Salo](#) [Sponsor: inHom Care](#)

Ice Cream Social to follow this talk.

See page 5 for more info on Veteran's Day activities.

Travel Talk

Thu, Oct 8 at 1 pm 09TT-Oct8

Join us as Landmark Tours presents an array of unforgettable travel experiences in the U.S. and abroad. [See page 24 for more details.](#)



COMMUNITY EVENTS & CONNECTIONS



Burnsville Festival & Fire Muster

Block Party **Thur, Sept 10** Nicollet Commons Park

Activities at Burnsville Civic Center Park

Fri, Sept 10 5-11 am

Sat Sept 12 12-10 pm

Fire Truck and Community Parade

Sat Sept 12 11 am-1 pm East 130th Street

Pride **Sat, Sept 19** Nicollet Commons Park

Hispanic Heritage Celebration

Fri, Oct 3 5-8 pm Diamondhead

Fire Department Open House

Thur, Oct 8 5:30-7 pm Fire Station 1

Halloween Skate Party

Sun, Oct 25 12-1:30 pm Burnsville Ice Center

Winter Lighting Ceremony

Wed, Nov 25, 6 pm Nicollet Commons Park

Tinsel, Treats and Giving

Fri, Dec 4 5-8 pm Diamondhead

Call Community Education at 952-707-4150 for more information regarding the events on this page.



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REHAB CARE
ADULT DAY CLUBS

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MARTIN LUTHER
SENIOR LIVING & CARE

Contact Amy at
952-885-8882
for more information.

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insurance policies that meet
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Non-governmental entity **Founder & President** **Licensed Insurance Agent**

Age Magnificently




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BOUTIQUE ASSISTED LIVING & MEMORY CARE

NorBella Prior Lake
4285 Fountain Hills Dr NE
952.215.3205

NorBella Savage
14275 Joppa Avenue S
952.215.3206
A Lifespark Community



norbellaseniorliving.com



Stay Connected

Check out all the offerings in this issue of The Chatter!

There are so many things to do this fall...

creative & social groups, games & cards, health & educational workshops and activities, celebrations and events.



SENIOR CENTER PARTNERS

Anne Capitani	Meals on Wheels Program Director
Susan Holmen	Tech Buddy by DARTS
Joyce Fagerness	Quilters
Bruce Smith	Woodcarving
Sherry Beason	Knitter
Angie O'Connor	Craft Group
Doug Moseman	Games
Dick Hennen	Duplicate Bridge
Colleen Malterud	Hand & Foot
Sharon Raasch	Stroke Group
Wanda Trousil & Darlene Birchler	Library
Dan McElroy	Men's Breakfast
Laurie Clough & Jackie Funk	Jewelry
Health Insurance Counselor	Metro Area Agency on Aging
Volunteer Team	Scrabble
Gary Konkler	500
John Stolte	Euchre
Judy Hurley	Card Recycling
Volunteer Team	Cribbage
Liz Whetter	Ladies Breakfast
Sara Miller	So Metro Stitchers
Michele Ehlers	Twin Cities Ukulele

Quilts on display in the Senior Center are for sale!

Take a look the next time you are in

Quilts make great gifts and are the perfect size for a child or lap blanket.

Recycled Greeting Cards

For sale at the Senior Center for 50 cents a piece. It's the best deal in town!

Old Cell Phones Needed

Keep up the great work! We collect old cell phones and send them to the National Council on Aging. They recycle them and send us a check.



FOOD PROGRAMS



Meals-on-Wheels

Meals-on-Wheels is a community-based service that provides fresh, nutritious meals directly to the homes of seniors and individuals with disabilities. In addition to regularly providing healthy foods, caring volunteers provide social connection that helps meal recipients remain living independently in their own homes.

