

New Enhancements, Better Opportunities!



All Sports/Activities Kickoff 2026





Thank you!

For the opportunity to help lead the Activities Department. I look forward to building on our past successes and future accomplishments!

Angie

Support



Best place to go for information!

isd743.org

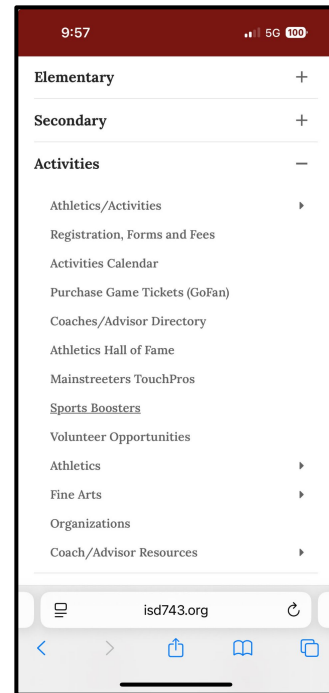
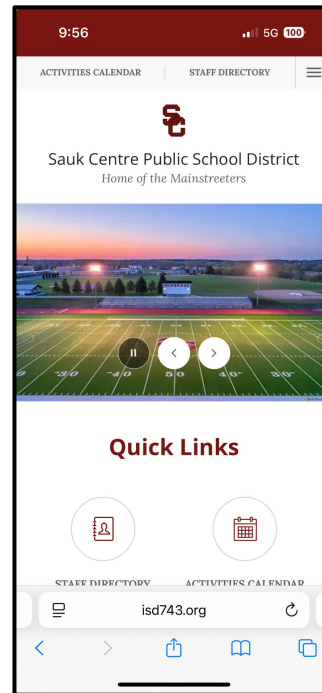
Schedules Game

Register online

Pay fees

Buy online tickets

Purchase items



What do you need to do to be ready for practice?

- 1. Must complete the online registration process. (Angie)**
- 2. Must have a current physical on file in the office updated every 3 years.**

Centra Care, Harmony Health & Wellness, St. Michaels Health, and Arrow Health

- 3. Please pay the participation fee.**

What do you need to do to be ready for practice?



SAUK CENTRE

Activity Registration Instructions

How to Register from the Bound App



1

Scan a QR code to download the **Bound** mobile app from the Apple App Store or Google Play Store.



2

Log in or tap “Sign Up.” If you’re new to Bound, create your family account and move on to Step 3.

Note: Log in with your existing Bound account if you have one already.

3

Click on the green “Register for Activities” button on the home screen of your app to get started.



Family Cap



The School Board has implemented a \$700 family cap on Activities fees.

Bound registration has this fee cap in place.

First Practice

Fall Sports

Cross Country 7-12	August 17	6:30 pm
Football 9-12	August 17	7:30 am
Football 7/8	August 20	Equipment handout in JH boys locker room 8th-10:00 am / 7th-10:30am
	August 24	9:00 am
Tennis 7-12	August 17	8:00 am
Girls Swimming 7-12	August 17	7:30 am
Volleyball 9-12	August 17	7:30 am
Volleyball 7/8	August 24	3:00 pm

Our Purpose



We want our athletes to walk away from their activities being able to say:

I had fun.

I got better.

I took risks!

I built confidence.

I'm more prepared to face the next challenge.



Your Purpose

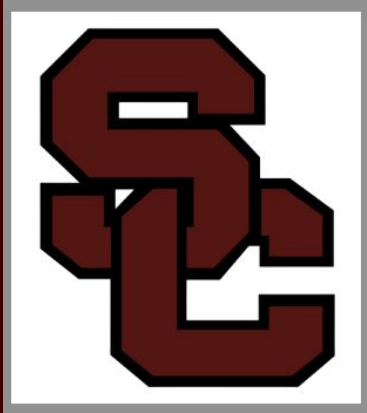
Parents - What is your purpose?

Remember back when...

