



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
10	11	12	13 Freshman First Day, Welcome! 3-W. G Pancakes Turkey Sausage Hashbrown 100% Juice Ice Cold Milk Pint	14 Whole Grain Buttery Maple Waffle w/Syrup Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint
17 W.G. Blueberry Muffin W.G. Graham Cracker Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint	18 Whole Grain Super Donut Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint	19 Breakfast Pizza Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint	20 Strawberry Yogurt, W.G. Graham Cracker Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint	21 Whole Grain Confetti Pancakes w/Syrup Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint
24 W.G. Banana Muffin W.G. Vanilla Cracker Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint	25 Whole Grain Pull Apart Donut Holes Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint	26 Turkey Sausage W.G. Pancake Wrap Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint	27 Raspberry Rainbow Yogurt, Cheese Stick, W.G. Graham Cracker Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint	28 Whole Grain Blueberry Pancakes w/Syrup Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint
31 W.G. Chocolate Chip Muffin W.G. Graham Cracker Just Picked Fresh Fruit Or 100% fruit Juice Ice Cold Milk Pint				

Daily High School Breakfast Choices:

← Daily
Specials

~ Assorted
Cereals and
Bars

~ Grab n' Go
Specials

Milk Choices:

1% White or Fat
Free Chocolate

**All Breakfasts
include fresh
fruit or 100%
Juice.**

**Menu may be
subject to
change.**

Breakfast After the Bell Program!

~ Breakfast
will be served
in the
cafeteria until
9:00 a.m.

In accordance with Federal law and United States Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, and disability.