To learn more about volunteering with Meals-on-Wheels call 952-393-9860. To learn more about meal delivery call Anne at 651-485-6286.

community pantry 191

food at no cost to you

despensa comunitaria 191
comida sin costo para Ud

bulshada cuntada bilaasha 191
Cunto oo kuu bilaash ah



We need volunteers!
Sign up here
hit 191pantryvolunteer



Groceries
1st & 3rd Tuesday
of each month
Fresh Produce Pick Up
July- October
2nd & 4th Tuesday

2 pm until food is gone
Quantities are limited

Diamondhead Education Center
200 W Burnsville Pkwy
Enter the West Side Lower Lot
off Pleasant Avenue

Drive-thru pick-up at Door 9



Website: www.tinyurl.com/brainpower191
Phone: 612.819.4404
Email: brainpower191@gmail.com
Volunteer: www.tinyurl.com/191CPSUMMER



Bowls for BrainPower

Online Store Link:
32auctions.com/BOWLSONLINE
NOV. 1 – DEC. 15

**THURSDAY,
NOVEMBER 12
11 AM – 7 PM**

**Diamondhead
Education Center
200 W Burnsville
Parkway
Burnsville**

Bowls Website
Tinyurl.com/bowls191

Make a donation. Choose a pottery creation. Enjoy a small cup of soup in support of BrainPower in a Backpack, and help support hunger relief efforts in ISD 191.



Contact
Pamela Voigt
612.819-4404
pvoigt@isd191.org



Photo credit Robin Kutz

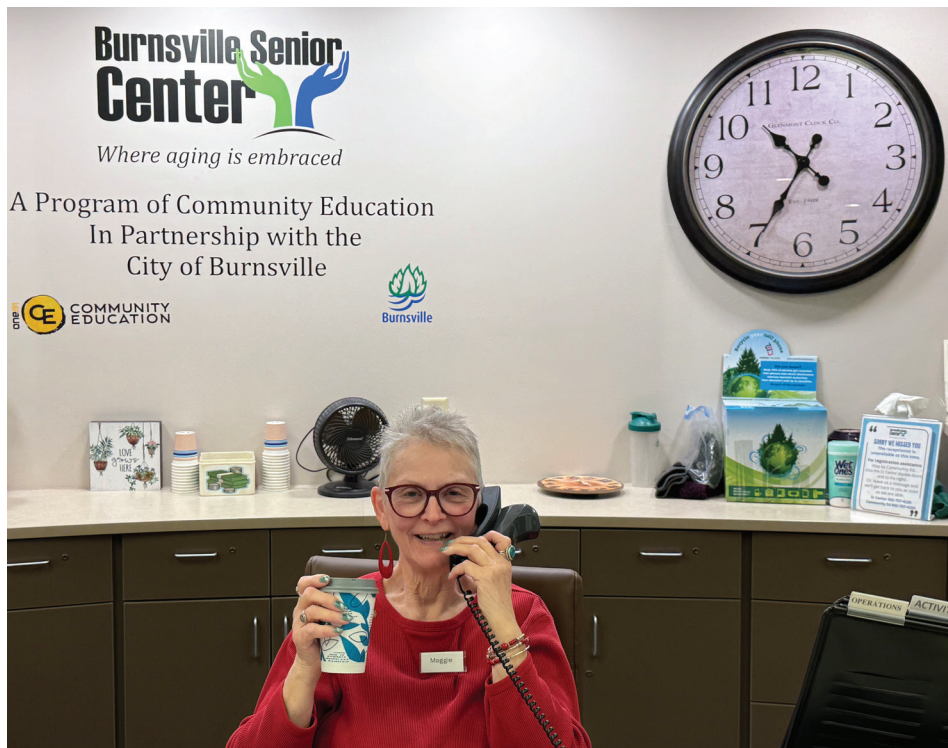
Potter's All Call

**Sat, Oct 3, Jan 30, Feb 27
9 am-3 pm BHS Art Wing H108**

Devoted to making ceramic bowls for the Bowls for BrainPower event with experienced potters who throw on the wheel and students who have learned and can teach hand-building. No experience necessary. www.tinyurl.com/pottersallcall

If you'd like to volunteer or be added to the email list, contact Pam Voight at pvoight@isd191.org.