Students - What is your purpose?



What Parents Can Expect From Their Athlete's Coach



- Provide a fun, positive experience for every athlete.
- Teach fundamentals and help athletes reach their potential.
- Develop work ethic, teamwork, and sportsmanship.
- Make fair decisions based on the best interests of the team.

Parents Are Critical in the Success of Our Programs!

5 Keys for Sport Parents

By Greg Berge

**Raising an Athlete is Hard. Your approach matters.
Here are 5 Critical Lessons for Sports Parents.**

1. It is your child's experience, not yours.

You must remember that this athletic journey is your child's, not yours. Allow them to own their successes AND failures. Support them without dictating their path.

2. Team Focus

As much as you love your child, remember it is a TEAM sport. It's all about the team, not just your child. Teach them the value of teamwork and collective success. Show them how to sacrifice ME for WE. Celebrate their teammates' Successes!

3. Embrace the Struggle

Accept the struggle of team sports. Embrace the highs and lows. Help your child understand the value of perseverance and resilience. Struggles are part of growth and character development.

4. Navigate, Don't Plow

Be there for support, not to clear all obstacles. Allow them to navigate challenges and learn resilience. Being a snowplow parent denies them the chance to grow.

5. Find Joy in the Journey

Find happiness in the entire sports experience. Celebrate the small victories and lessons learned. The journey's highs and lows are equally valuable. Teach your child to cherish every moment, win or lose.

What to do if you want to talk to the coach?



Concerns & Communication

1. **Athlete → Coach** — Encourage athletes to advocate for themselves.
2. **Parent/Athlete → Coach** — If unresolved, schedule a meeting.
3. **Parent/Athlete → Coach → Activities Director** — If still unresolved, meet with the A.D., coach, and parent.

24-Hour Rule: Please wait until the next day before addressing concerns with a coach. Avoid conversations immediately after an event.

**How missing
school affects
your
participation**

**Students need to be in
school!**

**A student who misses any
part of the school day is
NOT able to participate in
practice or a contest
unless:**

How missing school affects your participation

A. School is missed due to a school activity.

School is missed due to a medical appointment but the student attends school at least two periods and the student presents an appointment card.

How missing school affects your participation



B. School is missed due to an illness appointment, but the student is in school 4th and 5th period with a Doctor's note.

If you have a unique situation, talk to me ahead of time.

How missing school affects your participation

Examples of missing school that results in NOT being able to practice:

- Oversleeping.
- Missing school because of non medical appointment.
 - Hair cut/appt.

Academic Eligibility



ACADEMIC ELIGIBILITY AND ACTIVITY PARTICIPATION

The following rules govern academic eligibility for all students in grades 7-12:

- A. A student who receives a failing grade at the academic eligibility check period (mid-quarter and end of quarter) will lose eligibility for a one week or one contest/performance, whichever is greater. This penalty will begin on the Monday following the mid-quarter or end of quarter grade posting. This period of eligibility applies to the current season, or the next season the student participates in. It also applies to fall activities if the student failed a course the previous fourth quarter.
- B. Academic eligibility rules apply to each of the school sponsored activities listed below.

Activities

- a. All athletics
- b. Band/Choir
- c. Speech/Drama/Theatre
- d. FFA/Debate

Eligibility - MSHSL violations



- No alcohol, tobacco, vaping, or drugs.
- Possession = Consumption under MSHSL rules.
- Rules apply 365 days a year.
- 1st violation: Minimum 2 weeks OR 2 contests, whichever is greater.

Code of Conduct and your eligibility.

Participation is a privilege which is accompanied by responsibility.

As athletes we must:

- **Respect the rights and beliefs of others.**
- **Be fully responsible for our actions and accept the consequences.**
- **Respect and obey rules of our school and community.**
- **Show respect to those responsible for enforcing those rules.**

Penalty

A student who violates these is ineligible for a period of time as determined by administration.



We need you!

