WHITEHALL-COPLAY SCHOOL DISTRICT
ZEPHYR LUNCH MENU

August 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24 Chicken Nuggets with a Dinner Roll **Crinkle Fries** **Buttered Carrots**	25 Burrito Bowl Choice of Taco Beef or Taco Chicken over Seasoned Brown Rice, Fresh Toppings. **Seasoned Black Beans** **Corn Salad**	26 WG Breaded Chicken Drumstick with a Biscuit **Mashed Potatoes w/ Gravy** **Seasoned Green Beans**	27 Mac and Cheese Bar Mac and Cheese topped with BBQ Pulled Pork or Buffalo Chicken Fresh Toppings **Seasoned Broccoli** **Tomato Mozzarella Salad**	28 Cheeseburger Tater Tot Bowl **Buttered Corn** **Chickpea Salad**
31 Popcorn Chicken & Biscuit Mashed Potatoes w/ Gravy **Seasoned Corn** **Coleslaw**				

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

(V)	Vegetarian
(VG)	Vegan
(GF)	Gluten-Free
(WG)	Whole Grain

Fruits & Veggies
Assorted Fresh Fruit, Fresh Veggies, Canned Fruit and Composed Salads

Students may choose two ½ cup servings.

Milk Selections
[1% Milk, Fat Free Milk, Fat Free Chocolate Milk]

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CULINARY MANAGEMENT
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WHAT IS A SCHOOL LUNCH?

You must choose at least **3** of the **5** components available for the school lunch price:

Meat/Meat Alternative, Choice of Vegetable, Choice of Fruit, Grain/Bread, Choice of Milk

A minimum of ½ cup serving of fruit or ½ cup serving of vegetables must accompany a school lunch.

Assorted Variety of Milk Available Daily
Fat-Free White, 1% White, and 1% Chocolate

LUNCH PRICES

Student Lunch:	$0.00
Adult Lunch:	$5.25

schoolcafé

View menus on the go! SchoolCafe provides an easy way to view our menus and manage your account.

DAILY ALTERNATES

Grille

Grilled hamburgers, chicken patties, Daily Special and French fries

Pizza

Cheese pizza, Pepperoni Pizza, Daily Special Pizza.

cheffresh CRAVEABLES

Daily:

Turkey and Cheese Kaiser, Ham and Cheese Kaiser, Italian Sub, Chicken Caesar Wrap, Buffalo Chicken Wrap, PB&J Craveables, Garden Salad, Crispy Chicken Salad, Buffalo Chicken Salad, Crispy Chicken Caesar Salad, Grilled Chicken Caesar Salad, Strawberry Yogurt Parfait, Blueberry Yogurt Parfait.

Weekly Special Sandwich, Salad and Craveable

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CULINARY MANAGEMENT
ENVIRONMENTAL SERVICES

YOUR DINING SERVICES TEAM

Cathy Muto, General Manager
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