



# SCHUYLKILL VALLEY HIGH SCHOOL

## AUGUST 2026



Every meal consists of servings from the following 5 meal components: Meat/Meat Alternate, Whole Grains, Vegetable, Fruit, and Milk. Students MUST select a MINIMUM of 3 meal components offered and 1 MUST be a fruit or vegetable.



Meat/Meat Alternate



Whole Grains



Vegetable



Fruit



Milk

A selection of white and flavored 1% Milk is offered daily



| MONDAY                                                                                                                        | TUESDAY                                                                                                                                                                                                                                                       | WEDNESDAY                                                                                                                                                                                                                             | THURSDAY                                                                                                                                                                     | FRIDAY                                                                                                                                                                                               |
|-------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>24 National Waffle Day</b><br>Dutch Waffle w/ Variety toppings<br>Sausage or Bacon<br>Hashbrown<br>Fruit choice of the day | <b>25</b><br><b>A. Orange Chicken over Fried Rice</b><br>A. Orange Chicken over Fried Rice<br><b>B. Chicken Egg Roll w/ Fried Rice</b><br>B. Chicken Egg Roll w/ Fried Rice<br>Sauteed Stir Fry Vegetable<br>Baby Carrots w/ Ranch<br>Fruit choice of the day | <b>26</b><br><b>A. Cheeseburger on GW roll</b><br>A. Cheeseburger on GW roll<br><b>B. Pizza Bread Stick</b><br>B. Pizza Bread Stick<br>Lettuce, Tomato, Onion, Pickles<br>Broccoli Salad, Seasoned Carrots<br>Fruit choice of the day | <b>27</b><br><b>A. Double Dog Day</b><br>A. Double Dog Day<br><b>B. Cheese Pizza</b><br>B. Cheese Pizza<br>Buttery Green Beans<br>BBQ Baked Beans<br>Fruit choice of the day | <b>28</b><br><b>A. Regular Chicken Patty</b><br>A. Regular Chicken Patty<br><b>B. Spicy Chicken Patty</b><br>B. Spicy Chicken Patty<br>Buttered Peas<br>Garden Side Salad<br>Fruit choice of the day |

### 31 Brunch for Lunch Day

French Toast Sticks Or Pancakes  
 Sausage or Bacon  
 Hashbrown, Warm Apples  
 Fruit choice of the day

### ADDITIONAL ENTRÉE ITEMS OFFERED:

|                     |                             |
|---------------------|-----------------------------|
| <b>Pizza</b><br>    | <b>Subs &amp; Wraps</b><br> |
| <b>PB&amp;J</b><br> | <b>Yogurt Parfaits</b><br>  |

### ENTRÉE SALADS



### MEAL PRICES

Breakfast - Free for ALL Students

Paid Lunch Cost - \$3.10



#SVPROUD



Menu is subject to change



This institution is an equal opportunity provider.



We are now offering white and Chocolate Lactaid Milk



Interested in substituting in Food Service? Contact Louisa Trumbore at 610-916-5726