- We need you to be versatile!
- Multisport Athletes
- Parents



Other activities you can participate in



- **Fall Musical**
 - *Disney's Frozen*
 - **Auditions: Sept. 1-3**
(6:50-7:50 am)
- **FFA**
- **Robotics**
- **One Act Play**
- **Speech**
- **Music Contests**
- **Community Ed Activities**
 - **Archery**



Buying Your Game Tickets

Buy your tickets ahead of time online.

Buy your tickets at the gate online.

Cash purchase at the gate:

- \$10 Adults

- \$6 for *Students & Senior Citizens*

**We encourage you to consider
buying an Activities Pass!**



Buying Your Game Tickets



BOUND is our vendor to buy tickets.

Advantages:

- **Setting up an account makes it easier and quicker to buy ticket.**
- **Will be able to use a credit card at the gate.**

Download the App: *GoBound*

Select Sauk Centre as a Favorite.

Activity Passes (Regular Season Athletic Events)

K-12 Students	\$35
Adult	\$75
Adult Couples	\$105
Family (good for 4)	\$150
Senior (not SC resident)	\$25

Super Seniors for SC residents
available in Activities Office.

All passes can be purchased online in
the Webstore (RevTrak).



Streeter Spirit at Home Events

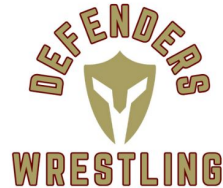


Student Conduct at Home Events

We want a loud and positive student section.

We want our elementary and middle school age fans to have fun, cheer on our teams.

Please stay in the gym/pool/arena and support our teams!



MAINSTREETERS

MSHSL Behavior Expectations at Events



MINNESOTA STATE HIGH SCHOOL LEAGUE **BEHAVIOR EXPECTATIONS**

Created by MSHSL Students



**Lead by example
by being respectful.**



**Follow all MSHSL, school
and venue expectations.**



**Speak with honor and
thoughtfulness.**



**Use the power of social
media for good.**



**Support those harmed by
words or actions.**



**Honor each contest and
everyone involved.**



**Hold yourself to high
standards of sportsmanship.**



Locker Rooms



Take pride in our locker rooms.

We encourage all athletes to secure their belongings by having a lock.

A lock is available in the AD office for \$10. Return the lock and receive the \$10 back.

Student Accident Insurance

If you need insurance for your athlete we do work with Student Assurance Services and always have athletes purchase insurance through them each year.

If interested, scan the QR code or stop in the Activities Office for information.



Meet our trainer!

Our primary trainer is Beth Swanson from Heartland Orthopedic Specialists.



Beth Swanson, M.Ed., ATC, OTC
Heartland Orthopedic Specialist
bswanson@heartlandorthopedics.com
(320) 762-1144

Mainstreeter Activities Booster Club

- Become a member!
- Help at halftime events.
- Make a donation.
- Become involved.
- Contact a club member [Abby Zenzen]



With your help each year, the Mainstreeters Booster Club raises over \$30,000 to help fund ISD 743 high school athletics and fine arts programs. Your membership with the Mainstreeters Booster Club will help support the following programs:

ATHLETICS & FINE ARTS

Band ~ Baseball/Softball ~ Basketball ~ Choir ~ Cross Country ~ Dance ~ Football
Girls Tennis ~ Golf ~ Hockey ~ One Act Play ~ Speech ~ Swimming & Diving ~ Theater
Track & Field ~ Volleyball ~ Wrestling

If you would like to help fund the Booster Club program, please select from the membership levels below. Checks should be made payable to SC Booster Club.

\$150+	PREMIUM MEMBERSHIP
\$100	STREETER PRIDE MEMBERSHIP
\$50	MAROON MEMBERSHIP
\$25	WHITE MEMBERSHIP

Yes! I would like to support the Sauk Centre Mainstreeters Booster Club for the 2026-2027 year!



