



AMHERST CENTRAL  
HIGH SCHOOL

Tradition  
Pride  
Achievement

Summer Edition: August 2026

TIGER TIMES ONLINE - High School News



*Amherst Central High School*

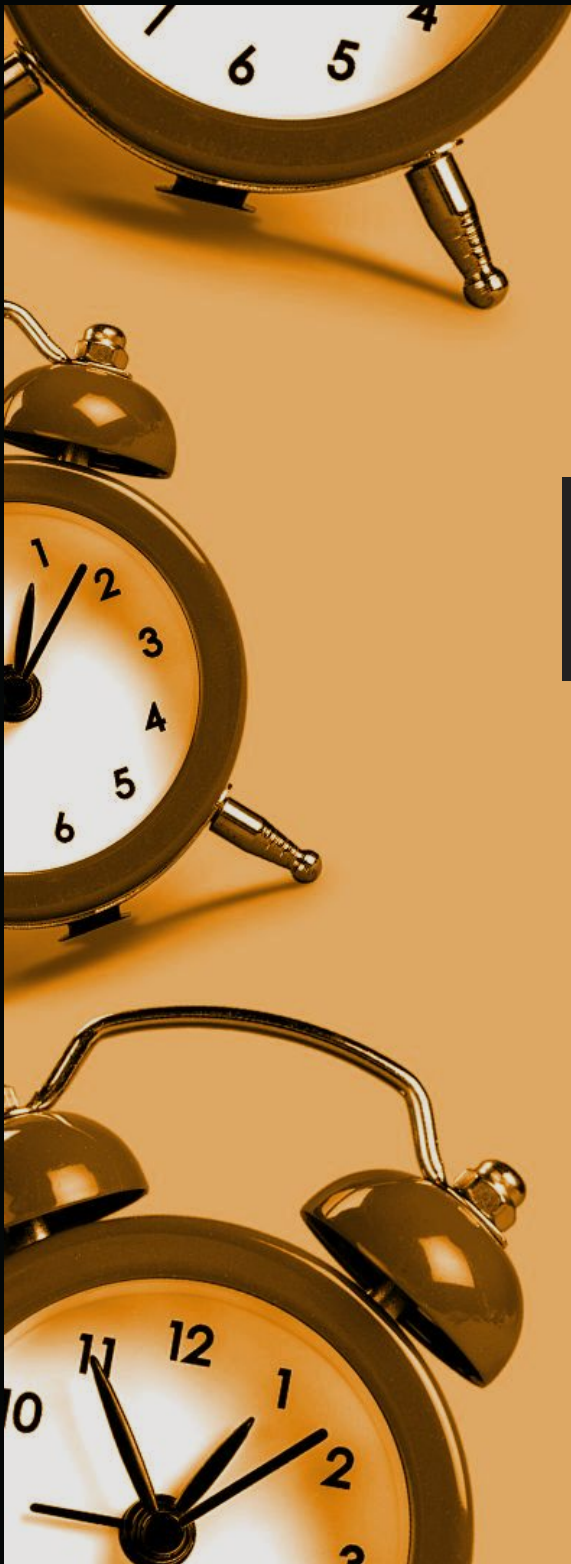


**TIGER NATION: 5,000+ FOLLOWERS STRONG!**

GOAL



Your support has powered a **nonstop** drumbeat of **positivity**, celebrating our talented **Tigers** and shining a bright light on our special community. **Here's to the next 5,000!**



# AMHERST HIGH SCHOOL

## **AUGUST EXAM SCHEDULE**

See next slide



# AUGUST 2026 EXAMINATION SCHEDULE

*Students must verify with their schools the exact times that they are to report for their State examinations.*

| <b>Tuesday<br/>August 18</b>                    | <b>Wednesday<br/>August 19</b>                                                                                                             |
|-------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------|
| <b>8:30 a.m.</b>                                | <b>8:30 a.m.</b>                                                                                                                           |
| Algebra I<br><br>English Language Arts          | U.S. History & Government<br><br>Earth and Space Sciences<br><br>Physical Setting/Chemistry<br><br>Physical Science: Chemistry (NYSP12SLS) |
| <b>12:30 p.m.</b>                               | <b>12:30 p.m.</b>                                                                                                                          |
| Global History & Geography II<br><br>Algebra II | Geometry<br><br>Life Science: Biology                                                                                                      |

