

Staples High School A La Carte Snack Menu

Whole Fruit	\$0.75	Overnight Oats	\$3.00
Soft Pretzel	\$1.00	Dessert/Gluten Free Snacks	\$3.00
Oatmeal	\$1.50		
Bagel	\$1.50	<u>Pre-Packaged Items</u>	
Yogurt Parfait	\$2.00	Snacks	\$1.00
Pretzels & Hummus Cup	\$2.00	Nature Valley Bars, Fig Newton	
Carrot, Celery & Hummus Cup	\$2.00	Snacks	\$1.50
Fruit Smoothies	\$2.00	Lay's Chips, Doritos, Rice Krispie Treat	
Large Fruit Cup	\$2.00	Snacks	\$2.00
Energy Bites	\$2.00	Cliff Bar, Miss Vickie's Chips, Cape Cod Chips	
Trail Mix	\$2.00	Organic Dried Fruit Snacks, Cereal, Greek Yogurt	
Fruit & Cheese Cup	\$2.25	Snacks	\$2.50
Muffin	\$2.25	Stacy's Pita Chips, Community Chips	
		Lesser Evil Popcorn, Skinny Popcorn	

Staples High School Drink Menu

Core Water Sport Cap	\$3.00
Zen Water	\$3.00
Tropicana Juices	\$2.75
Smart Water Sport Cap	\$2.75
Gatorade Water Sport Cap	\$2.75
Fiji Water	\$2.50
Polar Seltzer	\$2.50
Hint Infused Water	\$2.50
Smart Water	\$2.50
Organic/Soy Milk	\$2.00
Izze Sparkling Juice	\$1.85
Aquafina/Dasani	\$1.85
Pure Life Water	\$1.00
Regular Milk Carton	\$0.55