



SCHUYLKILL VALLEY MIDDLE SCHOOL

Aug-26



**PANTHER
PRIDE!**



Every meal consists of servings from the following 5 meal components: Meat/Meat Alternate, Whole Grains, Vegetable, Fruit, and Milk

Students **MUST** select a **MINIMUM** of 3 meal components offered and **1 MUST** be a fruit or vegetable
A selection of white and flavored 1% Milk is offered daily



MONDAY

24

Macaroni and Cheese
w/Garlic Breadstick

Seasoned Broccoli

Fresh Veggies

Fruit



31

Cheesy Scrambled Eggs
w/ Biscuit
Hash Browns
Sausage
Baked Cinnamon Apples



TUESDAY

25

Pork BBQ Potato Boat

Buttered Peas

Fresh Fruit and Veggies

National Banana Split Day
Banana Split Parfaits for BK /Lunch



WEDNESDAY

26

Hot Dog on a Bun

Waffle Fries

Baked Beans

Glazed Carrots

Fruit



THURSDAY

27

Meatballs w/Garlic Knots

Corn

Side Salads

Fresh Veggie

Fruit



FRIDAY

28

Chick Filet Sammich

Lettuce and Tomato

Tater Tots

Seasoned Green Beans

Fruit



Additional Entrée Items Offered:

Menu is subject to change

This institution is an
equal opportunity provider.



Entrée Salads



Pizza



Subs & Wraps



PB&J



Yogurt Parfaits

MEAL PRICES

Breakfast - Free for **ALL** Students

Paid Lunch Cost - \$3.10



We are now offering white and Chocolate Lactaid Milk.



Interested in Substituting in Food Service? Call Louisa Trumbore at 610-916-5726