## AUGUST 2026 REGENTS REVIEW SESSIONS

| EXAM                                        | MONDAY, 8/10  | TUESDAY, 8/11 | WEDNESDAY, 8/12 | THURSDAY, 8/13 | FRIDAY, 8/14 |
|---------------------------------------------|---------------|---------------|-----------------|----------------|--------------|
| <b>ALGEBRA I</b><br><b>ROOM 107</b>         | 9:00 - 10:20  | 9:00 - 10:20  | 9:00 - 10:20    |                |              |
| <b>ALGEBRA II</b><br><b>ROOM 107</b>        | 10:20 - 11:40 | 10:20 - 11:40 | 10:20 - 11:40   |                |              |
| <b>GEOMETRY</b><br><b>ROOM 107</b>          | 11:40 - 1:00  | 11:40 - 1:00  | 11:40 - 1:00    |                |              |
| <b>CHEMISTRY</b><br><b>ROOM 110</b>         | 12:00 - 1:00  |               | 12:00 - 1:00    | 12:00 - 1:00   | 12:00 - 1:00 |
| <b>EARTH SCIENCE</b><br><b>ROOM LMC</b>     | 11-1          |               |                 | 10-12          |              |
| <b>LIVING ENV. (BIO)</b><br><b>ROOM LMC</b> | 9-11          | 9-11          |                 |                |              |
| <b>GLOBAL II</b><br><b>ROOM 112</b>         |               | 12:30 - 1:50  | 12:30 - 1:50    | 12:30 - 1:50   |              |
| <b>U.S. HISTORY</b><br><b>ROOM 114</b>      |               | 1:30 - 2:50   | 1:30 - 2:50     | 1:30 - 2:50    |              |
| <b>ELA</b><br><b>ROOM 116</b>               | 12:30 - 1:30  | 12:30 - 1:30  | 12:30 - 1:30    | 12:30 - 1:30   |              |

# Monthly Calendar Highlights at a Glance

|             |                                                                                   |
|-------------|-----------------------------------------------------------------------------------|
| 8/18 – 8/19 | <b>August Exams</b><br><a href="#">See slide for details</a>                      |
| 8/31        | <b>Freshman Adventure (Orientation)</b><br><a href="#">See slide for details</a>  |
| 8/31        | <b>Athletics Kickoff Celebration</b><br>6:00 PM — <a href="#">see flyer below</a> |
| 9/8         | <b>First Day of Classes</b>                                                       |
| 9/10        | <b>Varsity Football vs. McKinley</b><br>7:00 PM                                   |
| 9/14 – 9/15 | <b>Underclass Picture Days</b>                                                    |
| 9/16        | <b>ACHS Club Fair</b><br>3:30 PM                                                  |
| 9/16        | <b>ACHS Open House</b><br>6:00 PM                                                 |
| 9/22 – 9/26 | <b>Homecoming Week</b>                                                            |
| 9/25        | <b>ACHS Fall Fest</b><br>3:30 PM                                                  |
| 9/25        | <b>Varsity Football vs. Will South</b><br>7:00 PM                                 |
| 9/26        | <b>Homecoming Dance</b><br>7:00 PM                                                |

# Adventure 2030

## Freshman Orientation



Hello Class of 2030! We're excited to welcome you to the High School for 2026-27. Adventure helps you transition to high school and learn skills for the start of the year.

**STAY CLOSE TO YOUR ACSD STUDENT ACCOUNT FOR UPDATES**

## /// Adventure Details

- **Date:** August 31st
- **Check-In Time:** 8:40 – 9:00 AM
- **Pick-Up Time:** 12:00 PM
- **Location:** Front Loop / Auditorium

*When students check in, they will be grouped by homeroom.*

## /// Questions?

- [Ms. Ebert — cebert@amherstschoools.org](mailto:cebert@amherstschoools.org)
- [Mr. Wierbinski — awierbinski@amherstschoools.org](mailto:awierbinski@amherstschoools.org)

Regards, Mr. Adam Wierbinski — ACHS Assistant Principal

# Summer Reading

We encourage all students to read for pleasure this summer. Explore reading lists and expectations for classes that require them.

- [ACHS Summer Reading Program](#)
- [Sora Digital Library](#)
- [Buffalo & Erie County Public Library](#)

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## School Supplies

ACHS does not issue a formal supply list, since schedules and teacher requirements vary widely. Below is a recommended list of basic supplies; teachers may request a few extra items in September.