SERVICES & RESOURCES



DARTS Services

Since 1974, DARTS has been a community-based nonprofit serving caregivers, older adults (ages 55+) and their families in the southeast metro. DARTS services include light housework, outdoor chores, home repairs and transportation. Services are available to all seniors and caregivers regardless of income, race, and background. Visit: dartsconnects.org
Contact DARTS Phone: 651-455-1560 Email: info@darts1.org

Connecting You to Senior Services

Minnesota Aging Pathways Line is a free telephone information and referral service which makes it easy for older adults and their families to find community resources close to home. Trained staff and volunteers can connect you to resources such as: help in managing your health care, resources for seniors with disabilities, low cost legal assistance, support for caregivers, transportation, financial assistance programs, continuing education classes, employment and volunteer opportunities, home delivered meals, senior noontime dining sites, local senior centers and more. 8 am-4:30 pm, Monday through Friday. For more information, please call 800-333-2433.

Caption Telephone

Courtesy of the Americans with Disabilities Act

Yes, you too could be literally seeing what you're missing. There is a telephone on display at the Center and if you are interested, please give us a call.

ERA Senior Resource Guide

The ERA Resource Guide provides current information about senior resources in Burnsville and surrounding areas. You'll find information on housing, in home care providers, financial and legal services and more. Copies are available at the BSC.

Health Insurance Counseling

One-on-one appointments, in-person at the Senior Center or by phone

Designed to help older adults navigate the often-complex world of Medicare.

You can schedule your own Medicare Counseling appointment call the Minnesota Aging Pathways Line at 1-800-333-2433 or online at metroaging.org/get-help/medicare

Select a date and time that work best for you and be sure to bring your questions!

They also offer in-person or virtual presentations on Medicare 101, Health Care Fraud and Scams, and Learn How Minnesota Aging Pathways can help you.





Dakota Valley Recycling Shred Events

Free with a limit to four paper bags or small boxes per vehicle - Sat, 9 am-noon

Remove large metal binder clips and three-ring binders. For more information about Shred Events contact
Dakota Valley Recycling: 952-895-4559

September 12

Eagan Cascade Bay Waterpark, 1360 Civic Center Drive, Eagan

September 26

Burnsville Maintenance Facility, 13713 Frontier Ct, Burnsville

October 10

Johnny Cake Ridge EAST Parking Lot, 58090 140th St W Apple Valley

October 24

Lakeville - specific location TBD

TRAVEL SHOW

Thursday, October 8th @ 1:00pm

At the Burnsville Senior Center

Join us to learn more about group tour opportunities
for active seniors with our local travel partner.

RSVP: 952-707-4120 or in person



ALL TRIPS INCLUDE

- Roundtrip Airfare from MSP / Airport Greeting
- Quality Accommodations in Great Locations
- Professional Tour Manager & Local Guides
- Deluxe Motorcoach Transportation
- Must-See Attractions
- Many Quality Meals

Highlights of Panama
Canal, Gamboa Rainforest



Southern California
Palm Springs, San Diego



Florida Keys
Miami, Everglades Nat'l Park



Myrtle Beach
Coastal Escape



Washington, D.C.
Cherry Blossoms



Savannah
Charleston, Asheville



Sicily
The Amalfi Coast of Italy



Cape Cod
Martha's Vineyard, Nantucket



Yellowstone
& The Grand Tetons



Canadian Rockies
& The Rocky Mountaineer



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For a complete list of all travel opportunities visit www.GoWithLandmark.com

DONATIONS & VOLUNTEERING

Donations help our Senior Center groups create treasures to benefit the center and others in our community

We appreciate your donations of greeting cards, yarn, fabric and used jewelry. Our vintage jewelry sales are a huge success and proceeds from them go to the Burnsville Senior Center. Knitters and Crocheters make hats, mittens, scarves, baby booties and lap robes. Likewise, the Quilting group created nearly 2,000 quilts this year. These groups donate their handcrafted products to local groups and agencies to be distributed among those in need.

Volunteer Opportunities

Check in at our reception desk to volunteer for the Community Pantry.

We are also in need of bakers and help for special events. Please contact the Senior Center Manager if interested.



Thank you for your support during our Annual Giving Campaign

Your donations support the senior center and help us remain a membership free center which is a welcoming place to all.