OR



<https://vibutter.com/scboosterclubmember26-27>

☐ White (\$25) ☐ Maroon (\$50) ☐ Streeter Pride (\$100) ☐ Premium (\$150+)

Name (as it should appear on a flyer): _____

Address: _____

Phone: _____ Email: _____

☐ I am interested in helping at some of your events or serving on your Board

Completed forms with payment can be dropped off in the Activities office or mailed to:
SC Booster Club ~ 312 Morning View Lane ~ Sauk Centre, MN 56378

New Enhancements, Better Opportunities!



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Sauk Centre Activities Fan Page Hudl Livestream Advertising & Videoboard Sponsorship



The Sauk Centre Activities Office is incredibly grateful to all of our local area businesses and booster clubs for your support of Sauk Centre Activities over the years. For some of you, decades of support. You have partnered financially and by volunteering your time and enthusiastically supporting our Sauk Centre teams. This school year, we are offering local partners an advertising opportunity to promote your business and support our student activities. We are launching a Hudl TV subscription streaming service, which will provide viewers the opportunity to view over 90+ live sporting competitions, activities, and school events each year. Additionally, with the support of generous community donations, we've installed a videoboard in our senior high gymnasium. These upgrades open the door to new sponsorship opportunities that will help offset costs and allow us to continue providing meaningful experiences for our students and community.

For the 2026-2027 school year, Hudl will be streaming live events:

- **Fall Season** - Volleyball, Girls Swimming, Football, Concerts
Fall events = 16, 4, 8, 3
- **Winter Season** - Boys & Girls Basketball, Boys Swimming, Wrestling, Archery
Winter Events = 40, 4, 2, 1.
- **Spring & Summer Seasons** - Baseball, Concerts, Graduations, and Award Ceremonies
Spring Events = 20, 2, 2, 1

Hudl TV Livestream Advertisement:

"Pre-Roll Commercials"

[Pre-Roll Commercials](#) (example)

- The 15-second or 30-second "Unskippable" commercial will run at the beginning of all live stream broadcasts throughout the 2026 - 2027 school year.



"Powered By Sponsor" sponsorship logos before ALL live-streamed events.
[Powered By Sponsors](#) (example)

- Your company logo is showcased online at the beginning and end of every livestream event throughout the entire 2026 - 2027 school year.

SH Gym Videoboard Slide Sponsorship:



Hudl Livestream Advertising & Videoboard Sponsorship - 2026-27 School Year

\$5000 Platinum (sold - 0 available)

- **S.C. Hudl FAN Livestream:**
 - (1) 30-second Commercial
 - Powered by Logo (Sponsors)
 - All Streaming Locations (4):
 - Gym, Football, Pool, Auditorium, Baseball
- **Videoboard Slide (SH Gym)**

\$1500 Silver Package

- **S.C. Hudl FAN Livestream:**
 - Powered by Logo (Sponsors)
 - All Streaming Locations (4):
 - Gym, Football, Pool, Auditorium, Baseball
- **Videoboard Slide (SH Gym)**

\$3000 Gold (sold - 0 available)

- **S.C. Hudl FAN Livestream:**
 - (1) 15-second Commercial
 - Powered by Logo (Sponsors)
 - All Streaming Locations (4):
 - Gym, Football, Pool, Auditorium, Baseball
- **Videoboard Slide (SH Gym)**

\$1000 Bronze Package

- **S.C. Hudl FAN Livestream:**
 - Powered by Logo (Sponsors)
 - All Streaming Locations (4):
 - Gym, Football, Pool, Auditorium, Baseball
- **[OR]**
- **Videoboard Slide (SH Gym)**

We would like to partner with you!

Please scan this code or contact us.



Have questions?

Angie and I are
available after
this presentation
to help!

Where are the Fall Sports Parent/Team Meetings?



Football 9-12

301B

Volleyball 9-12

301A

Cross Country 7-12

MPR

Tennis 7-12

Room 4

Girls Swimming

Room 5

Volleyball 7/8

SH Cafeteria

Football 7/8

Front of The Shelby