- [Basic School Supply List](#)

*We wish you a safe and enjoyable summer, and look forward to welcoming you back in September.*

AMHERST TIGERS

# ACHS Open House 2026

Wednesday, September 16 • 6:00 – 7:30 PM

Parents and guardians are invited to meet teachers, learn about courses, and explore resources in an open format with flexible arrival.

## Event Highlights

- **Meet teachers and staff**

Connect with your child's instructors and receive course information.

- **Counselors available**

Student Services counselors will be on hand for guidance.

- **PowerSchool support**

On-site help for the new PowerSchool system will be provided.

- **Student leaders**

Pathfinders and Trailblazers will assist with building navigation.

## Arrival Details

Enter through the Main Street or Westmoreland Entrance. Parking is available in the Washington Highway or Westmoreland Parking Lot.

Attend for all or part of the event — it concludes at 7:30 p.m.

*Thank you for being an engaged part of the Amherst community. Your partnership makes a difference—see you at the Open House!*

# THIS WEEK IN SPORTS



**AMHERST CENTRAL  
HIGH SCHOOL**

4301 Main Street, Buffalo, NY 14226



**CLICK HERE  
FOR UPDATES**



Stay Connected to Tiger Athletics



# FALL 2026

# STARTS AUGUST 17TH



**BRING YOUR  
FAMILY!**

**MEET COACHES.  
MEET ATHLETES.  
KICK OFF ANOTHER  
EXCITING YEAR!**

# **ATHLETIC KICKOFF**

**2026-2027 SEASON**

**AMHERST ATHLETICS & AMHERST TIGERS BOOSTER CLUB**

**INVITE YOU TO CELEBRATE THE START OF THE MODIFIED, VARSITY & JV SEASON**

- Free hot dog and chips for Amherst student athletes provided by our Booster Club
  - Additional food & drink available for purchase
- Shop Tigers Apparel - customized on site!
- Music
- Compete in fun challenges to win prizes
- Community Fair - each sport program will be represented by coaches & athletes

**OneTiger**   
**STRONGER TOGETHER**  
SUPPORTING EVERY ATHLETE • EVERY TEAM • EVERY SEASON

Learn how our Booster Club helps  
strengthen Amherst Athletics—  
and how you can be part of it.



**MONDAY,  
AUGUST 31**



**6 PM**



**FRONT OF THE  
HIGH SCHOOL**

**GO TIGERS!** 

# Stay Connected to Amherst Athletics



Amherst Athletics

hudl Watch Now

Home > ACHS



Amherst High School  
Amherst, NY

**Hudl – Watch the Action [Here](#)  
LIVE + PAST GAMES**

**ArbiterSports® Real Time Sports Schedules [Here](#)**

## Social Media

Amherst Athletics on X - [Here](#)  
Instagram [Here](#)  
Amherst Boosters - [Here](#)

← Amherst Athletics  
8,529 posts

**AMHERST**

ATHLETICS

Amherst Athletics  
@AmherstTigers1

Official Twitter account for Amherst CSD Health, PE and Athletics. News, info and updates. Member of ECIC, Section VI & NYSPHSAA.

📍 Amherst NY 🌐 [AmherstSchools.org/Athletics](https://AmherstSchools.org/Athletics) 📅 Joined February 2013

164 Following 1,686 Followers

🔍 Search

**WINTER SPORTS**

You might like

- Amherst Middle School  
@AmherstMiddle [Follow](#)
- Amherst Basketball  
@ACHSTigersBball [Follow](#)
- Amherst Tigers Baseb...  
@AmherstTigersBB [Follow](#)