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BURNSVILLE SENIOR CENTER MISSION

To provide a Senior Center that is a community focal point on aging where older adults come together for services and activities that reflect their experience and skills, respond to their diverse needs and interests, enhance their dignity, support their independence, and encourage their involvement in and with the Center and the community.



Located in Diamondhead Education Center

200 West Burnsville Pkwy

Burnsville, MN 55337

Monday-Friday 9 am-4:30 pm.

Closed Nov 26, 27, Dec 24-January 3.

Enter door 11 or 12 lower level east side

During business hours you must be buzzed in to the building. Press the buzzer, when answered indicate which activity you are attending. If there is no answer, call 952-707-4150 during business hours for assistance.

NOTICE! When you participate in a Senior Center activity, please be aware that Community Education may use the directory information which you supply (name, address, phone number and program data) for other purposes within the School District. This directory information is not shared outside of the School District.

LOST & FOUND Give us a call and we will check to see if you've left an item behind. 952-707-4120.

REGISTRATION

Participant	Course Name	Course #	Start Date	Fee

Street Address _____

City/State/Zip _____

Home Phone _____ Cell Phone _____

Email _____

Payment

Cash/Check # _____ **Make checks payable to ISD 191**



Charge My ☐ Visa ☐ MasterCard ☐ Discover ☐ AMEX

CC# _____ - _____ - _____ - _____

Exp. Date _____ / _____ Signature _____ Total Fee _____

Call 952-707-4120, stop in or use the form or Arux to register for classes or events

Mail to or drop off at the Burnsville Senior Center, 200 West Burnsville Pkwy, Burnsville, MN 55337

Explore and register for Community Education and Senior Center activities.

All of our programs are run through Arux—a simple, mobile friendly portal that give you access to registrations, information and schedules.

To get started, visit communityed191.org or scan the QR code below and click on the Registration Link. Select Sign In, scroll to the bottom and click Create One Now.

Then complete the Register a New Account Form.

Log In, click Enroll Now and get started viewing and registering for classes!

We request that you provide your name, address, phone number and email address as it will help us set up your profile in the system.



Cancellations: Full refund in the event the BSC must cancel a fee based class. If you cancel your registration, you must call the Senior Center. Cancellations received more than 5 days prior to the class will receive a refund less a \$10 preprocessing fee. If you cancel less than 5 business days before the start of the class or activity, there is no refund.

BURNSVILLE SENIOR CENTER

200 West Burnsville Parkway
Burnsville, MN 55337

(enter lower level door 11 or 12)



It is never too late to learn!

Tech Buddies by DARTS: free 1 to 1 tech assistance

Bring your smartphone, email, laptop or tablet. First come, first served, 15 minutes per person limit. No appointment necessary. Starting at 2 pm on Wed, Sept 23, Oct 2, Nov 18, Dec 16.

Tech Tips

Mastering new technology is like learning a new language—it takes patience and practice. Start by making your device work for you.

- ◆ Adjust screen settings such as font size, or boost brightness or contrast
- ◆ Use voice-to-text to avoid typing (Siri, Google Assistant, Alexa)
- ◆ Stick to basic, built-in apps like Email, Calendar and Camera
- ◆ Stay in touch with video calling (Apple FaceTime, Google Meet, Zoom)
- ◆ YouTube videos are helpful for learning a new skill



Puzzle Palooza

Sat, Oct 17 at Diamondhead

Age 12-adult

Calling all puzzle fanatics! Assemble your team of four and join us for the ultimate puzzle showdown at Diamondhead Education Center. Doors open at 9:30 for check-in, and at 10 am sharp, the puzzle frenzy begins! Each team will race to complete the same surprise 500-piece puzzle. Whether you're a speedster or a steady strategist, work together to finish first or get the most pieces completed before time runs out. The top team takes home a prize! Register under one name and provide the details of your team members. Space is limited, so grab your spot today and let the puzzle games begin!

PP24-2 9:30 am-12 pm \$55 per team
To register, visit communityed191.org
or call 952-707-4150.