

Avoiding Gluten Lunch Menu 2026-2027

Salads & Sandwiches

- Grilled Chicken Caesar Salad
- Chef Salad w/ Boars Head Meats
- Garden Salad with Cheese Stick
- Grilled Cheese
- Boars Head Turkey & Cheese
- Boars Head Ham & Cheese
- Boars Head Italian Combo
- Sun Butter & Jelly

Hot Entrees

- Chicken Tenders
- Grilled Chicken Sandwich
- Hamburger
- Cheeseburger
- Pasta w/ Marinara or Butter
- Bagel Pizza
- Hot Dog
- Annie's Rice Noodles Mac & Cheese

A La Carte Snacks

- Smart Food Popcorn
- Udi's Chocolate Chip Cookie
- Mozzarella Cheese Stick
- Danimals Yogurt

All gluten free lunches come with a choice of fruit and/or vegetable and milk.
Additional pre-packaged gluten free items are available at a la carte pricing.

For questions, comments or concerns, please contact:
Bob Nielsen, Director of Dining Services at 203-341-2431 or bnielsen@westportps.org

This menu is designed for students not able to
consume gluten due to a medically documented disability.

Contact your child's school nurse to get signed up for this menu or with any questions.
All menu items, recipes and food labels should be reviewed
and approved by parents and nursing staff prior to menu implementation