**LIGHTHOUSE**  
FREE MEDICAL CLINIC



# FREE SPORTS AND SCHOOL PHYSICALS

**SATURDAY, AUGUST 8TH**  
**10AM TO 1 PM**

**SATURDAY, AUGUST 22ND**  
**10AM TO 1 PM**

**LOCATED AT:**  
**BUFFALO SCIENCE**  
**MUSEUM**

**LOCATED AT:**  
**1168 SENECA ST.**  
**BUFFALO**

**LEARN HANDS ONLY CPR**  
**DENTAL SCREENINGS!**

**APPOINTMENTS AVAILABLE,**  
**SCAN QR CODE**

**LIMITED WALK INS WELCOME**

**FOR QUESTIONS CALL:**  
**716- 222-0805**



## FOR SCHOOL PHYSICALS PLEASE BRING:

**PARENT OR GUARDIAN**   
**YOUR SCHOOLS FORM** 

**WE DO NOT OFFER VACCINES**



University at Buffalo  
School of Public Health  
and Health Professions



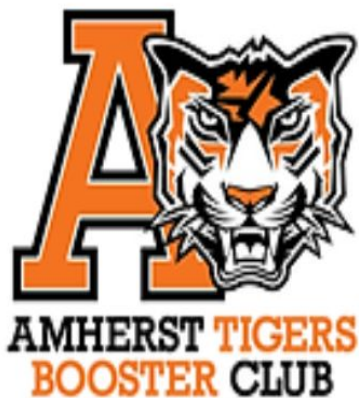
University at Buffalo  
School of Dental Medicine



Jacobs School of Medicine  
and Biomedical Sciences  
University at Buffalo

# Amherst Tigers Booster Club

email: [Boosters@amherstschoools.org](mailto:Boosters@amherstschoools.org)



**Mission:** Amherst Tigers Booster Club strives to enhance the athletic experience and environment for student athletes, fans, families, and the community

The Amherst Tigers Booster Club is made up of parents and guardians, in partnership with the Amherst school community including the athletic director, coaches, administration, and Captains Club at the HS.

**Visit the  
ACSD  
Boosters  
[Google Site](#)**

**When:** First Monday of the Month - see dates below  
**Time:** 7:00 - 8:00 PM  
**Where:** Amherst High School Library  
**Cost:** FREE! During our meetings you will get the opportunity to meet parents & coaches, advocate for the student athletes, and be a part of the Amherst Community!

**OUR Goal:** To ENHANCE the athletic experience by:

- Promoting Amherst Athletics and all of its facets
- Building a sense of community around athletics...athletes supporting athletes, as well the entire school and surrounding community supporting the athletic teams/programs
- Raise funds for special projects

# Welcome to Student Services

The Student Services Department is here to serve all your high school needs. From counseling to college searches, our school counselors are here to help.

Use these website links for more information:

- [Student Services Webpage](#)
- [Scholarships & Financial Aid](#)
- [SAT/PSAT/ACT](#)

Please take a close look at the virtual [bulletin board section](#) for other important announcements from the Student Services Department.

**Choices Explorer:** Choices Explorer has hundreds of career profiles. Discover which ones are best for you. Go to [Choices 360.com](#). Your child has login information.

## Student Services:

Counselors:

Laurie Legoff  
Sherry Ciurczak  
Kristi Scalzo  
Joli Messinger

School Social Worker  
Daniela Wolfe

Psychologist  
Obed Narcisse

## Access the [Student Services Virtual Bulletin Board](#)

**Student Services**

**Attention Seniors:**  
Daemen University is hosting College Night at Daemen on Monday, Sept. 15th from 6:30pm to 8:00pm in the Lumsden Gym. Learn about college opportunities throughout the country. Use this link to register for this great event!  
<https://www.daemen.edu/admissions/next-steps/college-night>

**Attention Juniors:** The PSAT will be held at ACHS on Wed., Oct. 15th from 8:30am to 11am. College bound juniors should consider taking the test as preparation for the SAT. The cost is \$25. Payment can be made online @ <https://amherstschools.revttrak.net/wpsatexam>. Please check your email from Tues., 9/9. Interested students who have qualified for the reduced lunch program should NOT register online but contact Mike Thomas in Student Services. Registration Deadline is Wednesday, 9/17.

"Happiness does not come from trying or finding, it comes from deciding."

**For Your Information**

**Employment Resources**  
For working papers, please contact Mike Thomas at [mthomas@amherstschools.org](mailto:mthomas@amherstschools.org)

**College/Student Services Directory**  
High School Website Directory

**Tiger Times for Week of Sept 15, 2025**

**Additional Information**

**Self-Care and Family Resources**

**Crisis Services** - 834-3131  
24-hour comprehensive crisis center and community resource whose first responders provide support to anyone in need

**Spectrum Cares** - 882-4357  
Available to provide support to families with children and teenagers in crisis, 24 hours, 7 days a week

