



HIGHLAND FALLS-FORT MONTGOMERY CENTRAL SCHOOL DISTRICT

Post Office Box 287. Highland Falls, NY 10928

Lead the Change, Embrace the Challenge, Inspire Excellence

Water Safety Information

Water safety is important for every family. This page shares simple steps families can take to help keep children and teens safe around pools, lakes, rivers, beaches, and other water settings, along with trusted resources from the New York State Department of Health.

In accordance with New York State Education Law § 926, beginning with the 2026–2027 school year, school districts must provide parents, guardians, and eligible students with information about drowning prevention, water safety, and safe and healthy swimming. This information may be provided electronically or in paper form. In accordance with the law, this information is also published on our district website in a clearly visible and accessible location and will be updated upon receipt of updated information from the New York State Department of Health.

Water Safety Information for Families

Families are encouraged to review the following information and resources provided by the New York State Department of Health to help prevent drowning, promote water safety, and support safe and healthy swimming practices for children and teens.

Key Water Safety Reminders

- Always provide close and active adult supervision when children are in or near water.
- Children and teens should never swim alone.
- Swim in designated areas supervised by a lifeguard whenever possible.
- Use a properly fitted, U.S. Coast Guard-approved life jacket for boating and other water activities.
- Teach children basic water safety rules and consider age-appropriate swim lessons.
- Follow healthy swimming practices, including staying out of the water when sick and avoiding swallowing pool, lake, or beach water.

Department of Health Resources

The following resources created by the New York State Department of Health are incorporated into this notice for parents, guardians, and eligible students:

Safe Swimming: New York State Department of Health information about safe swimming practices is available in the [Safe Swimming PDF](#).

Drowning Prevention and Water Safety for Children and Teens: New York State Department of Health guidance is available on the [Drowning Prevention and Water Safety for Children and Teens webpage](#).

Safe and Healthy Swimming: New York State Department of Health information is available on the [Safe and Healthy Swimming webpage](#).

When This Information Is Provided

At the beginning of the 2026–2027 school year, the Highland Falls-Fort Montgomery Central School District will provide the information developed by the New York State Commissioner of Health, in consultation with the New York State Commissioner of Education, to the parent or guardian of each student enrolled in the district. Thereafter, upon enrollment in the district, this information will be provided to the parent or guardian of each newly enrolled student. If a student is 18 years of age or older, the information will be provided directly to the student.

Translation Requests

Translation of this information into one of the twelve most common non-English languages spoken by limited-English proficient individuals in New York State, based on the most recent American Community Survey published by the United States Census Bureau, is available upon request by a parent or guardian.

To request a translation, please contact Dawn Storms, Executive Secretary to the Superintendent of Schools at (845) 446-9575 or dawn.storms@hffmcsd.org

Questions

If you have questions about this notice or need assistance accessing these resources, please contact Dawn Storms, Executive Secretary to the Superintendent of Schools at (845) 446-9575 or dawn.storms@hffmcsd.org