

What's on the Menu?

Staples High School Lunch Menu September 1 - 4

Monday

Tuesday

Wednesday

Thursday

Friday

create

Menu Items

Menu Items
**Beef or Chicken
Fajitas**
Onions & Peppers
Seasoned Rice

Menu Items
Jerk Chicken Thighs
Rice & Beans
Plantains
Corn Bread

Menu Items
**Greek Chicken
or Beef Pita**
Tomato &
Cucumber Salad
Couscous

Menu Items
**Student Choice
Big City BBQ**
Pulled Pork Sandwich
Seasoned Corn

grilled

Cheese Quesadilla

Cuban Sandwich

Grilled Cheese

Turkey Club

Classic American
Cheeseburger

Classic American
Cheeseburger

Classic American
Cheeseburger

Classic American
Cheeseburger

Classic American
Cheeseburger

Seasoned Fries

Seasoned Fries

Seasoned Fries

Seasoned Fries

Seasoned Fries



Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza



By the oz. Bar

By the oz. Bar

By the oz. Bar

By the oz. Bar

By the oz. Bar

BYO Pasta Bar

BYO Pasta Bar

BYO Pasta Bar

BYO Pasta Bar

BYO Pasta Bar



Vegan



Vegetarian



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What's on the Menu?

Staples High School Lunch Menu September 7 – 11

Monday

Tuesday

Wednesday

Thursday

Friday

create

Menu Items

**NO SCHOOL
LABOR DAY**

Menu Item

**Penne Pasta
Meat Sauce
Marinara Sauce
Mixed Veggies**



Menu Items

Cajun Chicken Thighs
Sweet Potato Fries
Seasoned Green Beans

Menu Items

Beef Lo Mein
Stir Fry Veggies

Menu Items

Student Choice
Roost
**BYO Chicken Patty
Sandwich**
Seasoned Corn

grilled

**Grilled Chicken
Sandwich**

Classic American
Cheeseburger

Seasoned Fries

Classic American
Cheeseburger

Seasoned Fries

**Philly Cheesesteak
Sandwich**

Classic American
Cheeseburger

Seasoned Fries

**Chicken Parm
Grinder**

Classic American
Cheeseburger

Seasoned Fries

BLT Sandwich

Classic American
Cheeseburger

Seasoned Fries



Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza

Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza

Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza

Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza

Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza



By the oz. Bar

By the oz. Bar

By the oz. Bar

By the oz. Bar

By the oz. Bar

**BYO Mashed Potato
Bowl**

**BYO Mashed Potato
Bowl**

**BYO Mashed Potato
Bowl**

**BYO Mashed Potato
Bowl**

**BYO Mashed Potato
Bowl**



Vegan



Vegetarian



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What's on the Menu?

Staples High School Lunch Menu September 14 - 18

Monday

Tuesday

Wednesday

Thursday

Friday

create

Menu Items

Korean BBQ Beef
Seasoned Rice
Broccoli

Menu Items
Chicken or Cheese

Quesadillas
Spanish Rice
Garden Salsa

Menu Items

French Chicken Thighs
Mashed Potatoes
Seasoned Broccoli

Menu Items

Breakfast for Lunch!

Scrambled Eggs
Sausage
Waffles
French Toast Sticks

Menu Items

Early Release
PD Day

grilled

Nashville Hot
Chicken Sandwich
Classic American
Cheeseburger

Seasoned Fries

Meatball Grinder
Classic American
Cheeseburger

Seasoned Fries

Chicken Pesto
Ciabatta
Classic American
Cheeseburger

Seasoned Fries

Chicago Italian
Beef Sandwich
Classic American
Cheeseburger

Seasoned Fries

Mozzarella & Tomato
Panini
Classic American
Cheeseburger

Seasoned Fries



Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza

Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza

Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza

Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza

Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza



By the oz. Bar

By the oz. Bar

By the oz. Bar

By the oz. Bar

By the oz. Bar

Revolution Noodle



Revolution Noodle



Revolution Noodle



Revolution Noodle



Revolution Noodle



Vegan



Vegetarian



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What's on the Menu?

Staples High School Lunch Menu September 21 - 25

Monday

Tuesday

Wednesday

Thursday

Friday

create

Menu Items

**NO SCHOOL
YOM KIPPUR**

Menu Items

Beef Tacos
Seasoned Rice
Corn Salsa



Menu Items

BBQ Chicken Thighs
Roasted Potatoes
Mixed Veggie

Menu Items

Popcorn Chicken
Mashed Potatoes
Seasoned Corn

Menu Items

**Three Cheese
Baked Ziti**
Seasoned Green Beans
Garlic Breadstick



grilled

Pulled Pork Sandwich

**Roast Beef &
Cheddar Melt**

Fish & Chips

**Chicken or Cheese
Quesadilla**

Classic American
Cheeseburger

Classic American
Cheeseburger

Classic American
Cheeseburger

Classic American
Cheeseburger

Classic American
Cheeseburger

Seasoned Fries

Seasoned Fries

Seasoned Fries

Seasoned Fries

Seasoned Fries



Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza



By the oz. Station
BYO Chili Bar

By the oz. Station
BYO Chili Bar

By the oz. Station
BYO Chili Bar

By the oz. Station
BYO Chili Bar

By the oz. Station
BYO Chili Bar



Vegan



Vegetarian



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What's on the Menu?

Staples High School Lunch Menu September 28 - 30

Monday

Tuesday

Wednesday

Thursday

Friday

create

Menu Items

Chicken Tenders

Waffle Fries
Mixed Veggies

Menu Items

Penne Pasta
Meatballs & Marinara
Green Beans

Menu Items

Jerk Chicken
Corn on Cob
Plantains

Menu Items

Menu Items

grilled

Beef Hot Dog

Classic American
Cheeseburger

Seasoned Fries

Chicken Parm Grinder

Classic American
Cheeseburger

Seasoned Fries

Chicken, Bacon, Ranch Wrap

Classic American
Cheeseburger

Seasoned Fries

Classic American
Cheeseburger

Seasoned Fries

Classic American
Cheeseburger

Seasoned Fries



Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza

Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza

Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza

Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza

Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza

Roadtrip

By the oz. Station
BYO Stir Fry Bar



By the oz. Station
BYO Stir Fry Bar



By the oz. Station
BYO Stir Fry Bar



By the oz. Station
BYO Stir Fry Bar



By the oz. Station
BYO Stir Fry Bar



Vegan



Vegetarian



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