**Text Line** - text HOME to 741741 to connect with a crisis counselor. Free and confidential 24 hours, 7 days a week

**988** - Suicide and Crisis Lifeline

**211** - VNY free and confidential link to health and human services

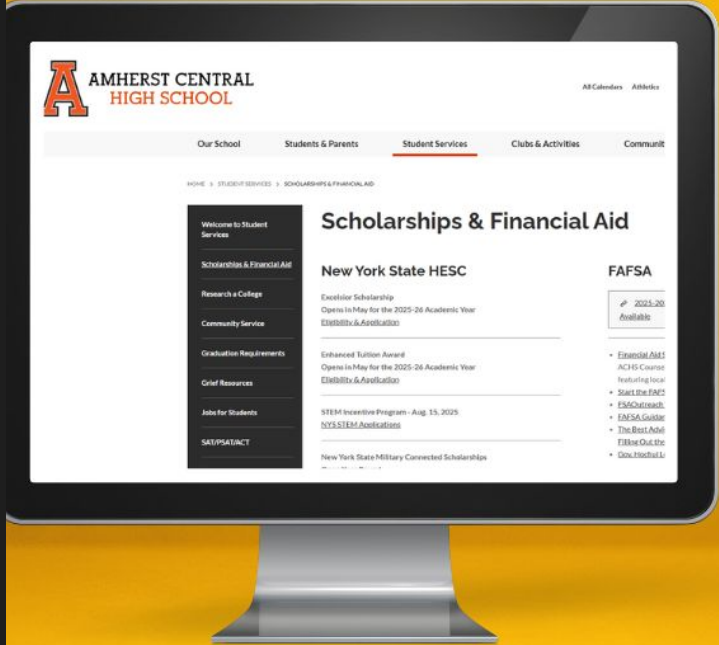
**Just Tell One** - Mental Health Advocates (MHA) Program that promotes getting help and talking with someone you can trust.

**Amherst Family Support Center (FSC)**  
district supports and upcoming events

## Student Services Announcement

# Scholarship Opportunities

Summertime is the perfect time for Juniors and Seniors to research and prepare. **Many programs have rolling applications, early fall, and EVEN AUGUST deadlines! USE THE LINK BELOW and EXPLORE THE LINKS ON THE WEBSITE!**



**Don't let these scholarships go unused**

## GET MONEY FOR COLLEGE



**Student Services**  
Scholarships & Financial Aid  
[www.achs.amherstschoools.org](http://www.achs.amherstschoools.org)

**Go to Scholarships Webpage**

**Don't miss a potential opportunity for money for college!**  
Take some time to explore the official links and see what scholarships you are eligible to apply for this season.

# Financial Aid Program Reminders

## 2026-27 STEM Incentive Scholarship

Aug 15, 2026

- Students must rank within the top 10.0% of their high school graduating class.
- The verification form must be completed by the student's school counselor as part of the application.
- Students are encouraged to upload their STEM supporting documents through their HESC portal.
- Deadline for counselors to submit STEM documents: August 30, 2026.

## Excelsior Scholarship

2026-2027 Academic Year

Students from families earning \$125,000 or less can attend a state-operated SUNY or CUNY college tuition-free.

**Deadline: August 31, 2026**

## Enhanced Tuition Award (ETA)

2026-2027 Academic Year

Provides eligible New York State students up to \$6,000 in tuition assistance at participating private colleges in New York State.

**Deadline: August 31, 2026**

## FAFSA Just Got Faster

The U.S. Department of Education's Office of Federal Student Aid just launched “real-time estimates” for the Free Application for Federal Student Aid ([FAFSA](#)) form.

**As little as 15 minutes** to create a [StudentAid.gov account](#), complete the FAFSA, and receive results — previously up to 3 days for Student Aid Index (SAI) and Federal Pell Grant eligibility.

- Haven't submitted your 2026-27 [FAFSA](#) and NYS [TAP](#) yet? Apply today to maximize your financial aid.
- Students eligible through the NYS DREAM Act can submit their TAP application through the NYS [DREAM Act portal](#).

## Complete Your FAFSA/TAP with HESC

**August 25 — 4:00 PM**

Get expert advice on completing or updating financial aid applications.

[View full list of HESC events](#) →

## GOT QUESTIONS? CALL HESC!

You can call HESC directly for financial aid assistance, general questions, or to reset your HESC PIN.

**1-888-697-4372**

Visit [hesc.ny.gov](#) for more.

Need some ACHS branded items? Our bookstore has a great selection. Email Mr. Clendening at [rclendening@amherstschoools.org](mailto:rclendening@amherstschoools.org) for a full product list, prices and photos.



