WHITEHALL-COPLAY SCHOOL DISTRICT
GOCKLEY & STECKEL LUNCH MENU

August 2026

EAT SMART
BE SMART

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
Daily Offerings:				
24 1. Chicken Nuggets with a Pretzel Stick **Oven Fries** **Pasta Salad**	25 1. Doritos Walking Taco **Green Beans** **Corn Salad**	26 1. Hamburger or Cheeseburger **Baked Beans** **Green Pepper Strips**	27 1. Cheese Filled Breadsticks (V) **Tomato Soup** **Caesar Salad**	28 1. Pizza Crunchers with Marinara Sauce (V) **Seasoned Broccoli** **Cucumber Slices**
Daily Offerings: Yogurt Craveable (V) FRIDAYS | Turkey Ham & Cheese | Garden Salad w/ Dinner Roll (V) | Grilled Chicken Salad w/ Dinner Roll				
31 1. Popcorn Chicken & Biscuit Mashed Potatoes W/ Gravy **Buttered Corn** **Broccoli Salad**				
Daily Offerings: Nachos Craveable (V) FRIDAYS | Turkey Italian Sub | Garden Salad w/ Dinner Roll (V) | Grilled Chicken Salad w/ Dinner Roll				

MAKE IT A MEAL!

Choose at least **3** of **5** meal components for the school lunch price:
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

Lunch Prices

Student	$0.00
Adult	$5.25

Available Daily

PB&J Uncrustables with String Cheese or Yogurt and Goldfish Crackers.

Fruit & Veggie Selection

Assorted fresh and canned fruit.
Assorted fresh vegetables and composed Salads.
Students may choose two ½ cup servings.

Milk Selection

Fat-Free, 1%, Fat-Free Chocolate.

Your Dining Services Team

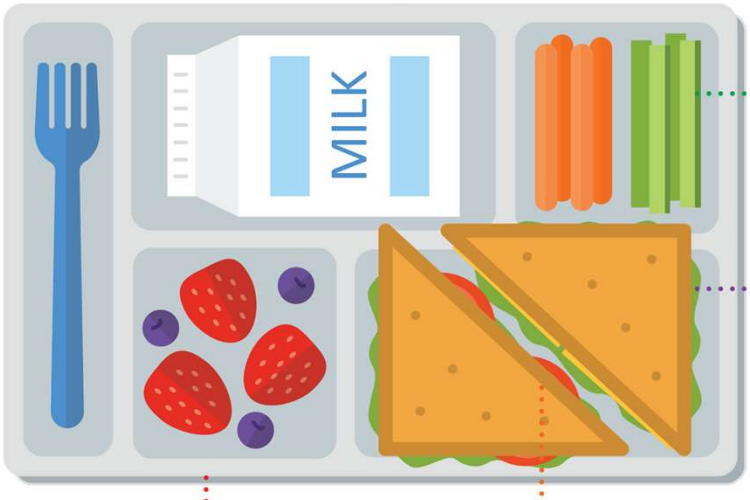
Cathy Muto
General Manager
(610)-782-1820
Catherine.Muto@metzcorp.com

Derek Kolumber
Chef Manager
(610)-782-0961
Ma1149chef@metzcorp.com

(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

Metz
CULINARY MANAGEMENT
ENVIRONMENTAL SERVICES



MILK IS MIGHTY
Non-fat and low fat options. Flavors like chocolate and strawberry. Calcium builds bones and teeth!

GNAW ON RAW
Veggie Patch, salad, and cooked. Veggies have fiber for digestion

POWER UP WITH PROTEIN
Meat, cheese, eggs, yogurt, and peanut butter. Protein helps us grow!

WHOLE GRAINS = WHOLE PACKAGE
Bread, cereal, and crackers. Grains give us energy!

PURSUIT FOR FRUIT
Fresh, cupped, or 100% juice, fruit is nutrient-packed!

MAKE IT A MEAL!

Choose at least **3** of **5** meal components for the school lunch price:

Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum of ½ cup serving of fruit or vegetable must accompany a school lunch.

LUNCH PRICES

Student Lunch:	$0.00
Adult Lunch:	$5.25

Meet Your Nutritious Friends

schoolcafé

View menus on the go! SchoolCafe provides an easy way to view our menus and manage your account.

YOUR DINING SERVICES TEAM

Cathy Muto, General Manager
610-782-1890
Mutoc@whitehallcoplay.org

Derek Kolumber, Chef Manager
610-782-0961
kolumberd@whitehallcoplay.org

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