

WHITEHALL-COPLAY SCHOOL DISTRICT GOCKLEY & STECKEL LUNCH MENU

September 2026



EAT SMART BE SMART



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

31

1. Popcorn Chicken & Biscuit
Mashed Potatoes W/ Gravy

Buttered Corn
Broccoli Salad

1

1. Chicken & Cheese Quesadilla

Seasoned Red Beans
Tomato Corn Salad

2

1. Macaroni and Cheese with a
Dinner Roll (V)

Steamed Broccoli
Celery Sticks

3

Breakfast for Lunch:
1. WG French Toast Sticks with
Turkey Sausage Links

Hash Brown Potato
Garden Salad

4



Daily Offerings: Nachos Craveable (V) FRIDAYS | Turkey Italian Sub | Garden Salad w/ Dinner Roll (V) | Grilled Chicken Salad w/ Dinner Roll

7



8

1. Beef Soft Tacos
Salsa & Sour Cream

Refried Beans
Lettuce & Tomato

9

1. WG Chicken Tenders with
Buttered Noodles

Glazed Carrots
Broccoli Salad

10

1. WG Crispy Chicken Patty
Sandwich

Curly Fries
Coleslaw

11

1. Mozzarella sticks with Marinara
Sauce (V)

Seasoned Green Beans
Caesar Salad

Daily Offerings: Super Fruit Craveable (V) FRIDAYS | Turkey and Cheese | Garden Salad w/ Dinner Roll (V) | Grilled Chicken Salad w/ Dinner Roll

14

1. Chicken Nuggets with Mini
Waffles

Crinkle Cut Fries
Chickpea Salad

15

1. Doritos Walking Taco with
Pretzel Stick

Seasoned Black Beans
Garden Side Salad

16

1. Chicken Alfredo over Penne with
Breadstick

Steamed Broccoli
Celery Sticks with Ranch

17

1. Cheese Filled Breadsticks (V)

Tomato Soup
Green Pepper Strips

18

1. Cheese Pizza

Steamed Green Beans
Baby Carrots

Daily Offerings: Pizza Craveable (V) FRIDAYS | Turkey Ham & Cheese | Garden Salad w/ Dinner Roll (V) | Grilled Chicken Salad w/ Dinner Roll

21

1. All Beef Hot Dog on a Bun

Baked Beans
Cucumber Slices

22

1. Twin Turkey Tacos
Lettuce, Tomato, Salsa, Sour
Cream

Golden Corn
Black Bean Salad

23

Breakfast for Lunch:
1. French Toast Sticks
with Turkey Sausage Links

Tater Tots
Garden Salad

24

1. Macaroni & Cheese
with Dinner Roll (V)

Steamed Garden Peas
3-Bean Salad

25

1. WG Pizza Crunchers With
Marinara Sauce (V)

Mixed Vegetables
Caesar Salad

Daily Offerings: Soft Pretzel Craveable (V) FRIDAYS | Turkey Italian Sub | Garden Salad w/ Dinner Roll (V) | Grilled Chicken Salad w/ Dinner Roll

28



29

1. Nachos Grande
Lettuce, Tomato, Salsa, Sour
Cream

Seasoned Black Beans
Tomato Salad

30

1. WG Waffle Sticks with Turkey
Sausage Patties

Hash Brown Potato
Fresh Cucumber Slices

Daily Offerings: Breadstick Dipper Craveable (V) FRIDAYS | Turkey & Cheese | Garden Salad w/ Dinner Roll (V) | Grilled Chicken Salad w/ Dinner Roll

MAKE IT A MEAL!

Choose at least 3 of 5 meal components for the school lunch price:

Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

Lunch Prices

Student \$0.00
Adult \$5.25

Available Daily

PB&J Uncrustables with String Cheese or Yogurt and Goldfish Crackers.

Fruit & Veggie Selection

Assorted fresh and canned fruit.

Assorted fresh vegetables and composed Salads.

Students may choose two ½ cup servings.

Milk Selection

Fat-Free, 1%, Fat-Free Chocolate.

Your Dining Services Team

Cathy Muto
General Manager
(610) 782-1820

mutoc@ehitehallcoplay.org

Derek Kolumber
Chef Manager
(610) 782-0961

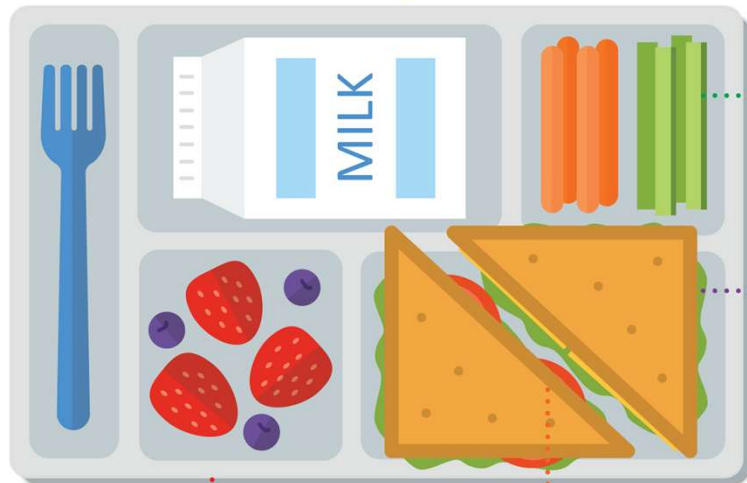
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(V) Vegetarian | (VG) Vegan | (WG) Whole Grain | (GF) Gluten-Free | (H) Halal



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CULINARY MANAGEMENT
ENVIRONMENTAL SERVICES

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.



MILK IS MIGHTY

Non-fat and low fat options. Flavors like chocolate and strawberry. Calcium builds bones and teeth!



GNAW ON RAW

Veggie Patch, salad, and cooked. Veggies have fiber for digestion



POWER UP WITH PROTEIN

Meat, cheese, eggs, yogurt, and peanut butter. Protein helps us grow!



WHOLE GRAINS = WHOLE PACKAGE

Bread, cereal, and crackers. Grains give us energy!



PURSUIT FOR FRUIT

Fresh, cupped, or 100% juice, fruit is nutrient-packed!

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LUNCH PRICES

Student Lunch:	\$0.00
Adult Lunch:	\$5.25

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Meet Your
nutritious friends

Peach Puppies



YOUR DINING SERVICES TEAM

Cathy Muto, General Manager
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