## AMHERST HIGH SCHOOL DECA BOOKSTORE

### Contact:

Robert Clendening - advisor  
[rclendening@amherstschoools.org](mailto:rclendening@amherstschoools.org)

### Purchases:

Purchases can be made by students daily from 8:00am-8:20am in the bookstore or by special arrangement for students and others by sending email to the contact person above. Payment by check or cash, however, the bookstore accepts **CASH ONLY** for payments made for non-student family transactions.

Located off the high school cafeteria, the **DECA Bookstore** is open daily before school from 8:00am-8:20am. The bookstore sells Amherst Tiger themed gear including water bottles, coffee mugs, ties, water tumblers, car magnets, shopping totes, insulated lunch bag coolers, stuffed tigers, mini notebooks, lanyards, pencils, and drawstring bags. Although we generally don't sell clothing, we do have a limited supply of black t-shirts as well. If you would like to see the complete list of available items with pricing or arrange a purchase you can email - [rclendening@amherstschoools.org](mailto:rclendening@amherstschoools.org)



# MS/HS PTSA - JOIN TODAY!



**AMHERST**  
**MS/HS PTSA**

**MS/HS PTSA**  
**Meeting Dates 2025-26**

**Thank you for  
a great year !  
Stay tuned for  
26-27 meeting  
schedule.**

**7 p.m.**

**Meetings held in the  
ACHS Cafeteria**

**JOIN TODAY !**

Becoming a member of the MS/HS PTSA supports our school and community. Support from our membership will allow us to increase our Grants budget this year.

Membership is \$10 per person.

Renew your Membership TODAY! [Membership Link](#)

**With very little time  
commitment and a small  
donation, you play an integral  
part in our community. We  
encourage you to attend  
PTSA meetings.**

**Any questions or suggestions, please  
email Beth Baumgartner at  
[AmherstPTSAPresident@gmail.com](mailto:AmherstPTSAPresident@gmail.com)**

**STAY CONNECTED**

**Like us on Facebook**

**Follow us on Twitter**

**One Voice  
High School**

**PTSA®**

*everychild.one voice.*



# TIGER'S DEN

*Food Pantry*



**At ACHS, we are proud of the work our schools have established with the Tigers Den Food Pantry to support students facing food insecurity. If you are in need, reach out to your child's counselor and check out these local resources.**

**[Tiger's Den Food Pantry Webpage](#)**

**[Feedmore of WNY Webpage](#)**

## **Student & Adult Volunteer Opportunities**

The [Tiger's Den Food Pantry](#) is staffed by a dedicated group of volunteers.

Are you looking for a rewarding and fulfilling way to spend Saturday mornings and/or Thursday evenings? As the number of families we serve continues to grow, so does our need for more volunteers. We are looking for people to help with administrative matters, stocking/restocking shelves, helping our families shop, review donations for quality and expiration dates and so much more. Are you a high school student looking for community hours? We can use your help! Are you available during the day to help us unload donations from the Food Bank? We could use your help! If you are interested in volunteering, call 716-835-0407 and we will send you a volunteer application.



**Renae Cortright**  
**Transportation Coordinator**

**First Student**  
**Phone: 684-9440**

**First Student (Contact phone number for Special Education Students)**  
**Phone: 694-7281**

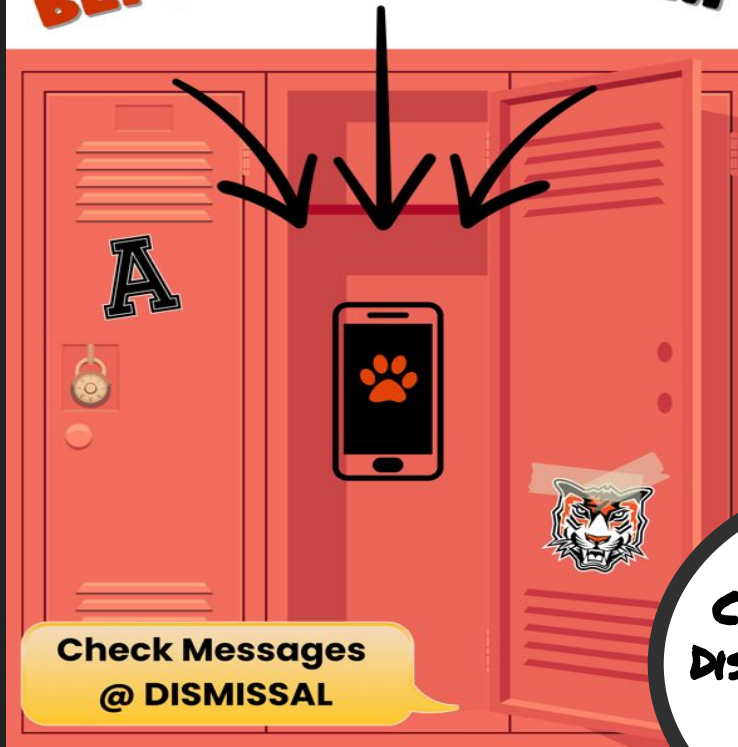
**Transportation limits for students residing within the Amherst Central School District**

- All students in grades K-5 will be transported to and from school
- All students in grades 6-8 who live 1 mile or more from school will be transported to and from school
- All students in grades 9-12 who live 1.5 miles or more from school will be transported to and from school

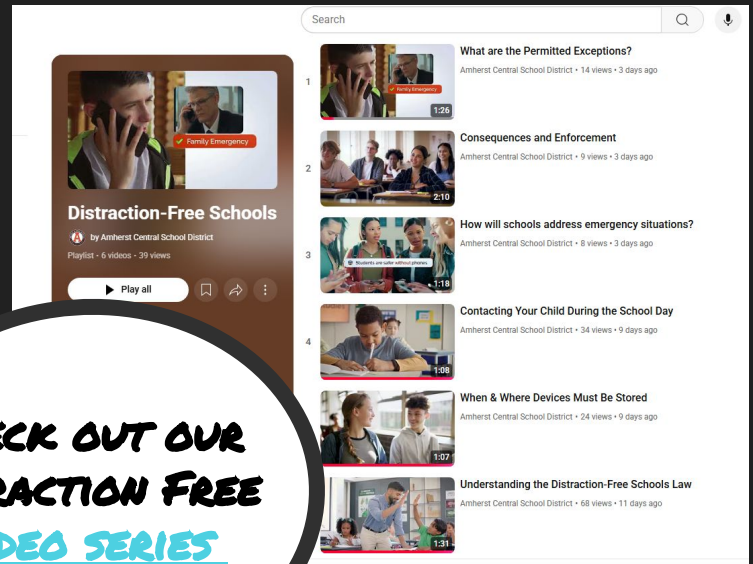
Parents are responsible for getting their child(ren) to and from the bus stop safely! Students need to be at their scheduled location for pick up (5 to 10 minutes prior to bus arrival). The bus will NOT wait for latecomers. When meeting your child(ren) at their afternoon drop off, please make sure you are at the correct drop off location and arrive on time. If students are required to cross the street at their pick up or drop off location, please wait for the driver's hand signals to ensure it is safe to cross and follow additional guidance if necessary.

POWER DOWN DEVICES \* POWER UP LEARNING

# PHONES IN LOCKERS BEFORE HOMEROOM



The NYSED Distraction-Free policy requires all K-12 public schools in New York to prohibit student use of personal internet-enabled devices : including smartphones from the start to end of the school day, covering all instructional and non-instructional periods.



Distraction-Free Schools



# CALL THE OFFICE

(716) 362-8100  
Option #5

- Leave a message for your child
- Request your child contact you

AMHERST CENTRAL  
HIGH SCHOOL

# PLUG IN LUNCH & STUDY HALL

Listen to Music  
School Chromebook  
Wired 3M Jack Headphones





## Amherst Central High School

3.4K likes • 3.8K followers

Learn more

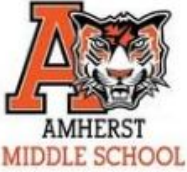
Like

Search

Many great stories on [ACHS Facebook](#) this week ! Follow and Like our page.

A busy summer day in our athletic spaces at ACHS today: Camps, Community Ed., and Open Gym. Coach Bauer's Wrestling Camp (top), Coach Geiger's Volleyball Camp (bottom left), and Mr. Kensy's Basketball Open Gym sessions (bottom right) were all putting in a solid day of work and play across all our gym spaces today.





## Amherst Middle School

135 likes • 178 followers

[Contact us](#)

[Like](#)

[Search](#)

# CONNECTIONS

SCHOOL-TO-HOME WEEKLY UPDATE



Follow Amherst Middle School [here](#)

# WHAT IS HAPPENING AT AMHERST MIDDLE ?

For our latest updates, follow AMS on Social Media!

[@AmherstMiddle Facebook page link](#)



[@AmherstMiddle Instagram link](#)

